

Clinical Experience Record

Name of the Institution: BABA EDUCATIONAL SOCIETY JMS

TITOLA OF PARAMEDICAL COLLEGE OF NOP
SINGH

Name of the Student: ANKITA VERMA
(In Block letters)



Registration No: _____

Age and Date of Birth: 16-12-2000

Father's Name: Mr. HARISH VERMA

Date of Joining the Course: 1 - October - 2018

Date of Completion: _____

Permanent Address: Village - Shahalampur, Talgaon District -
Sitapur.

Ankita Verma

Signature of the Student

Date: _____

Signature of the Principal

Date: _____

College Seal

Baba Educational Society
Titola of Paramedical College of Nop
Singh
Talgaon, Sitapur - 202002

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First Year

FIRST YEAR HOURS OF INSTRUCTION

Theory: 930 hours

Clinical Experiences: 450 hours

Sl. No.	Subjects	Theory (Hours)	Practical (Hours)	
1.	English	60		
2.	Regional Language	30	-	
3.	Anatomy	60	-	
4.	Physiology	60	-	
5.	Nutrition	60	-	
6.	Biochemistry	30	-	
7.	Nursing Foundation	465	450	
8.	Psychology	60	-	
9.	Microbiology	60	-	
10.	Introduction to Computers	45	-	
11.	Library Work/Self-Study	-	-	50
12.	Co-curricular Activities	-	-	50
	Total	930	450	100
	Total Number of Hours: 1480			

Wab's Educational Society
Institute of Health Sciences
College of Health Sciences
Chennai, India

Distribution of Subjects and Marks for Internal Assessment and University Examination

Sl. No.	Subjects	Hours	Internal assessment	External assessment	Total
1.	Anatomy and Physiology	3	25	75	100
2.	Nutrition and Biochemistry	3	25	75	100
3.	Nursing Foundation	3	25	75	100
4.	Psychology	3	25	75	100
5.	Microbiology	3	25	75	100
6.	English	2		50	50
7.	Introduction to Computer	2		50	50
	Practical and Viva				
	Nursing Foundation		100	100	200

Note: Introduction to Computer and English as college examination, respective college will conduct examination and marks to be sent to the university.

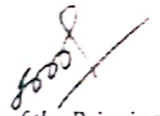
Attendance of the student (%) :

Theory :

Clinical :



Signature of Class Coordinator



Signature of the Principal

FIRST YEAR NURSING FOUNDATIONS

Sl.No.	Subjects	Demonstration in Kombination Lab		Clinical	
		Date	Signature	Date	Signature
1.	Hospital Admission				
	Admission	28-10-18	} <i>Asb</i>	1-1-19	} <i>Asb</i>
	Prepare unit for new patient	30-10-18		2-1-19	
	Prepare admission bed	30-10-18		2-1-19	
	Perform admission procedure	1-11-18		3-1-19	
	Emergency admission	2-11-18		4-1-19	
	Routine admission	3-11-18		5-1-19	
	Transfer in	4-11-18		7-1-19	
	Prepare patient records	5-11-18		8-1-19	
2.	Hospital Discharge				
	Discharge counselling	7-11-18	} <i>Asb</i>	10-1-19	} <i>Asb</i>
	Perform discharge procedure	8-11-18		11-1-19	
	Planned discharge	8-11-18		12-1-19	
	LAMA/DAMA	10-11-18		14-1-19	
	Absconded	11-11-18		15-1-19	
	Referrals and transfer out	12-11-18		16-1-19	
	MLC cases	13-11-18		17-1-19	
	Prepare patient records	15-11-18		18-1-19	
	Disinfect the units	16-11-18		18-1-19	
	Disinfect the equipments	16-11-18		18-1-19	
3.	Nursing Process				
	History taking	18-5-19	} <i>Asb</i>	19-5-19	} <i>Asb</i>
	Nursing assessment	18-5-19		19-5-19	
	Physical examination	18-5-19		19-5-19	
	Nursing diagnosis	20-5-19		20-5-19	
	Problem list	21-5-19		26-5-19	
	Prioritization	21-5-19		26-5-19	
	Outcome/goals	21-5-19		26-5-19	
	Selection intervention	22-5-19		26-5-19	
	Writing nursing care plan	22-5-19		26-5-19	
4.	Communication				
	Verbal techniques	19-4-19	} <i>Asb</i>	26-5-19	} <i>Asb</i>
	Nonverbal techniques	19-4-19		26-5-19	
	Interpersonal communication	19-4-19		26-5-19	
	Therapeutic communication	20-4-19		26-5-19	
	Patient teaching sessions	20-4-19		26-5-19	
5.	Recording and Reporting				
	Change of shift reports	21-4-19	} <i>Asb</i>	28-5-19	} <i>Asb</i>
	Transfer reports	21-4-19		28-5-19	

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Incident reports	21-4-19	} <i>Asv</i>	28-5-19	} <i>Asv</i>
Patient report presentation	21-4-19		28-5-19	
6. Vital Signs				
Temperature	8-5-19	} <i>Asv</i>	10-5-19	} <i>Asv</i>
• Oral	8-5-19		10-5-19	
• Axillary	8-5-19		10-5-19	
• Rectal	8-5-19		10-5-19	
Pulse	8-5-19		10-5-19	
Respiration	8-5-19		10-5-19	
Blood pressure	8-5-19		20-5-19	
Recording vital signs	18-5-19		20-5-19	
7. Health Assessment				
Health history taking	18-5-19	} <i>Asv</i>	20-5-19	} <i>Asv</i>
Perform assessment	18-5-19		20-5-19	
General assessment body system	18-5-19		20-5-19	
Methods of physical exam	18-5-19		20-5-19	
Inspection	18-5-19		20-5-19	
Palpation	18-5-19		20-5-19	
Percussion	18-5-19		20-5-19	
Auscultation	18-5-19		20-5-19	
Olfaction	18-5-19		20-5-19	
Identification of system vice deviation	18-5-19		20-5-19	
8. Patients Unit Preparations				
Prepare beds	10-4-19	} <i>Asv</i>	11-4-19	} <i>Asv</i>
Open bed	10-4-19		11-4-19	
Closed bed	01-5-19		11-5-19	
Occupied bed	01-5-19		11-5-19	
Operation bed	01-5-19		11-5-19	
Amputation bed	07-5-19		11-5-19	
Cardiac bed	07-5-19		11-5-19	
Fracture bed	08-5-19		11-5-19	
Burns bed	08-5-19		11-5-19	
Divided bed	08-5-19		11-5-19	
Fowler's bed	08-5-19		11-5-19	
Pain assessment and provision of comfort	08-5-19		11-5-19	
9. Comfort Devices				
Extra pillows	18-5-19	} <i>Asv</i>	20-5-19	} <i>Asv</i>
Back rest	18-5-19		20-5-19	
Cardiac table	18-5-19		20-5-19	
Sand bag	18-5-19		20-5-19	
Bed cradle	18-5-19		20-5-19	
Trochanter rolls	18-5-19		20-5-19	
Cotton ring and hand rolls	18-5-19		20-5-19	
Air cushion	18-5-19		20-5-19	

Contd.

	Water and air mattress	18-5-19		20-5-19	
	Foot end elevator	18-5-19		20-5-19	
10.	Safety Devices/Care				
	Restraints	8-5-19		16-5-19	
	Protective padding	8-5-19		16-5-19	
	Side rails	8-5-19		16-5-19	
	Care of pressure points	8-5-19		16-5-19	
11.	Hygienic Needs	8-5-19	<i>Deep</i>	22-5-19	<i>Deep</i>
	Oral hygiene	9-5-19		12-5-19	
	Morning and evening care	9-5-19		12-5-19	
	Bed bath and perineal care	9-5-19		20-5-19	
	Assisted bed bath	9-5-19		20-5-19	
	Back care	9-5-19		20-5-19	
	Hair care	25-5-19		26-5-19	
	Bed shampoo or hair wash	13-5-19		26-5-19	
	Pediculosis treatment	20-5-19		26-5-19	
	Care of hand and feet	20-5-19		26-5-19	
12.	Nutritional Needs				
	Nasogastric tube insertion	7-5-19		10-5-19	
	Nasogastric tube conformation	7-5-19	<i>J.S.G.</i>	10-5-19	<i>J.S.G.</i>
	Nasogastric tube feeding	7-5-19		10-5-19	
	Gastrostomy feeding	7-5-19		10-5-19	
	Parenteral feeding	19-5-19		20-5-19	
	Nasogastric suction/aspiration	20-5-19		20-5-19	
	Nasogastric irrigation	20-5-19		20-5-19	
13.	Urinary Elimination				
	Provides urinals/bedpan	19-5-19	<i>P.H.</i>	20-5-19	<i>P.H.</i>
	Condom drainage	19-5-19		20-5-19	
	Perineal care	19-5-19		20-5-19	
	Catheterization	15-5-19	<i>Agnes</i>	26-5-19	<i>Agnes</i>
	- Male	15-5-19		26-5-19	
	- Female	15-5-19		26-5-19	
	Care of urinary drainage	15-5-19		26-5-19	
	Bladder irrigation	15-5-19		26-5-19	
14.	Bowel Elimination				
	Provides bedpan	14-5-19	<i>P.H.</i>	20-5-19	<i>P.H.</i>
	Insertion of flatus tube	16-5-19		20-5-19	
	Enema	16-5-19		22-5-19	
	Insertion of suppository	16-5-19		22-5-19	
	Bowel wash	16-5-19		22-5-19	
15.	Mobility and Exercise				
	Range of motion exercises	17-4-19	<i>Agnes</i>	22-5-19	
	Changing position of helpless patient	17-4-19	<i>Agnes</i>	22-5-19	
	Transfer from bed to wheel chair, trolley	17-4-19	<i>Agnes</i>	22-5-19	

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16. Positions			
Recumbent	4-4-19	} <i>Jm</i>	7-5-19
Lateral (Right/Left)	4-4-19		7-5-19
Fowlers	4-4-19		7-5-19
Sim's	5-4-19		7-5-19
Lithotomy	6-4-19		7-5-19
Prone	7-4-19		7-5-19
Trendelenburg	7-4-19		7-5-19
17. Oxygen Administration			
Simple face mask	18-4-19	} <i>Qm</i>	23-4-19
Nasal cannula	18-4-19		23-4-19
Venture mask	18-4-19		23-4-19
Oxyhood	17-5-19		20-5-19
Oropharyngeal	17-5-19		20-5-19
Nasopharyngeal	17-5-19		20-5-19
Care of oxygen cylinder	17-5-19		20-5-19
18. Therapeutic Procedures			
Chest physiotherapy	23-5-19	} <i>Agred</i>	30-5-19
Postural drainage	23-5-19		30-5-19
Care of chest drainage	23-5-19		30-5-19
CPR-Basic	24-5-19		30-5-19
Intravenous therapy	24-5-19		30-5-19
Blood transfusions	24-5-19		30-5-19
Blood and blood component therapy	24-5-19		30-5-19
19. Specimen Collection			
Urine: routine, culture and 24 hours	18-5-19	} <i>A</i>	26-5-19
Stool: routine and culture	18-5-19		26-5-19
Blood: routine, culture	17-5-19		26-5-19
Peripheral blood smear	17-5-19		26-5-19
Sugar: strip/glucometer	17-5-19		26-5-19
Vomitus	16-4-19		30-5-19
Throat swab	16-4-19		30-5-19
Urine test: reaction, specific gravity, albumin and sugar	21-5-19	30-5-19	
20. Hot Applications			
Hot water bag	21-5-19	} <i>Qm</i>	25-5-19
Hot fomentation	21-5-19		25-5-19
Steam inhalation	21-5-19		25-5-19
Sitz bath	21-5-19		25-5-19
Hot packs	21-5-19		25-5-19
	21-5-19		25-5-19
21. Cold Applications			
Cold compress	21-5-19	} <i>Qm</i>	25-5-19
Ice cap	21-5-19		25-5-19
	21-5-19		25-5-19
Tepid sponge	21-5-19		25-5-19

	Cold sponging	21-5-19		25-5-19	
	Use of cold drinks	21-5-19		25-5-19	
22.	Care of Specially Disabled and Common Illness				
	Visually impaired	24-5-19	}	27-5-19	}
	Hearing impaired	24-5-19		27-5-19	
	Mentally challenged	24-5-19		27-5-19	
	Care of patient with fever	24-5-19		27-5-19	
	Care of patient with dyspnea	24-5-19		27-5-19	
	Care patient with cast and traction	24-5-19	}	27-5-19	}
	Care of patient with diarrhea	25-5-19		28-5-19	
	Care of patient with paralysis	25-5-19		30-5-19	
	Care of patient with constipation	25-5-19		30-5-19	
	Care of patient with urinary retention	25-5-19		30-5-19	
	Care of patient with incontinence	25-5-19	}	30-5-19	}
	Care of patient with vomiting/anorexia	25-5-19		30-5-19	
	Care patient with acute and chronic pain	25-5-19		30-5-19	
	Care of patient with unconsciousness	25-5-19		30-5-19	
		25-5-19		30-5-19	
23.	Infection Control				
	Hand washing techniques	18-4-19	}	19-4-19	}
	• Medical hand washing	18-4-19		19-4-19	
	• Surgical hand washing—Scrub	18-4-19		19-4-19	
	Preparation of isolation unit	18-4-19		18-5-19	
	Practice techniques of wearing and removing personal protective equipment	18-4-19		18-5-19	
	Disposal of waste	18-4-19		18-5-19	
24.	Universal Precautions				
	Surgical wears	3-4-19	}	10-5-19	}
	• Mask	5-4-19		10-5-19	
	• Gown	5-4-19		10-5-19	
	• Gloves	5-4-19		10-5-19	
	• Cap	5-4-19		10-5-19	
	• Aprons	5-4-19		10-5-19	
	• Shoes	5-4-19		10-5-19	
	• Goggles	5-4-19		10-5-19	
25.	Decontamination of Equipment and Unit				
	Surgical asepsis	2-5-19	}	3-5-19	}
	Sterilization	2-5-19		3-5-19	
	Handling sterilized equipments	2-5-19		3-5-19	
	Calculate strengths of lotions	2-5-19		3-5-19	
	Prepare lotions	2-5-19		3-5-19	
	Care of articles	2-5-19		3-5-19	
		2-5-19		3-5-19	

Contd.

Contd.

26.	Pre and Postoperative Care		
	Skin preparation for surgery	3/3/19	25/3/19
	Preparation of postoperative unit	3/3/19	25/3/19
	Pre and postoperative teaching and counselling	7/3/19	26/3/19
	Pre and postoperative monitoring	7/3/19	26/3/19
	Care of wound	9/3/19	27/3/19
	Surgical care	3/3/19	27/3/19
	Suture care	3/3/19	28/3/19
	Care of drainage	3/3/19	30/3/19
27.	Medication Administration		
	Administration of medications in different forms and routes	26-4-19	30-4-19
	Oral, sublingual and buccal	26-4-19	30-4-19
	Intradermal	26-4-19	30-4-19
	Subcutaneous	26-4-19	30-4-19
	Intramuscular	26-4-19	30-4-19
	Assist with intravenous medications	26-4-19	30-4-19
	Drug measurements and dose calculation	26-4-19	30-4-19
	Preparations of lotions and solutions	26-4-19	30-4-19
	Administers topical applications	26-4-19	30-4-19
	Insertion of drug into body cavity	26-4-19	30-4-19
	• Suppository	26-4-19	30-4-19
	• Medicated packs	26-4-19	30-4-19
	Instillation of medications and sprays	26-4-19	30-4-19
	• Ear	26-4-19	30-4-19
	• Nose	26-4-19	30-4-19
	• Eyes	26-4-19	30-4-19
	• Throat	26-4-19	30-4-19
	• Bladder	26-4-19	30-4-19
	• Vagina	26-4-19	30-4-19
	• Rectum	26-4-19	30-4-19
	Inhalation: moist and dry		
28.	First Aid and Bandaging		
	• Preparation of first aid kit	0-7-19	15-7-19
	• Snake bite	8-7-19	15-7-19
	• Accident/bleeding	0-7-19	15-7-19
	• Shock	8-7-19	28-5-19
	• Burns	8-7-19	24-5-19
	• Epistaxis	8-7-19	26-5-19
	• Foreign body	9-7-19	26-5-19
	• Fracture	9-7-19	28-5-19
	• Poisoning	9-7-19	28-5-19
	• Other emergencies	10-7-19	28-5-19

Contd...

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Bandaging	22-5-19	}	25-5-19	}
• Simple spiral	22-5-19		25-5-19	
• Reverse spiral	22-5-19		25-5-19	
• Figure of eight	22-5-19		25-5-19	
• Head/capline	22-5-19		25-5-19	
• Eyes, ear, jaw, finger, elbow and knee	22-5-19		25-5-19	
• Use of triangular bandages	22-5-19		25-5-19	
• Use of slings	22-5-19		25-5-19	
• Use of binders	22-5-19		25-5-19	
29. Care of Death and Dying				
Care of dying patient	20-5-19		22-5-19	
Caring and packing of dead body	20-5-19		22-5-19	
Counselling and supporting of grieving relatives	20-5-19		22-5-19	
Terminal care of the unit	20-5-19		22-5-19	
30. Observational Visit and Write Report				
Health agency	1-6-19	}	3-6-19	}
CFTRI	6-6-19		5-8-19	
Milk diary	11-6-19		12-8-19	
CSSD and infection control unit	14-6-19		17-8-19	
Clinical pathology and biochemistry lab	18-6-19		22-8-19	
Blood bank	22-6-19		26-8-19	

NUTRITION PRACTICALS

Sl. No.	Nursing Procedures	Date of demo in lab	Supervisors signature
1	Preservation & Storage of foods	2-7-19	}
2	Preparation of		
	Balanced diet	3-7-19	}
	Weaning diet	3-7-19	
	Family diet & menu planning	3-7-19	
3	Therapeutic diet or modified diet		}
	High protein diet	4-7-19	
	High caloric diet	4-7-19	
	Salt restricted diet	4-7-19	
	Low fat diet	4-7-19	
	Diabetic diet	4-7-19	
	Fiber diet		
4	Diet planning for		}
	Pregnant mother	6-7-19	
	Lactating mother	6-7-19	
5	Liquid/fluid diet		}
	Tea/coffee	7-7-19	
	Fruit juice	7-7-19	

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	Barley water	7-7-19	}
	Albumin water	7-7-19	
	Lime juice	7-7-19	
	Egg flip	7-7-19	
	Lassi	7-7-19	
	Dhal soup	7-7-19	
	Vegetable soup	7-7-19	
	Meat soup	7-7-19	
	Bone soup	7-7-19	
	Milk soup	7-7-19	
	Butter milk	7-7-19	
	Orange juice	7-7-19	
	Tomato juice & soup	7-7-19	
	Grape juice	7-7-19	
6	Light diet		
	Toast	8-7-19	}
	Pomridge	8-7-19	
	Salade	8-7-19	
	Jelly	8-7-19	
	Arrowroot	8-7-19	
	Boiled egg	8-7-19	
	Steamed fish	8-7-19	
	Omlette	8-7-19	
	Gruel	8-7-19	
	Kanji	8-7-19	
7	Carbohydrate		
	Rice kheer	9-7-19	}
	Kichidi	9-7-19	
	Rawa porridge	9-7-19	
	Ragi porridge	9-7-19	
	Rawa upma	9-7-19	
	Banana milk shake	9-7-19	
8	Proteins		
	Sprouted grams	10-7-19	}
	Milk and egg preparations	10-7-19	
	Ground nut milk shake	10-7-19	
	Boiled eggs	10-7-19	
9	High proteins		
	Steamed fish	11-7-19	}
	Steamed meat	11-7-19	
	Meat curry	11-7-19	
	Dhal preparations	11-7-19	
	Vada	11-7-19	

Contd...

10	Diet in disease	
	Diabetic diet	12-7-19
	Cardiac diet	12-7-19
	Renal diet	12-7-19
	Hypertensive diet	12-7-19
	Naturopathic diet	12-7-19
	Diet for gout patients	12-7-19
	Diet for fever patients	12-7-19
	Diet for peptic ulcer patients	12-7-19
	Diet for antenatal women	12-7-19
	Diet for lactating mother	12-7-19

Class Coordinator

Principal

Nursing Care Plan

Sl. No.	Care Plan	Date	Signature
1.	Bronchitis	10-4-19	}
2.	Anxiety or hepatitis	6-5-19	
3.	Hyperthermia	17-5-19	
4.	Typhoid	23-5-19	
5.	Cholelithiasis	18-5-19	

Demonstration of Physical Examination

Sl. No.		Date	Signature
1.	Cholelithiasis	12-7-19	}
2.	clavicle fracture	8-7-19	

Case Presentation/Ward Teaching

Sl. No.		Date	Signature
1.	Diabetes Mellitus	10-7-19	}
2.	carcinoma esophageal	18-5-19	
3.	Chronic heart disease	28-11-19	
4.		10-7-19	

Health Education

Date	Topic	AV-Aids	Place	Individual/group	Signature
	Tetanus	chart, flash	Baba + hospital	Group	}
	Importance of breast feeding		Baba. Hosp.	Individual	

Signature of Class Coordinator

Signature of the Principal

Baba Educational Society
 Institute Of Paramedical
 College of Nursing
 Chhat. Lucknow-226028

PRACTICAL EXAMINATION

Nursing Foundations Practical

Signature of Internal Examiner

Date:

Repeat:

Signature of Internal Examiner

Date:

Repeat:

Signature of Internal Examiner

Date:

Signature of External Examiner

11-2-2022

Signature of External Examiner

Signature of External Examiner

Baba Educational Society
Institute Of Paramedical
College of Nursing
Chinhhat, Lucknow-226028

ASSESSING NURSING CLINICAL EXPERIENCES - EVALUATION PERFORMANCE FOR NURSING FOUNDATION - PRACTICALS

Name: ANKITA VERMA

Roll No: 20191000000000000000

Date: 26-9-18

Total Marks: 25 x 4 = 100

KEY: 1. Unsatisfactory; 2. Satisfactory; 3. Good; 4. Very Good

Sl. No.		1	2	3	4
1.	Taking nursing history			✓	
	Makes observations of patients condition			✓	✓
	Identifies the basic health needs/problems				✓
	Priorities the needs/problems				✓
2.	Planning				
	Plans nursing care on the basis of priority				✓
	Plans care according to patients psychosocial needs				✓
	Involves patients and family in planning			✓	✓
3.	Implementation				
	Carries out plans based on priorities		✓		
	Integrates scientific principles in giving care		✓		
	Uses technical skill			✓	
	Maintains accuracy in care			✓	
	Controls the environment to provide for safety			✓	✓
	Demonstrates initiative in implementing nursing care			✓	
	Records significantly information to appropriate personnel		✓		
	Communicates significant information to appropriate personnel			✓	
	Instructs the patient and family related to their learning needs			✓	
4.	Evaluation				
	Evaluates with guidance the care given		✓		
	Modifies the plan as indicated in the evaluation			✓	
5.	Professional Behavior				
	Grooming				✓
	Punctuality				✓
	Dependability				✓
	Interpersonal relations				✓
	Emotional stability				✓
	Professional and personal growth				✓
	Total		8	30	44

Total marks = 82 %

Clinical Instructor Ash Signature

Date: 26-9-18

Signature of the Student

Signature of the HOD

Signature of the Principal

Ankita Verma

Baba Educational Society
Institute Of Paramedical
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Chinhhat, Lucknow-226048