


**File Description Students Participating in extension & Outreach activities during the year 2022-2023**

S.No.	Name of Extension & Outreach activities	Date
1.	Cultural Event	23/12/2022
2.	Fresher & Farewell Party	23/12/2022
3.	Christmas Celebration	24/12/2022
4.	Food Fair Festival	24/12/2022
5.	Makarsankranti Celebration	14/01/2023
6.	Republic Day & Basant Panchami	26/01/2023
7.	Free Medical Camp	27/01/2023
8.	Holi celebration	3/02/2023
9.	World Tuberculosis Day	24/03/2023
10.	Basic Life support training program	18/04/2023 to 19/04/2023
11.	International Nurses Day	12/05/2023
12.	Pulse Polio Program	29/05/2023 to 03/06/2023
13.	International Yoga Day	21/06/2023
14.	SNAI Competition	24/7/2023
15.	The state XXX SNAI biennial conference, U.P., Branch	04/08/2023
16.	Pre-Workshop on "Sustainable Menstruation: Drill & Beyond Academia"	11/08/2023
17.	International Conference on "International conference on "let's embark treating labour & childbirth as natural event.....heading towards diverse modalities of painless delivery & water birth followed by colostrum harvesting"	12/08/2023 to 13/08/2023
18.	Independence Day Celebration	15/08/2023
19.	National Workshop On "Enhancing Personality, Developing Behavioural Etiquettes & Mastering Soft Skills Of Students In Diverse Field Of Nursing"	25/08/2023 to 26/08/2023

  
**Dr. ARCHANA CHOUHAN**  
 PRINCIPAL  
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 56, MATIYARI DEVA ROAD  
 CHINIYAT, LUCKNOW-226029



**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING  
REPORT ON CULTURAL EVENT**



**PREPARED BY  
MANILA BIBIN**

  
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**BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING**

56, Matiyari, Deva Road, Chinhat, Lucknow-226028

**Report on Cultural Event**


<b>Event name:</b>	Cultural Event
<b>Organizer:</b>	Baba Educational Society Institute of Paramedicals College of Nursing
<b>Date:</b>	23/12/2022
<b>Duration:</b>	1 day
<b>Venue:</b>	College Auditorium
<b>Target participants:</b>	Students of College of Nursing
<b>Faculty In charge:</b>	Mrs. Anjali Chaturvedi, Mrs. Fahreen Shah, MS. Navita & Mrs. Manila Bibin.
<b>Faculty Organizer:</b>	Mrs. Durba Ganguly & Pooja Singh

**Event Brief & Highlights:**

On 23 DECEMBER 2022 Baba Educational Society Institute of Paramedical College of Nursing, Lucknow, and event committee organized **Cultural Event/night** in College Auditorium. It was conducted in the form of competition between students of different batches.

With the great enthusiasm around 40 students were actively participated and shown their talents in these programs as inter- class competition. The programs were:

- Solo Dance
- Solo Song
- Group Dance
- Group Song
- Fancy Dress competition
- Mehandi Competition
- Rangoli Competetion &
- Standup Comedy

  
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It was inaugurated by the honorable principal ma'am, Dr. Archana Chouhan. In the presence of all faculty members, hospital staff, All students were participated. Most of the students participated in cultural event according to their talents. We had seen great energy and joy between students and a healthy competition spirit between them. The main aims of the event was to developed over all activities and promote and develop important life skills, such as creativity, improve confidence, break their hesitation and stage phobia, improve self discipline, improve and developed effective communication and the ability to work in teams.

At the last prize (trophy and certificates) will be given by our principal Dr. Archana chouhan to all winners. The event was a huge success.

  
**SIGNATURE OF PRINCIPAL**  
**Dr. ARCHANA CHOUHAN**  
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**BABA EDUCATIONAL SOCIETY INSTITUTE OF**  
**PARAMEDICALS**  
**COLLEGE OF NURSING (LUCKNOW)**  
**Extra-Curricular Activities (DECEMBER 2022)**  
**List of Extra – Curricular Activities**

1. Solo Song
2. Group Song
3. Solo Dance
4. Group Dance
5. Mehndi
6. Rangoli (On spot given Theme)
7. Painting (On spot given Theme)
8. Face painting
9. Working Model Making
10. Costume design (ramp walk)
11. Food Fare Festival

Event Secretary

Mrs. Anjali Chaturvedi

  
16/11/22.

  
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BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICALS

COLLEGE OF NURSING (LUCKNOW)

Sports Week (DECEMBER 2022)

List of games

I. Out Door Games

S.No.	Name of Games
1.	Kho -Kho
2.	Badminton * Single * Double
4.	Tag of war
5.	Kabbadi
6.	Sack race
7.	Lemon spoon Race

II. Athletics

S.No.	Name of Games
1.	Running Race (200M.)
2.	Relay Race (400M.)
3.	Cricket
4.	Long Jump
5.	Javelin Throw
6.	Discuss Throw


III. In Door Games

S.No.	Name of Games
1.	Chess
2.	Carom *Pair * Single



Chairperson (sports committee)

Mohd Danish Rizvi



Principal  
BABA EDUCATIONAL SOCIETY  
COLLEGE OF NURSING  
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**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING  
REPORT ON FRESHER AND FAREWELL PARTY  
(23-12-2022)**



**PREPARED BY- MRS. WARIBAM CHANU HENTHOI**

  
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**Baba Educational Society  
Institute of Paramedicals**

**College of Nursing**

**FAREWELL AND FRESHERS PARTY REPORT**

<b>Event name</b>	: Farewell and Freshers party
<b>Organizer</b>	: Students B.Sc 4 <sup>th</sup> Year, G.N.M. 3 <sup>rd</sup> Year, A.N.M. 2 <sup>nd</sup> Year
<b>Location</b>	: 56 matiyari deva road chinhut lucknow
<b>Date</b>	: 23/12/2022
<b>Duration</b>	: 3 Hours
<b>Venue</b>	: Auditorium
<b>Faculty In charge</b>	: Mrs. Anjali Chaturvedi, Assistant Professor Mrs. W. C. Henthoi, Assistant Professor Mrs. Farheen Shah, Assistant Professor Ms. Navita, Assistant Professor Baba Educational Society Institute of Paramedical, College of Nursing, Lucknow.

**Event Brief & Highlights:**

It was on 23<sup>rd</sup> Dec, 2022 the farewell and fresher party was organized in our college. All the students, faculty members are asked to report to the college auditorium at 11:00 am. The college auditorium was beautifully decorated by the students. The students of last year ( B.Sc. Nursing, GNM, ANM) and the student of first year (B.Sc. Nursing, GNM , ANM ) welcomed with Chandan tika to this party which was organized by students in the auditorium at 11:00 am.

The program was started by M.O.C. (Ms. Puja & Ms Shilpi, students of B.Sc. IVth year), with lamp lighting ceremony by our Honorable Principal, Dr. Archana Chouhan and continued with welcoming dance by Ms. Durga Kushwaha, student of GNM 1<sup>st</sup> year. Followed by various performance of students and Gift distribution to each farewell and fresher. Based on the performance of students Miss Farewell and Miss Fresher of each batch was selected gift by our Honorable Principal, Dr. Archana Chouhan and special gifts were presented to them. Therefore, Miss Farewell of B.Sc. Nursing, GNM & ANM was Ms. Ankita Verma, Ms. Amisha and Ms. Suhani Kaushal respectively. Miss Fresher of B.Sc. Nursing, GNM & ANM was Ms. Supriya Tiwari, Ms. Durga Kushwaha and Ms. Jaya Yadav respectively.

  
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**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING  
REPORT ON CHRISTMAS CELEBRATION (24-12-2022)**



*Dr. Anjana Chouhan*  
**PREPARED BY MRS. FARHEEN SHAH**  
Dr. ANJANA CHOUHAN  
PRINCIPAL  
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**BABA EDUCATIONAL SOCIETY  
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COLLEGE OF NURSING**

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**REPORT ON CHRISTMAS CELEBRATION**


**Event name:** CHRISTMAS CELEBRATION  
**Organizer:** Baba Educational Society Institute Of Paramedical College Of Nursing  
**Date:** 24<sup>th</sup> of December, 2022  
**Duration:** 1 Day  
**Venue:** College Campus  
**Target participants:** Students of College of Nursing  
**Faculty Incharge-** Miss Navita Kawadkar( Secretary), Mrs Farheen Shah  
Dept. Secretary) Mrs. Anjali Chaturvedi (Dept. Secretary)

**Event Brief & Highlights:**

This year on 24<sup>th</sup> Dec our college has organized a program to celebrate Christmas with great fun and frolic. The celebration was held in our college garden. The entire garden was beautifully decorated with flowers, light, balloons, Christmas tree and Christmas tree decorated with stars light and Bells.

All the students and faculty members were very excited and full of enthusiasm for the celebration. Students came to college wearing college dresses and all teachers come in red attire. The ceremony begins at 12:00pm after that various programs organized one after the other after that a student disguised as Santa Claus come with a bag containing several gift which all faculty teachers give Santa Claus to their secret friend. Santa Claus was roaming all over the garden giving present to all the teachers toffee , chocolates to all the students also the song jingle bells was playing in the background.

And the significance of this festival told to the students. The students enjoyed to the beats of "jingle bell" and wished merry Christmas to their friends and teachers after all the programs was over the principal ma'am came on stage and gave trophy to some students who won the food fare, rangoli & poster competition. Along with this, the principal ma'am wished a very happy Christmas and gave gifts, cakes & chocolate to staff children and also gave a short motivational speech.

  
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**BABA EDUCATIONAL SOCIETY**  
**INSTITUTE OF PARAMEDICAL**  
**COLLEGE OF NURSING**  
**REPORT ON-**  
**FOOD FAIR**



*AL* Dr. ARCHANA CHOUHAN  
PRINCIPAL  
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**PREPARED BY -**  
**MRS. ANJALI CHATURVEDI**



**BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING**

56, Matiyari, Deva Road, Chinhat, Lucknow-226028

**Report on food fair festival**


**Event name:** Food fair festival  
**Organizer:** Baba Educational Society Institute of Paramedicals  
College of Nursing  
**Date:** 24/12/2022  
**Duration:** 1 day  
**Venue:** College campus  
**Target participants:** Students of College of Nursing  
**Faculty In charge:** Mrs. Anjali Chaturvedi, Mrs. Fahreen Shah, MS.  
Navita & Mrs. Manila Bibin.

**Event Brief & Highlights:**

On the 24 DECEMBER 2022 the student of Baba Educational Society Institute of Paramedical College of Nursing, Lucknow organized an event called "Food Fair Festival." This event was organized in our college campus as one day program and around 80 students are actively participated for showing a healthy inter- class competition.

It was inaugurated by the honorable principal mam, Dr. Archana Chouhan. All faculty members, hospital staff and students were participated. All the students are showing a very enthusiastic way of their food presentation.

The main aim of the event was to develop skills of team work, budgeting, planning, & management. It also enhance the skill of conduction of small business & occupational need. They organized food stalls related to nutritious food and snacks. There were a display of different variety of delicious homemade salads, fruit juice, desserts and different innovations of variety of snacks, prepared by the students. There was also an interaction amongst the students and teachers about *maintaining healthy and hygienic food habits.*

  
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They also benefited for the development of different kind of skills, so that they will prepare for their future challenges.

We evaluate each and every competitors on the basis of a planned criteria which includes; good flavor balance combination, menu board, costing of food, presentation of dish observe professional grooming and hygiene, stall decoration, presentation of the table, neatness of working area and hygiene, range of skills used, overall appearance, creativity and serving method.

On the basis of that criteria we got our winner that is

1<sup>st</sup> prize - B.Sc. 3<sup>rd</sup> year,

2<sup>nd</sup> prize - B.Sc. 4<sup>th</sup> year

3<sup>rd</sup> prize - ANM 1<sup>st</sup> year & B.Sc. 2<sup>nd</sup> semester.

And at the end all winners of the team was awarded with trophy by Principal Mam & certificate distributed to 1<sup>st</sup> winner & 1<sup>st</sup> runner up team. The event was a huge success.

  
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**BABA COLLEGE OF NUSING INSTITUTE OF PARAMEDICAL COLLEGE OF NURSING**

**EVALUATION CRITERIA FOR FOOD FARE (24 DEC. 2022)**

S.NO	ALLOCATION OF MARKS	1	2	3	4	5
1	GOOD FLAVOR BALANCE COMBINATION					
2	MENU BOARD					
3	COSTING OF FOOD					
4	PRESENTION OF DISH					
5	OBSERVE PROFESSIONAL GROOMING AND HYGIENE					
6	STAL DECORATION					
7	PRESENTATION OF THE TABLE, INCLUDING FLOWERS,CLOTH ETC.					
8	NEATNESS OF WORKING AREA AND HYGIENE					
9	RANGE OF SKILL USED					
10	OVERALL APPEARANCE					
11	CREATIVITY					
12	SERVING METHOD					

  
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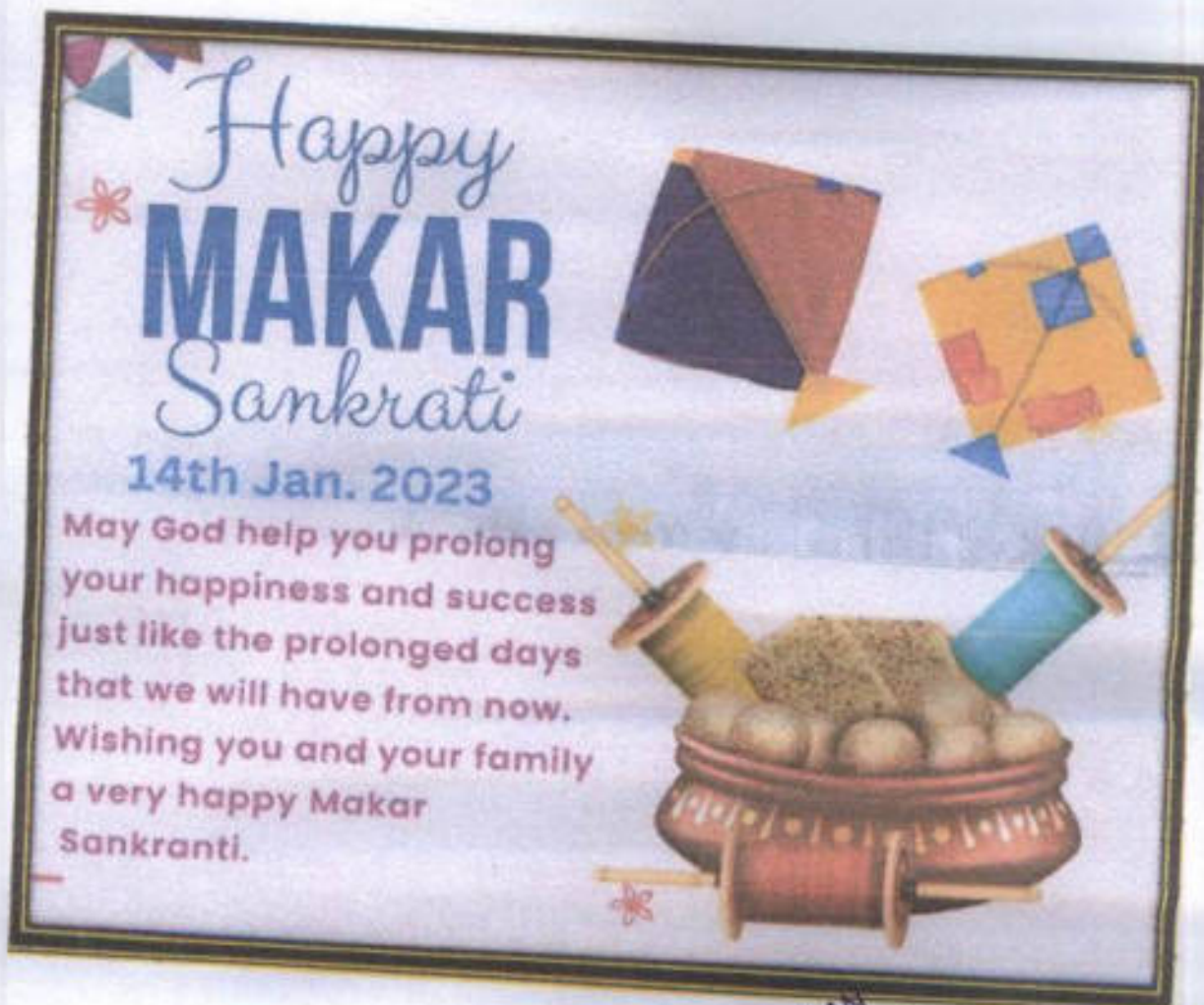




**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING**



**REPORT ON MAKARSANKRANTI**



*AL*  
**Dr. ARCHANA CHOUHAN**  
PRINCIPAL  
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**PREPARED BY- Ms. NAVITA KAWADKAR**





**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING**



**REPORT ON MAKARSANKRANTI**

**Event name: MAKARSANKRANTI**

**Organizer:** Baba Educational Society Institute of Paramedical College of Nursing

**Date:** 14<sup>th</sup> JANUARY, 2023

**Duration:** 1 Day

**Venue:** College Campus

**Target participants:** Students of College of Nursing

**Faculty Incharge :** Miss Navita Kawadkar (Secretary)

Mrs Farheen Shah (Dept. Secretary)

Mrs. Anjali Chaturvedi (Dept. Secretary)

**Event Brief & Highlights:**

This year on 14<sup>th</sup> JANUARY, 2023 The Event Planning Committee organized a small kite competition on celebrate MAKARSANKRANTI with great fun and frolic. The celebration was held in our college garden. The garden was beautifully decorated with kite.

MAKARSANKRANTI on 14<sup>th</sup> JANUARY, 2023 from 12pm- 1pm in the College Garden.

This competition was done batch wise. All the batches participated very well.

During the day of the program, the participants were instructed on reaching the venue before 10mins of the allotted time. Then they display their kite.

At the end of the program, Principal ma'am (Dr. Archana Chohan) came and evaluated the kite Competition.

Khichdi and sweets were arranged for all the students and staff member.

**Winners:**

1<sup>st</sup> position: B.Sc. IV Year

2<sup>nd</sup> position: G.N.M. I year

3<sup>rd</sup> position: B.Sc. I Year (I semester)

Every participant was applauded for actively taking part in the competition.

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MUMBAI, INDIA  
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**BABA EDUCATIONAL SOCIETY INSTITUTE OF  
PARAMEDICAL COLLEGE OF NURSING**

**REPORT ON REPUBLIC DAY AND**

**BASANT PANCHAMI**



**PREPARED BY**

**JYOTI SHUKLA**

*AL*  
PRINCIPAL  
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55, MATRIKALTA ROAD  
MUMBAI, INDIA - 400 029



**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICALS  
COLLEGE OF NURSING  
BASANT PANCHAMI AND REPUBLIC DAY REPORT**

**Event name:** Basant panchami and Republic day  
**Organizer:** Event manager  
**Location:** 56 matiyari deva road chinhut lucknow  
**Date:** 26/01/2023  
**Time:** 10 am  
**Venue:** College campus  
**Faculty In charge:** MRS. ANJALI CHATURVEDI  
MRS. MANILA  
MISS. NAVITA  
MRS. HENTHOI  
MISS. JYOTI SHUKLA

**EVENT AND BRIEES :** The auspicious ceremony of Saraswathi Pooja was celebrated in our college. Baba Educational Society, Institute Of Paramedical & College Of Nursing Lucknow, premises on 26 January with great fervor and devotion. All the faculty member and all students gathered together at the college premises for pooja to goddess Saraswati.

The Programme was inaugurated in the occasion, our faculty members come attired in yellow clothes. They affeered yellow colored flowers to the goddess.

At 09:00 am, all the faculty members , staff and students come together worship goddess saraswati, the goddess of knowledge, art and music . after the puspanjali . prasad was distributed among all the people present.

  
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Then after like every year, this year, also all the faculty member & students of our college had organized a grand Programmed on the occasion of this Republic Day. The theme of republic day2023 is **JAN BHAGIDARI**.

The Programme started with prayer at 10:00 am. After that flag hosting took place on the college ground as usual. The principal of our college hoisted the National Flag & gave a motivational speech on **JAN BHAGIDARI**. This was followed by some speeches on patriotism & singing, dancing the national Anthem. Many students also did different types of Programme. In the end, the Programme was concluded by distributing sweets to all students.

  
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**BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING**

**Report On Free Medical Camp**

Event name: Free Medical Camp

Organizer: Baba Hospital & Baba College of Nursing

Location: 56, Matiyari Deva Road, Chinhat, Lucknow- 226028

Date: 27/01/2023

Duration: One day Program

Venue: Baba Hospital

No. of Students attended: 25 Students

Faculty In Charge - Mr. Danish Rizvi

Assistant Professor.

Baba Educational Society Institute of Paramedical, College of Nursing.

Lucknow

Doctors In charge-

1. Dr. S K Dixit
2. Dr. Ashok Verma
3. Dr. Rajkumar verma
4. Dr. Vikram
5. Dr. Geet

  
**Dr. ARCHANA CHOUHAN**  
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CHINHAT, LUCKNOW-226028



**Event Brief & Highlights:**


A free medical health camp organized on 26 January 2023 at Baba Hospital, Chinhat Lucknow, Medical camp started at around 10:30 am. Our B.Sc. Nursing 4th Year students were participated in medical camp.

The Camp was exclusively organized for poor peoples who hardly can afford quality treatment for their physical issues.

Free Physical examination along with free Blood Sugar, Blood Pressure and ECG tests were provided by the Hospital.

Free full body checkup and free pathological test was set up inside in hospital. General Health check-up was done for people. Many names were already enlisted for health checkup. many specialist Doctors with surgeon present in the camp.

After checking up the patients some of the required medicines were also provided to them. Free drugs were dispersed Doctors advised them various medicines and consultation during the camp. Camp was successfully organized under the guidance of Dr. S. K Dixit supported in the condition of the Camp.

  
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**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING  
REPORT ON HOLI CELEBRATION  
(03-02-2023)**



**PREPARED BY- MRS. WARIBAM CHANU HENTHOI**

  
**Dr. ARCHANA CHOUHAN**  
PRINCIPAL  
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DEVA ROAD  
WANDW-226028



**Baba Educational Society  
Institute of Paramedicals  
College of Nursing**

**HOLI CELEBRATION REPORT**

**Event name** : HOLI CELEBRATION  
**Organizer** : Nursing Faculties  
**Location** : 56 matiyari deva road chinhut lucknow  
**Date** : 03/03/2023  
**Duration** : 2 hours  
**Venue** : Baba College of Nursing Campus  
**Faculty In charge** : Mrs. Anjali Chaturvedii , Assistant Professor  
Mrs. Waribam Chanu Henthoi, Assistant Professor  
Mrs. Farheen Shah, Assistant Professor  
Baba Educational Society Institute of Paramedical,  
College of Nursing, Lucknow.

**Event Brief & Highlights:**

Holi, the festival of evil removing and sharing the joy of life with one another was arranged by the faculty members in the college premises on march, 2023. College has been arranging this function to generate feeling of togetherness in a discipline manner in presence of Director, Mr. R.K. Bajpayee and Principal, Dr. Archana Chouhan and all teaching and non-teaching staff. Everyone participated and enjoyed the celebration with Herbal Gulal and refreshment with gujiya, golgappe, kachatri etc. And finally the celebration come to end with photo session by the mass-media committee.

  
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CHINHUT, LUCKNOW

**BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL COLLEGE OF  
NURSING 56, Matiyari, Deva Road, Chinhat, Lucknow.**

**SEMINAR REPORT**

NAME OF THE SEMINAR – WORLD TUBERCULOSIS DAY

VENUE - AUDITORIUM

DATE- 24/03/2023

DURATION – 12pm – 1 pm

PARTICIPANTS & NO. OF STUDENTS – ALL FACULTY MEMBERS & STUDENTS 291

NAME OF THE PRESENTER – MR. MOHD DANISH RIZVI  
ASSISTANT PROFESSOR  
BABA EDUCATIONAL SOCIETY, COLLEGE OF  
NURSING, LUCKNOW, U.P.

**Event Brief & Highlights:-**

All students of Baba Educational Society, College of Nursing attended the seminar and gained knowledge about WORLD TUBERCULOSIS DAY.

World Tuberculosis Day is celebrated every year on 24 of March with the aim to prevent millions of deaths each year by raising awareness and education about Tuberculosis and pressing government and individuals across the world to take action against the disease.

The following points were discussed:

1. Introduction to Tuberculosis
2. History of Tuberculosis
3. Incidence of Tuberculosis
4. Causes of Tuberculosis
5. Diagnostic Tests and Screenings
6. Prevention, Awareness & Future Planning

After feedback, the programme was ended successfully..



  
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**BABA EDUCATIONAL SOCIETY INSTITUTE OF  
PARAMEDICAL  
COLLEGE OF NURSING**

56, Matiyari, Deva Road, Chinhath, Lucknow

**BASIC LIFE SUPPORT TRAINING REPORT**

Event Name:	Basic Life Support training for Nursing Students
Date:	18.04.2023 to 19.04.2023
Venue:	Auditorium, Baba Educational Society
Participants:	All Nursing Faculty & All Nursing Students
No. Of Attendees:	447
Name of the trainer:	Mr. Himanshu Joshi, Medanta Hospital, Gurgaon

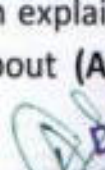
**Event brief & highlights:-**

Basic Life Support, or BLS, generally refers to a level of medical care which can be provided by trained medical personnel, including emergency medical technicians, paramedics, and by qualified bystanders for victims of life-threatening illnesses or injuries until they can be given full medical care at a hospital.

College of Nursing, Baba educational society and Medanta Hospital, Gurgaon jointly organised two days basic life support Session on 18/04/2023 and 19/04/2023 from 10am to 5pm, which was conducted by experts from Medanta hospital, Gurgaon. Around 447 participants including College of Nursing Faculties and students of all the programs (B.Sc. Nursing, G.N.M. and A.N.M.) actively participated and updated their knowledge on Paediatrics'/ Adult BLS With appropriate hands on skills.

The Session was started at 10:00am, in Auditorium with Introductory Session by Mrs. Jayana Kr. Rupjee, HOD, Dept. Of Obstetrics and Gynecology Nursing.


Dr. Archana Chouhan, Principal, Baba College of Nursing, welcomed the resource persons and the delegates. Mr. Himanshu Joshi explained about cardiac arrest and heart attack. He then explained the 7 important steps while performing CPR. He also Demonstrated about (AED) automatic emergency defibrillator and

  
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explained about its uses. He then Demonstrated on Paediatrics CPR. The delegates then divided into two teams and team 1 had sessions on Paediatrics BLS, dealt by Mrs. Anjali and Mrs. Farheen. At the same time, team 2 had sessions on Adult CPR dealt by Mrs. Durba and Mrs. Manila.

After the delicious lunch, a theoretical and practical evaluatory session was held for the participants. Feedback was obtained from the faculties and the students, they assured that they shall utilize the skill gained whenever and wherever needed in the clinical setting and they also addressed that the programme was highly beneficial to them. At the end of the session, certificate was distributed to the participants.

Mrs. Durba Ganguly, assistant professor, college of nursing, delivered the vote of thanks and the gatherings dispersed at 4.30 pm.

  
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5-4-2-

**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING**

56, Matiyari, Deva Road, Chinhat, Lucknow-226028

**Report on International Nurses Day**

**Event name:** International Nurses Day

**Organiser:** Baba Educational Society Of Paramedica College of Nursing

**Date:** 12/May/2023

**Time Duration:** 5hours (evening)

**Venue:** College Campus

**Theme :** Our Nurses,Our Future


**Target Participation:** Students or Faculty members

**Chief Guest:** Dr. Kinjal Singh (IAS)

**Faculty In charge:** Mrs.Anjali Chaturvedi, Mrs. Manila Bibin.

**Event Brief & Highlights:**

On the 12 May 2023 , Baba Educational Society Institute of Paramedical Society celebrated International Nurses Day.This program was started at 7pm with the invocation followed by lighting the lamp by the dignitaries Respected Principal Mam (Dr.Archana Chouhan), Director Sir (R.K.Vajpayee).

  
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The theme of this year's International Nurses Day is 'Our Nurses, Our Future'. This global campaign sets out what we want for nursing in the future in order to address global health challenges and improve health for all.

This event was organised by the honourable Principal Mam (Dr. Archana Chouhan). After lamp lighting oath taking ceremony was taken by the 1<sup>st</sup> year batch (BSc, GNM, ANM) as per regard of Principal Mam.

Dr. Kinjal Singh (IAS) invited as a guest who is currently appointed as the Director General of Medical Education Department, Government of India. Her posting was in Unnao, Lucknow and Barabanki as SDM. Then in her career, she worked in various places like CDO in Barabanki and DM of Bahraich, Sitapur, Lakhimpur Kheri, Faizabad. She also worked in the Agriculture Department.

The students were participated in different different activities like group dance, solo dance, or skit about how Nursing Profession has been started, what were the evolution takes place and Florence Nightingale Life Journey. Anchoring was done by the Pooja Chaudhary (BSc 4<sup>th</sup> year) and Ankita (3<sup>rd</sup> year) students.

This day was celebrated as a Annual Day Function as every year and Oath Taking Ceremony was another thing that was start with lighting the lamp through our dignitaries and after that oath was taken by the first year students (BSc Nursing, GNM, ANM) every year. After that R.K. Vajpayee (Director) and Dr. Archana Chouhan (Principal) soaring balloon in the sky with the message of "A Nurse will always give us hope, An Angel with a Stethoscope."

Nurses Day Signature Campaign was organised for the faculty members. Food stalls are arranged for faculty members, Non teaching staff as well as students (BSc Nursing, GNM, ANM).

The nurses day programme was concluded with vote of thanks by the Ms. Anushika Mam (Nursing Tutor).

  
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**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICALS  
COLLEGE OF NURSING  
PULSE POLIO PROGRAM REPORT 2023**

EVENT NAME - Pulse Polio Program

ORGANIZER- Dr. Rml Hospital Lucknow & Community Health Centre , Chinhat Lucknow

LOCATION - Gomtinagar & Deva road Lucknow

DATE - 29.05.2023 to 03.06.2023

DURATION - 1Week program

VENUE - Door to door program

TARGET PARTICIPANTS - Children residents of gomti nagar


No. Of Students Attended - 33 ANM students

**FACULTY INCHARGE -**

**EVENT BRIEF AND HIGHLIGHTS** - Dr. RML hospital & Community health centre chinhat Lucknow organised the pulse polio program in Gomti Nagar and Deva road , Lucknow respectively. 33 ANM students from the BABA educational society institute of paramedical and college of nursing participate in this program of OPV in this vaccination.

This is 1 week of program 29- 5- 2023 to 3-6-2023 . First and foremost on 25-6-2023 students recived instructions regarding the conduction of program , which included administrating oral polio drops , recording, reporting etc .at RML and CHC , chinhat Lucknow , during the days of the program, students identified the children residents of Gomti Nagar and Deva road by the door to door survey and administred the polio drops and recorded .

During this time , the students performed their duties regularly.

  
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**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING  
56, MATIYARI DEVA ROAD, CHINHAT LUCKNOW  
INTERNATIONAL YOGA DAY**



**PREPARED BY- Ms. SALONI CHAUDHARY**

  
PRINCIPAL  
BABA EDUCATIONAL SOCIETY  
COLLEGE OF NURSING  
INSTITUTE OF PARAMEDICALS  
56, MATIYARI DEVA ROAD  
CHINHAT, LUCKNOW-226028



**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING**

56, MATIYARI, DEVA ROAD CHINHAT, LUCKNOW-226028

**REPORT ON INTERNATIONAL YOGA DAY**

**Event name :-** International yoga day  
**Organizer:-** Baba Educational society institute of paramedical college of Nursing  
**Date:-** 21/6/23  
**Duration:-** 1 day  
**Time:-** 5:30 Am  
**Venue:-** College campus  
**Target participants:-** Student of college of Nursing  
**Faculty in charge:-** Mrs. Manila

**Event Brief& Highlight:-**

International yoga day was Celebrated at **BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL**, on **21<sup>st</sup> June, 2023** under the theme **Vasudhaiva Kutumbakam** , The celebration was held in college Campus. The session started at **5:30 Am** with warmup and **suryanamaskar**. Our yoga Instructor **Ms. Pragati gupta** and **Mr. Yogendra sahu** led the session. He is given information regarding yoga day and importance of yoga in our day-to day life. He also emphasized the importance and benefits of **pranayama** The exercises performed were good and useful to the students. All the students participated eagerly .International yoga day celebration ended with a huge success under the supervision of **principal ma'am Dr. Archana Chauhan**.


  
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COLLEGE OF NURSING  
56, MATIYARI, DEVA ROAD CHINHAT, LUCKNOW-226028  
REPORT ON SNAI COMPETITION**

**Event name :-** SNAI Competition  
**Organizer:-** Baba Educational society institute of paramedical  
College of Nursing  
**Date:-** 24/7/23  
**Duration:-** 1 day  
**Time:-** 9 to 5 pm  
**Venue:-** College campus  
**Target participants:-** Student of college of Nursing  
**Event in charge -** Mrs. Anjali Chaturvedi

**Event Brief & Highlight:-**

Student nurse association of India was Celebrated at BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL, on 24<sup>TH</sup> JULY, 2023 according to their theme, The celebration was held in college campus. The session started at 9 Am to 5pm. According to theme all the guides who were there, guided the student, gave information, instructions and explained the rules & regulation and then started the competition. The competition performed were good and useful to the students. All the students participated eagerly. SNAI ended with a huge success under the supervision of principal ma'am Dr. Archana Chauhan.

  
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**BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICALS  
COLLEGE OF NURSING, LUCKNOW**

**REPORT ON : The State XXX SNAI Biennial Conference, U.P Branch**

**Student Nurses Association of India**

**Event Name:** The State XXX SNAI Biennial Conference, U.P Branch, Student Nurses Association of India

**Organizer:** U.P Branch, Student Nurses Association of India

**Date:** 04/08/2023

**Duration:** One Day Program

**Venue:** Samarpan Institute of Nursing & Paramedical Sciences, Lucknow, UP

**Target Participants:** SNAI or TNAI Members of the 17 colleges belonging from the SNAI unit and SNAI students Participants were also present.

**Total No. of Participant Attended from Baba College of Nursing, Lucknow: 29**

**Name of Faculty:** Dr. Archana Chouhan

Mr. Nitin Soni

Mr. Hemendra Pal Singh

Mrs. Manita Acharya

Mrs. Anjali Chaturvedi

Mrs. Manila Bibin

Baba college of Nursing, Institute of Paramedical, Lucknow.

**ent Brief and Highlights:**

We, Dr. Archana Chouhan, Principal, Mr. Nitin Soni; professor, Mr. Hemendra Pal Singh; Professor, Mrs. Manita Acharya; Professor, Mrs. Anjali Chaturvedi, Assistant Professor and Mrs. Manila Bibin; Assistant Professor, from Baba college of Nursing, Institute of Paramedical, Lucknow, were attended the one day The State XXX SNAI Biennial Conference program conducted by U.P Branch, Student Nurses Association of India, on 4/08/2023 at Samarpan Institute of Nursing & Paramedical Sciences, Lucknow, UP.

On that day all the 17 SNAI units (Colleges) were gathered for the State XXX SNAI Biennial Conference, U.P. Where 13 competitions are lined up for the competitors of 17 colleges.

The SNAI Competitions were conducted successfully by the Judgement of the different prestigious Judges. Our Principal Dr. Archana Chouhan was also got the grateful opportunity from the side of the SNAI, U.P. State branch to become the Judge for the personality competition.

From the side of the Baba College of Nursing The SNAI competitors list of participants were according to the followings:

  
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The Student Nurses' Association of India  
30<sup>th</sup> SNAI Biennial Conference



Theme: "Empowering Nursing students: Prospects and Challenges"

REGISTRATION FORM  
Code 04: Poster Presentation

Topic of the Poster: Promotion of Reproductive Health

Category Code: 05/09 Section Code: 04

Name of the Student Artist(s) (In CAPITAL Letters): Ms. PRAGYA

Course & Year of Study: B.Sc Nursing & 1<sup>st</sup> Year

SNAI Unit Address & State: Baba Educational Society & College of Nursing, Sector 10, Chandigarh

Last SNAI Unit Subscription Paid on: 14/07/2023

TNAI Receipt No TNAIUP/23240520 Date 28/07/2023

CERTIFICATE OF RECOMMENDATION

This is to certify that the above mentioned exhibit is a bonafide work of the student (s) who is/are member(s) of the above SNAI Unit and have paid their subscription for the year is 2021-2022 and 2022-2023.

The exhibit was contested during State Conference and selected for display at the National Conference. To the best of my knowledge this exhibit will be displayed for the first time at the National level.

Ms. Pragya Pragya  
Student(s) Name & Signature

Name and Signature of the State SNAI Advisor  
with seal

RULES FOR ENTRY

1. Poster Presentation form will not be entertained after **October 31, 2023**.
2. All the exhibits are to be registered. The form should be sent to the Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, New Delhi - 110016.
3. Name of the exhibitor and the SNAI Unit should not appear on the exhibit.
4. Each exhibit must be accompanied by a card bearing: (i) Name of Exhibitor; (ii) Name of SNAI Unit; (iii) Topic of the Exhibit; (iv) Category & Section; (v) Size of the exhibit should be strictly adhered to or else exhibit may be disqualified for competition. The size for both individual and group poster presentation will be same i.e standard size poster approx 22 x 26 inches.
5. Completed form(s) with signature of the State SNAI Advisor to be sent to the TNAI, L-17, Florence Nightingale Lane, Green Park, New Delhi - 110016.
6. For each poster presentation only one entry, either individual or group will be allowed from each State.
7. Group entry should not have more than three students.

NOTE: In any group item, each contestant should give his/her name & address in the entry form, for issuing certificates.

  
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## Student Nurses Association of India

Theme: "Empowering Nursing Students: Prospects and Challenges"

Date: 07 August, 2023

Venue: Samarpan Institute of Nursing & Paramedical Sciences, Lucknow, UP

### DETAILS OF STUDENT PARTICIPANTS

Name of the College:, College of nursing, Baba Educational Society, Lucknow


Address:\_ 56, Matiyatri, Deva Road, Chinhath, Lucknow

Contact: 8770883989

Email Id:\_drarchanachouhan86@gmail.com

Name of Competition: Poster Competition (Code No 04)

Sl. No.	Category Code	Name of the Students	Batch/Year	Payment details
				Paid/ Not Paid
1.	05/009	MS. PRAGYA	B.SC. 4 <sup>TH</sup> YEAR	Paid
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				

  
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# The State XXX SNAI Biennial Conference, U.P Branch

## Student Nurses Association of India

Theme: "Empowering Nursing Students: Prospects and Challenges"

Date: 07 August, 2023

Venue: Samarpan Institute of Nursing & Paramedical Sciences, Lucknow, UP

### Name of Competition: Quiz Competition (Code No 05)

Sl. No.	Name of the Students	Batch/Year	Name of SNAI Unit	Payment details Paid/ Not Paid
1.	MS. ANKITA	B.Sc. 3 <sup>RD</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
2.	MS. JYOTI	B.Sc. 3 <sup>RD</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
3.	MS. MANISHA	B.Sc. 4 <sup>TH</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid

### Name of Competition: Essay Competition Hindi (Code No 06)

1.	MS. PRIYA DUBEY	B.Sc. 3 <sup>RD</sup> SEMESTER	College of nursing, Baba Educational Society, Lucknow	Paid
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### Name of Competition: Essay Competition English (Code No 06)

1.	MS. PUJA CHAUDHARY	B.SC. 4 <sup>TH</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
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### Name of Competition: Extempore Speech Hindi (Code No 07)

1.	MS. DIVYANSHI DUBEY	B.Sc. 2 <sup>ND</sup> SEMESTER	College of nursing, Baba Educational Society, Lucknow	Paid
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### Name of Competition: Extempore Speech English (Code No 07)

1.	MS. SHIVANSHI GUPTA	B.SC. 3 <sup>RD</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
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### Name of Competition: Sports (Code No 08)

#### Sport 01: 100 Meter Race (Male)

1.				
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#### Sport 01: 100 Meter Race (Female)

1.	MS. SHIVANI RAWAT	B.S.C. 3 <sup>RD</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
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# Student Nurses Association of India

Theme: "Empowering Nursing Students: Prospects and Challenges"

Date: 07 August, 2023


Venue: Samarpan Institute of Nursing & Paramedical Sciences, Lucknow, UP

## Sport 02: 400 Meters Relay Race (Male)

1.				
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## Sport 02: 400 Meters Relay Race (Female)

1.	MS. JAYA, MS. SANGHPRIYA MS. SHILPA & MS. SHWETA	ANM 1 <sup>ST</sup> YEAR B.SC. 4 <sup>TH</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
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**Dr. ARCHANA CHOUHAN**  
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INSTITUTE OF PARAMEDICALS  
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CHINHAT, LUCKNOW-226028



# The State XXX SNAI Biennial Conference, U.P Branch

## Student Nurses Association of India

Theme: "Empowering Nursing Students: Prospects and Challenges"

Date: 07 August, 2023

Venue: Samarpan Institute of Nursing & Paramedical Sciences, Lucknow, UP

### Sport 03: Badminton (Male)

1.

### Sport 03: Badminton (Female)

1.

MS. MANSI VERMA

GNM 2<sup>ND</sup> YEAR

College of nursing,  
Baba Educational  
Society, Lucknow

Paid

### Sport 04: Discus Throw (Male)

1.

### Sport 04: Discus Throw (Female)

1.

MS. ANKITA

B.Sc. 3<sup>RD</sup> YEAR

College of nursing,  
Baba Educational  
Society, Lucknow

Paid

### Sport 05: Javelin Throw (Male)

1.

### Sport 05: Javelin Throw (Female)

1.

MS. RADHIKA

GNM 2<sup>ND</sup> YEAR

College of nursing,  
Baba Educational  
Society, Lucknow

Paid

### Name of the Competition: On-The-Spot Painting (Code no. 09)

Sl. No.	Name of the Students	Batch/Year	Name of SNAI Unit	Payment details Paid/ Not Paid
1.	MS. REKHA CHOUHAN	B.SC. 4 <sup>TH</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid

### Name of the Competition: Pencil Sketch (Code no. 010)

1.

MS. PURNIMA

B.SC. 2<sup>ND</sup>  
SEMESTER

College of nursing,  
Baba Educational  
Society, Lucknow

Paid

### Name of the Competition: Decoration (Rangoli) (Code no. 011)

1.

MS. KALPANA

B.SC. 2<sup>ND</sup> YEAR

College of nursing,  
Baba Educational  
Society, Lucknow

Paid



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PRINCIPAL OF NURSING  
BABA COLLEGE OF NURSING  
INSTITUTE OF PARAMEDICALS  
MATIYARI DEVA ROAD  
LUCKNOW-226022



# The State XXX SNAI Biennial Conference, U.P Branch

## Student Nurses Association of India

Theme: "Empowering Nursing Students: Prospects and Challenges"

Date: 07 August, 2023

Venue: Samarpan Institute of Nursing & Paramedical Sciences, Lucknow, UP

Name of the Competition: Mono Acting (Code no. 012)

1.	MS. SHIVANSHI GUPTA	B.SC. 3 <sup>RD</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
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# The State XXX SNAI Biennial Conference, U.P Branch

## Student Nurses Association of India

Theme: "Empowering Nursing Students: Prospects and Challenges"

Date: 07 August, 2023

Venue: Samarpan Institute of Nursing & Paramedical Sciences, Lucknow, UP

Name of the Competition: Personality Contest (Mr. SNA & Miss SNA)(Code no. 013)

Sl. No.	Name of the Students	Batch/Year	Name of SNAI Unit	Payment details Paid/ Not Paid
1.	MS. PUJA CHAUDHARY	B.SC. 4 <sup>TH</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
2.				

Name of the Competition: Dance Competition (Code no. 014)

Individual Dance /Group Dance (Max. 08 Members)

1.	MS. ANJU ARYA	GNM 1 <sup>ST</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
2.	MS. DURGA KUSHWAHA	GNM 1 <sup>ST</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
3.	MS. TRIPTI	GNM 1 <sup>ST</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
4.	MS. RAJNANDINI	B.SC. 3 <sup>RD</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
5.	MS. ANSHIKA PATEL	B.SC. 3 <sup>RD</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
6.	MS. NIDHI	B.SC. 3 <sup>RD</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
7.	MS. KHUSHI	B.SC. 3 <sup>RD</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid
8.	MS. SHIVANGI SINGH	B.SC. 4 <sup>TH</sup> YEAR	College of nursing, Baba Educational Society, Lucknow	Paid

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**The State XXX SNAI Biennial Conference, U.P Branch**  
**Student Nurses Association of India**


Theme: "Empowering Nursing Students: Prospects and Challenges"

Date: 07 August, 2023

Venue: Samarpan Institute of Nursing & Paramedical Sciences, Lucknow, UP

**DETAILS OF STUDENTS AS A VIEWER COMING FOR CONFERENCE**

S.No.	Name of the Students	Batch	Payment details Paid/ Not Paid
1	Akanksha	B.Sc. IIIrd Year	Paid
2	Saksham Shukla	B.Sc. IIIrd Year	Paid
3	Roshani Rao	B.Sc. IIIrd Year	Paid
4	Priyanka Yadav	B.Sc. IIIrd Year	Paid
5	Shraddha Verma	B.Sc. IIIrd Year	Paid
6	Shreya	B.Sc. IIIrd Year	Paid
7	Soumya Patel	B.Sc. IIIrd Year	Paid
8	Anjali	B.Sc. IIIrd Year	Paid
9	Akshita Tiwari	B.Sc. IIIrd Year	Paid
10	Reetu Yadav	B.Sc. IIIrd Year	Paid
11	Priya Patel	B.Sc. IIIrd Year	Paid
12	Shweta Nandan	B.Sc. IVth Year	Paid
13	Shashikala	B.Sc. IVth Year	Paid
14	Ekta	B.Sc. IVth Year	Paid
15	Rinki	B.Sc. IVth Year	Paid
16	Babli	B.Sc. IVth Year	Paid
17	Sanju Yadav	B.Sc. IVth Year	Paid
18	Nidhi	B.Sc. IVth Year	Paid

  
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INSTITUTE OF PARAMEDICALS  
SR. MATIYARI DEVA ROAD  
CANTONMENT, LUCKNOW-226028



**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING  
56 MATIYARI, DEVA ROAD CHINHAT LUCKNOW -226028  
REPORT ON WORKSHOP**

**EVENT NAME:** PRE-WORKSHOP  
**THEME:** SUSTAINABLE MENSTRUATION: DRILL & BEYOND ACADEMIA  
**ORGANISER:** BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL COLLEGE OF NURSING  
**DATE:** 11/08/2023  
**DURATION:** 1DAY  
**VENUE:** COLLEGE AUDITORIUM  
**SPEAKER:** DR. PRANITA SHARMA  
**PARTICIPANTS:** PRINCIPALS, FACULTIES & STUDENTS OF VARIOUS COLLEGES  
**PATRON:** DIRECTOR MR. R.K VAJPAYEE  
**CHAIRPERSON:** PRINCIPAL DR. PROF. ARCHANA CHOUHAN  
**ORGANISING SECRETARY:** MRS. MANITA ACHARYA, MR. HEMENDRA PAL SINGH,  
MRS. MANILA BIBIN


### **EVENTS BRIEF & HIGHLIGHTS:**

Baba College of Nursing organized One day pre-workshop on "SUSTAINABLE MENSTRUATION: DRILL & BEYOND ACADEMIA" on 11<sup>th</sup> August 2023. Around 800 delegates/participants had registered for the workshop.

On the day of workshop, the registration started at 8:00AM -10:00AM, the programme began at 10:00 AM, after the arrival of Chief guest, Director Sir R.K Vajpayee, Principal Ma'am Dr. Archana Chouhan and the dignitaries. We started our programme with welcoming all our dignitaries with a bouquet- chief guest, speakers, Director Sir, Principal ma'am a short welcome to the dignitaries.

The workshop was inaugurated by lighting a lamp in front of Goddess Saraswati. Workshop was started with the speech of Chairperson, Dr. Archana Chouhan Ma'am and she also introduced our Speaker with a Memento.

In between we declared a pretest by a link & around 11AM our session was started which was taken by Dr. Pranita Sharma Ma'am on brief introduction of Menstruation. She also elaborated about anatomy of female reproductive system, exercise & yoga to relieve menstrual discomfort.

  
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Lunch break was scheduled from 1:00PM – 2:00PM.

The Workshop was continued post lunch with session on importance of pelvic floor exercise, muscle strengthening in female along with demonstration of pelvic floor exercises.

All the topics were interesting and was explained very well with the help of videos, photographs, demonstrations and various activities during the session which were very knowledgeable. All participants were listening to the Speaker very curiously and attentively.

The workshop was concluded with **Mr. Hemendra Pal Singh Sir**, Professor of Baba College of Nursing by delivering a vote of thanks.

  
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**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING**

**56, MATIYARI, DEVA ROAD, CHINHAT LUCKNOW-226028  
REPORT ON INTERNATIONAL CONFERENCE**



**COLLEGE OF NURSING  
BABA EDUCATIONAL SOCIETY  
CHINHAT, LUCKNOW  
INTERNATIONAL CONFERENCE  
ON**

*"Let's embark treating labour and childbirth as natural event.....heading towards diverse modalities of painless delivery and water birth followed by colostrum harvesting."*



**DATE : 12<sup>th</sup> & 13<sup>th</sup> August 2023**




**Pre-Workshop on  
"SUSTAINABLE MENSTRUATION DRILL AND BEYOND ACADEMIA"  
Dated : 11th August, 2023**

**VENUE**

**AUDITORIUM, BABA COLLEGE OF NURSING, 56, DEVA ROAD, MATIYARI,  
CHINHAT, LUCKNOW-226028**

**PREPARED BY: MRS. MANILA BIBIN**

  
**Dr. ARCHANA CHOUHAN**  
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CHINHAT, LUCKNOW-226028



**BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING**

56, Matiyari, Deva Road, Chinhat, Lucknow-226028

**Report on International Conference**

- Event name:** International Conference
- Theme:** Let's embark treating labour and childbirth as natural event.....heading towards diverse modalities of painless delivery and water birth followed by colostrum harvesting.
- Organizer:** Baba Educational Society Institute of Paramedicals College of Nursing
- Date:** 12/08/2023-13/08/2023
- Duration:** 2 day
- Credit Hours:** 4 Credit Points by UPSMF, 3 Credit Points by TNAI
- Venue:** College Auditorium
- Speakers:** International & National
- Participants:** Principals, Faculties and Students of Various Colleges
- Patron:** Director Mr.R.K Vajpayee
- Chairperson:** Principal Dr.Prof. Archana Chouhan
- Organizing Secretary:** Mrs. Manita Acharya, Mr. Hemendra Pal Singh,  
Mrs. Manila Bibin
- Chief Guest:** Mr. ALOK KUMAR (I.A.S.) Sir Principal Secretary  
Medical Education, Uttar Pradesh
- Guest Of Honour:**
- Dr. Alok Kumar Secretary/ Registrar U.P. State Medical Faculty
  - Dr. Ashok Kumar Bishnoi Professor & Dean, Nursing Faculty ABVMU
  - Prof. Manju Chhugani Dean School of Nursing Sciences and Allied Health, Jamia Hamdard, New Delhi
  - Prof. (Dr.) USHA UKANDE (Director) Edu. Serumx Nursing College Indore, Madhya Pradesh

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### **Speakers of First Day Conference:**

- Prof. (Dr.) Manju Chhugani, Dean School of Nursing Sciences and Allied Health, Jamia Hamdard, New Delhi.
- Prof. (Dr.) Usha Ukande, (Director) Edu. Serumx Nursing College Indore, Madhya Pradesh.
- Dr. Adela, Manger and leader Darzi fellow.
- MS. Karen Drayton , International Midwifery Educator, Walsall(UK)
- MS. Renata Grebliuniene, International Midwifery Educator, Lithuania (uk).

### **Speakers of Second Day Conference:**

- Dr. Neeta Rajesh Bhide Prof Cum HOD From SGT University Gurugram.
- Ms. Renuka Jibi National Midwifery Educator, National Midwifery Training Institute, Meerut
- Mrs. Nima Bhaskar Maam, Vice Principal, College of Nursing Ayodhya.
- Ms. Renata Maam, International Midwifery educator, Lithuania, UK
- Ms. Rukshana Khatoon Maam. .. Mentor, SidharthNagar

### **Evaluator,**

- Dr. D. E Bhaskara raj Sir, Principal, College of Nursing, Ambedkarnagar.

  
DR. ANUPAMA CHOUHAN  
PRINCIPAL  
BABA COLLEGE OF NURSING  
INSTITUTE OF PARAMEDICALS  
98, MATYARI SEVA ROAD  
CHINPAT, LUCKNOW-226022



### Event Brief & Highlights:

Baba College of Nursing Organised 1st International Conference on " **Let's embark treating labour and childbirth as natural event.....heading towards diverse modalities of painless delivery and water birth followed by colostrum harvesting**" for two days on 12<sup>th</sup> and 13<sup>th</sup> of August 2023, with a pre-workshop on "Sustainable Menstruation: Drill and beyond Academia" on 11<sup>th</sup> August 2023, Under Mission Niramaya. Around 800 delegates were participants in pre-workshop and 300 participants were registered for conference.

On the First day, the registration started at 8:00 AM with the distribution of kit (bag with letter pad, pen, ID card), then given a tea break and started the programme at 9:30 AM, after the arrival of all dignitaries. Chief Guest, Guest of Honour, Director Sir R.K Vajpayee, Principal Ma'am Dr. Archana Chouhan.

We Started the programme with welcoming all the dignitaries with a bouquet – Guest of Honour, all speakers, Director Sir, & Principal Ma'am. Given a short welcome to the dignitaries, and requested to take their respective seat on the Dais.

Conference was got inaugurated by lighting a lamp in front of goddess saraswati. Conference started with the Chairperson Speech ; by Dr. Archana Chouhan Ma'am and she introduce all our respected Chief Guest & Guest of Honour. We honoured all our Chief Guest & Guest of Honour with momento & all dignitaries spoke about conference. after that a small break was given.

In between we declared a Pre-Test by a link and around 11 AM we started our

1<sup>st</sup> session which was taken by Prof. Dr. Manju Chugani Ma'am on "Concept of Natural birthing".

2<sup>nd</sup> session was taken by Prof. Dr. Usha Ukande ma'am on "Preparing the women for natural birth and protecting their rights".

All the session was of 45 minutes.

In between we given lunch break from 1:30pm to 2:30pm.

Again we started with our next session at 2:30 pm.

3<sup>rd</sup> session was taken by Dr. Adela on "Introduction to Hydrobirthing and procedure & setup of Hydro- birthing.

4<sup>th</sup> session was taken by Ms. Karen Dryaton on the topic "Antenatal Exercise towards natural birth"

5<sup>th</sup> session was taken by Ms. Renata Grebliunine, on the topic "Natural childbirth, the continuum of labour and positioning in this context".

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All the topics were so interesting and explained very well with the help of videos, photographs, demonstration and so many activities during the session, they were full of knowledge. All participants were listening the speakers very curiously.

At the end of session we organized a cultural event by our students, all the speakers and participants enjoyed the moments.

## **2<sup>nd</sup> day International Conference:**

The programme started after the morning breakfast at 10am, with welcoming of all dignitaries – **Speakers, Evaluator, Director Sir and Principal Ma'am.**

The programme got inaugurated by all dignitaries, by lighting the lamp.

The 6<sup>th</sup> session was continued by our National speaker Ms. Renuka Jibi on the topic "Respected maternity care guidelines".

7<sup>th</sup> session taken by Dr. Neeta Rajesh Bhide Mam, on the topic – "Colostrum feeding and harvesting".

8<sup>th</sup> session was our interesting panel discussion- By our both national and international speakers on the topic-"Painless Modalities for Normal delivery". By the eminent speakers

- Ms. Renuka jibi national midwifery educator, National midwifery training institute,meerut – on the topic
  - i. Hot and cold Fermentation
  - ii. Hydro Therapy and Shower
  - iii. Breathing Techniques
- Mrs. Nima Bhaskar Maam, Vice Principal, College of Nursing Ayodhya.
  - i. Visualization and Visual Focus
  - ii. Birth Affirmation
- Ms. Renata Maam, International Midwifery educator, Lithuania, UK
  - i. Ambience and Aroma Therapy
  - ii. Self –Birthing
- Ms. Rukshana Khatoon Maam. .. Mentor, SidharthNagar
  - i. Food and Fluid
  - ii. Massage
  - iii. Accupressure

The Moderator for the Panel Discussion was –

- Dr.Neeta rajesh Bhide prof cum HOD from SGT university gurugram

  
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Last & 9<sup>th</sup> session was taken by Dr. Suraj kumar professor, center of physiotherapy and rehabilitation sciences..jamiamillia university, Newdelhi on the topic "kinesiotaping in dysmenorrhoea".

After the completion of all session, we started paper presentation under the scientific paper Evaluator.

- Dr. D. E Bhaskara raj Sir, Principal, College of Nursing, Ambedkar Nagar
- Mr. Nitin Soni Professor, Baba College of Nursing
- Mr. Gagan Raj , Asso. Prof . Baba College of Nursing.
- Mrs. Anjali Chaturvedi , Asst. Prof., Baba College of Nursing.

After it we came to the valedictory session were Director Sir and Principal Ma'am distributed Mementoes and certificates to all

- Speakers
- Evaluators
- Research Presenters
- Mentee institutes for maximum participants
- all colleges those given maximum participants
- and to all committee members of conference.

After valedictory session, we came to the end of our International conference with delivering a vote of thanks by Mrs. Anjali Chaturvedi Asst. Professor, Baba College of Nursing.

  
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**BABA EDUCATIONAL SOCIETY  
INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING  
56, MATIYARI DEVA ROAD, CHINHAT, LUCKNOW -226028  
REPORT ON 15<sup>th</sup> AUGUST (INDEPENDENCE DAY)**

Event name:- 15<sup>th</sup> August, Independence Day

Organizer:- Baba Educational society Institute of Paramedical College of Nursing

Date:- 15/08/2023

Duration:- 2 hour

Time:- 7:30am

Venue:- College campus

Target participation:- Students & Faculties

Event Brief Highlight:-

On 15<sup>th</sup> August, Independence Day was celebrated at BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL, on 15<sup>th</sup> August, 2023. The celebration was held in college campus. The program started at 8:00 am. The Flag Hoisting was initiated by Dr. Archana Chauhan Mam (Principal ma'am). Oath taking by the students as per regards Principal ma'am. Students and all faculty members involved in National anthem. On this day 'Laddu' distribution to the Students and faculty member. Given some speech by Principal mam regarding Independence Day.

  
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**BABA EDUCATIONAL SOCIETY  
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REPORT ON WORKSHOP**

Event Name : National Workshop(Virtual)  
 Theme : Enhancing Personality, Developing Behavioral  
 Etiquettes And Mastering Soft Skills Of Students  
 In Diverse Field Of Nursing  
 Organiser : Baba Educational Society Institute Of Paramedical  
 College Of Nursing  
 Date : 25-26/08/2023  
 Duration : 2 Days  
 Venue : Virtual Mode  
 SPEAKER : 1.Prof. (Dr.) Archana Chouhan  
 (Principal Baba College of Nursing)  
 2. Dr. K. M. Shukla  
 (Prof. & HOD Pediatric Department, Saifai, U.P.)  
 3. Mr. Sandeep Arya  
 (Assistant Prof RIIMS, Saifai, U.P.)  
 4. Mr. Jaipal Singh  
 (Faculty of Nursing RIIMS, Saifai, U.P.)  
 5. Dr. Dinesh (Jhpiego)  
 6. Mrs. Sudha Mishra  
 (Assistat Prof. KGMU)

Participants : Principal, Faculties & Students Of Various Colleges  
 Patron : Director Mr. R.K Vajpayee  
 Chairperson : Principal Prof. Dr. Archana Chouhan

  
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## EVENTS BRIEF & HIGHLIGHTS:

Baba College of Nursing organized virtual national workshop on **"ENHANCING PERSONALITY, DEVELOPING BEHAVIOURAL ETIQUETTES AND MASTERING SOFT SKILLS OF STUDENTS IN DIVERSE FIELD OF NURSING"** on 25<sup>TH</sup>-26<sup>TH</sup> Of August 2023. Around 2000 delegates/participants had registered for the virtual national workshop.

On the first day of workshop, the programme began at 10:00 AM, We started our programme with welcoming all our dignitaries, Our Chief guest, Director Sir **R.K Vajpayee**, guest of Honour, Principal Ma'am **Dr. Archana Chouhan**, our speakers of the day : **Prof. (Dr.) Archana Chouhan** Principal Baba College of Nursing, **Dr. K. M. Shukla** ex Prof. & HOD Pediatric Department, dean Saifai university, U.P., **Mr. Sandeep Arya**, Assistant Prof. RIIMS, Saifai, U.P.

The virtual workshop was inaugurated by digital lamp lighting with all our dignitaries and speakers . Workshop was started with the speech of Chairperson, **Dr. Archana Chouhan Mam**.

In between we declared a pretest by sharing a link in the chat box & around 11AM our session was started which was taken by **Dr. Archana Chouhan Mam**, principal of **baba nursing college, on students personality development**.

The Workshop was continued with our next session around 12 noon which was conducted by , **Dr. K. M. Shukla** ex Prof. & HOD Pediatric Department, dean Saifai university on students professional etiquettes in hospital ward.

The Workshop was continued with our next session around 1pm which was conducted by , **Mr. Sandeep Arya**, Assistant Prof. RIIMS, Saifai, U.P. on students professional etiquettes in classroom settings.

All the topics were interesting and was explained very well with the help of power point presentation, which were very knowledgeable. All participants were listening to the Speaker very curiously and attentively.

With this, the workshop was concluded for the first day.

On the second day of workshop, the programme began at 10:00 AM, We started our programme with welcoming all our dignitaries, Our Chief guest, Director Sir **R.K Vajpayee**, guest of Honour, Principal Mam **Dr. Archana Chouhan**, our speakers of the day :

**Mr. Jaipal Singh** Faculty of Nursing RIIMS, Saifai, U.P. **Dr. Dinesh Jhpiego** Mrs. **Sudha Mishra** Assistat Prof. KGMU.

The virtual workshop was inaugurated by digital lamp lighting with all our dignitaries and speakers.

At around 10.15AM, our session was started which was taken by **Mr. Jaipal Singh** Faculty of Nursing RIIMS, Saifai, U.P., on concept of soft skills.

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The Workshop was continued with our next session around 11.15 am which was conducted by . *Dr. Dinesh Jhpiego* on developing inter-personal skills.

The Workshop was continued with our next session around 12.15 pm which was conducted by . *Mrs. Sudha Mishra* Assisat Prof. KGMU, on application of soft skills at work place.

All the topics were interesting and was explained very well with the help of power point presentation, which were very knowledgeable. All participants were listening to the Speaker very curiously and attentively.

After the end of the session, we declared post-test by sharing the link in the chat box.

The workshop was concluded by delivering a vote of thanks.

  
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