

**BABA EDUCATIONAL SOCIETY INSTITUTE OF  
PARAMEDICALS COLLEGE OF NURSING, LUCKNOW**

**REPORT ON : PROMOTE NATURAL BIRTHING FOR HEALTH OF MOTHER AND  
BABY. " BRING BACK MIDWIVES"**

**Event Name:** Promote Natural birthing for health of mother and baby. "Bring back Midwives"

**Organizer:** Society of Midwives India with College of Nursing, SGPGIMS

**Date:** 17/03/2023-19/03/2023

**Duration:** Three Days Program

**Venue:** Shruti Auditorium & Lecture Theatre, SGPGIMS, Lucknow, U.P.

**Target Participants:** ANM, Staff Nurses, Faculties, Students with Midwifery, Pediatrics and Community Speciality.

**Total No. of Participants Attended:** 400

**Total No. of Participants Attended from Baba College of Nursing, Lucknow:**  
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**Name of Faculty:** Mrs. Durba Ganguly

Baba College of Nursing, Institute of Paramedical, Lucknow.

**Event Brief and Highlights:**

Myself, Mrs. Durba Ganguly, Assistant Professor, Baba college of Nursing, Institute of Paramedical, Lucknow, had attended a three days National Conference on Promote Natural birthing for health of mother and baby. "Bring back Midwives" conducted by UP Chapter, Society of Midwives India with College of Nursing, SGPGIMS, from 17/03/2023-19/03/2023 at Shruti Auditorium & Lecture Theatre, SGPGIMS, Lucknow, U.P.

**17<sup>th</sup> March 2023**

Conference was inaugurated by hon'ble Shri Brajesh Pathak, Deputy Chief Minister of Uttar Pradesh, Minister of Medical Education, Health and Family Welfare Department, Guest of Honour Dr. Alok Kumar, Registrar, Uttar Pradesh

  
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State Medical Faculty, Lucknow, Prof R.K. Dhiman, Director, SGPGIMS, Lucknow, Dr. Deepika Cecil Khaka, Nursing Advisor, Government of India, Dr. Radha k (Principal, College of Nursing, SGPGIMS). Mrs.Mitali Adhikari (President SOMI), DR. Geeta Parwanda (Organizing Secretary,), Mrs. Shabana Khatun (Conference Chairperson). Dr. Prakasamma (Founder SOMI). The proceeding begins with lamp lighting and sarswati vandana. All the dignitaries welcomed by Dr. Radha k. This was followed by SOMI presidential address by Mrs. Mitali Adhikari. Prof. R. K Dhiman address the gathering in his by mentioning that importance of midwives in the care of mothers and child health care in reducing the maternal mortality rates during pre -natal and post -natal periods. Chief Guest of the conference Hon'ble Shri Brajesh Pathak, Deputy Chief Minister, UP addressed the gathering by focusing on the promotion of normal birthing. Midwives play a vital role in the part of maternal care. Nurses are with 24 hours services and largest contribution in health care delivery system during the hospitalization of patient. Uttar Pradesh government has initiated "MISSION NIRAMAYA" in October 2022 to uplift and strengthen the pre-service nursing education and carries counseling for intermediate college/ schools.

After the inauguration the first plenary session was organized on the topic of **natural birth: the rights of mother and child**. Session was chaired by Dr. Deepika Cecil Khaka and panelists presented their views and opinions.

Followed by panel discussion on the topic of what are the challenges in preparing skilled midwives for natural birthing. Third session was a satellite conference on ANM under which various ANM shared their experience and issues from all over India. Concurrent session was organized on different topics related to antenatal interventional studies, practice experiences. First day last session was a journey of birthing models and Midwives practices in India and riverside narratives from midwives. The last first day conference was concluded by a "campaign concert" to promote natural birthing by nursing students from various nursing colleges of

midwife led care unit. The speakers of the sessions were included from Telangana and Maharashtra and expressed their views about midwife led care units.

In the second session, plenary discussion was organized on **“Who is a midwife in India? Identity, perception and practices”**. Conference was moderated by Dr. Smritikana Mani, Retd Nursing Director and opening speaker was Ms. Neha Lajrus Joravia, GMERS Gujarat. The panelists of sessions were from different parts of the country including Kerala, Telangana & Jharkhand and expressed their opinion regarding identity of midwives and practices of midwives.

In the third session, a **satellite conference** was organized on **“Nurse Practitioner in Midwife (NPMs)”**. Conference was chaired by Dr. Jassu Patidar, Former Registrar Gujarat Nursing Council. During the session, speakers expressed their opinion on cadre creation, role, protocol and practice guidelines for NPM. They also discussed problems on implementation of the NPM model in hospitals in India. They also discussed strategy for advocating about and implementation of the midwife models of natural birthing.

In the last session, four concurrent sessions were organized related to Midwife practices, postnatal interventions, experience of managing complications in India. During the session various speakers presented their model of practice and research presentation. Research presentations were on intervention package on infant and young child, anxiety of postnatal mothers in low birth babies, contribution factors and perceived barriers for non-compliance of breast feeding, impact of midwives led unit in tertiary hospitals, managing complications of shoulder dystocia, complications of hypertension during childbirth, establishing lactation in mothers, experience of registered midwife, preterm babies and respiratory distress, flipping breech to cephalic presentation midwifery role, practice of labor room etc. These sessions were chaired by Ms. Rupashree, IGIMS, Bihar, Brig. R. Jayanthi Command hospital, Lucknow, Mr. Navin J. H.

At the End of the day the delegates, guests and sponsors enjoyed Cultural Cuisine from Midwives across India.

### **19<sup>th</sup> March 2023**

On the third day of the conference on 19th March 2023, the first Plenary session was organized on **Midwives practices: a vision for the well-being of mothers**

**and babies.** Plenary session was chaired by Dr Radha K (Principal College of Nursing, SGPGIMS, Lucknow). Keynote speakers of the session were Dr Mohammad Ahsan, White Ribbon Alliance, Ms Rani Rajeshwari( Nurse Midwife), Ms.Surbhi Bhargava( Midwife Educator), Mrs, Manjula all the speakers had highlighted their opinion in different aspects.

In the second session a panel discussion was organized on **Is India ready for midwives? Learning from the past, moving forward.** Panel discussion was moderated by Dr Latha Radhamony (Retd. Deputy Director Nursing). Opening speaker Mrs. Sumita Chakraborty from West Bengal explains the past experiences of midwives. The panelist also pointed out the past experiences and how we can move in future.

In the third session **satellite conferences** were organized for nurses in midwifery units. Conference was chaired by Dr Usha Mullick Ukande, Senior Consultant Midwife and presented the roles and responsibilities of midwives. Conference was moderated by Ms. Khusboo Rani. During a satellite conference Ms Shainymol and Ms Neha Joravia explained the working conditions of midwifery units and challenges faced by mothers.

In the concurrent sessions the presenters presented the research presentation and midwifery practice presentation/ case studies on Neonatal and postnatal interventional studies which was chaired by Ms. Sarita, Shimla from Himachal Pradesh. The speakers spoke on the topics which include the effectiveness of music therapy in children in NICU, effect of heat therapy on postpartum pain and Anaemia in pregnancy. In second concurrent session was organized on Midwives research presentation which was chaired by Dr Reena( Principal, College of Nursing, Jalaun, Uttar Pradesh) .The speakers spoke on the topics which includes on practices followed by midwifery students in normal vaginal birth, women's perception on respectful maternity care, relationship between maternal hemoglobin level at term and neonatal outcome, effectiveness of birthing ball experience on labor pain and feto- maternal outcome. Next session topic was on challenges on Midwifery practices which was chaired by Dr Ruth. The speaker spoke on the topics which includes on independent private midwifery practices, strengthening of MCH services in community, challenges and difficulties as a nurse midwives and effect of decision control curbs in independent practices, *challenges in practicing* as midwife, challenges in midwifery clinical teaching, declining midwifery services in community, initiation and operationalization of Midwifery led care unit (MLCU) and satisfaction of mothers regarding natural birth and cesarean section.

During the three days conference Skill Mall was organized to improve the skill and develops the competencies among the delegates and other guests. Skill Mall included Birth position, Birthing Ball experiences, Shoulder Dystocia, Breech presentation, New-born resuscitation and Mama-U. Skill station was organized by Dr. Radha K. (Principal, College of Nursing, SGPGIMS, Lucknow) which were facilitated by the educators Dr Sujata Sawant (ANSWERS) and Ms. Sheetal Samson (Fernandez foundation). Total 241 participants practiced the skill mall and were appreciated with certificates.

The conference was full of scientific presentations with evidence-based practices for promoting normal birthing, satellite session and skill competitions to enrich the knowledge of the Auxiliary Nurse Midwife (ANM), Nurse Midwife, and various cadres of nurses in the clinical and academic area across India.

  
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**BABA EDUCATIONAL SOCIETY  
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COLLEGE OF NURSING**

**PROMOTE NATURAL BIRTHING FOR HEALTH OF MOTHER AND BABY,  
" BRING BACK MIDWIVES"**



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# Society of Midwives India

## 16<sup>th</sup> National Conference

Promote Natural Birthing, Bring Back Midwives



### Certificate of Participation

This is to certify that

Ms. Divya Ganguly

has participated in the

16<sup>th</sup> National Conference of the Society of Midwives, India (SCMI)

held from 17<sup>th</sup> to 19<sup>th</sup> March, 2023

at SGPJMS, College of Nursing, Lucknow, U.P.

*Mitali Adhikari*

**Mitali Adhikari**  
President

*Shabana Khatun*

**Shabana Khatun**  
Conference Chairperson

*Geeta Parwanda*

**Geeta Parwanda**  
Organizing Secretary

*Rohini Nagre*

**Rohini Nagre**  
General Secretary



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**BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICALS  
COLLEGE OF NURSING, LUCKNOW**

**REPORT ON : The State XXX SNAI Biennial Conference, U.P Branch**

**Student Nurses Association of India**

**Event Name:** The State XXX SNAI Biennial Conference, U.P Branch, Student Nurses Association of India

**Organizer:** U.P Branch, Student Nurses Association of India

**Date:** 04/08/2023

**Duration:** One Day Program

**Venue:** Samarpan Institute of Nursing & Paramedical Sciences, Lucknow, UP

**Target Participants:** SNAI or TNAI Members of the 17 colleges belonging from the SNAI unit and SNAI students Participants were also present.

**Total No. of Participant Attended from Baba College of Nursing, Lucknow: 29**

**Name of Faculty:** Dr. Archana Chouhan

Mr. Nitin Soni

Mr. Hemendra Pal Singh

Mrs. Manita Acharya

Mrs. Anjali Chaturvedi

Mrs. Manila Bibin

Baba college of Nursing, Institute of Paramedical, Lucknow.

**Event Brief and Highlights:**

We, Dr. Archana Chouhan, Principal, Mr. Nitin Soni; professor, Mr. Hemendra Pal Singh; Professor, Mrs. Manita Acharya; Professor, Mrs. Anjali Chaturvedi, Assistant Professor and Mrs. Manila Bibin; Assistant Professor, from Baba college of Nursing, Institute of Paramedical, Lucknow, were attended the one day The State XXX SNAI Biennial Conference program conducted by U.P Branch, Student Nurses Association of India, on 4/08/2023 at Samarpan Institute of Nursing & Paramedical Sciences, Lucknow, UP.

On that day all the 17 SNAI units (Colleges) were gathered for the State XXX SNAI Biennial Conference, U.P. Where 13 competitions are lined up for the competitors of 17 colleges.

The SNAI Competitions were conducted successfully by the Judgement of the different prestigious Judges. Our Principal Dr. Archana Chouhan was also got the grateful opportunity from the side of the SNAI, U.P. State branch to become the Judge for the personality competition.

From the side of the Baba College of Nursing The SNAI competitors list of participants were according to the followings:



**Name of Competition: Quiz Competition (Code No 05)**

Sl. No.	Name of the Students	Batch/Year	Name of SNAI Unit
1.	Ms. Ankita	B.Sc. 3 <sup>rd</sup> Year	College of nursing, Baba Educational Society, Lucknow
2.	Ms. Jyoti	B.Sc. 3 <sup>rd</sup> Year	College of nursing, Baba Educational Society, Lucknow
3.	Ms. Manisha	B.Sc. 4 <sup>th</sup> Year	College of nursing, Baba Educational Society, Lucknow

**Name of Competition: Essay Competition Hindi (Code No 06)**

1.	MS. PRIYA DUBEY	B.Sc. 3 <sup>RD</sup> Semester	College of nursing, Baba Educational Society, Lucknow
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**Name of Competition: Essay Competition English (Code No 06)**

1.	Ms. Puja Chaudhary	B.Sc. 4 <sup>th</sup> Year	College of nursing, Baba Educational Society, Lucknow
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**Name of Competition: Extempore Speech Hindi (Code No 07)**

1.	Ms. Divyanshi Dubey	B.Sc. 2 <sup>ND</sup> SEMESTER	College of nursing, Baba Educational Society, Lucknow
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**Name of Competition: Extempore Speech English (Code No 07)**

1.	Ms. Shivanshi Gupta	B.SC. 3 <sup>RD</sup> YEAR	College of nursing, Baba Educational Society, Lucknow
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**Name of Competition: Sports (Code No 08)****Sport 01: 100 Meter Race (Female)**

1.	Ms. Shivani Rawat	B.SC. 3 <sup>RD</sup> YEAR	College of nursing, Baba Educational Society, Lucknow
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**Sport 02: 400 Meters Relay Race (Female)**

1.	Ms. Jaya, Ms. Sanghpriya Ms. Shilpa & Ms. Shweta	ANM 1 <sup>ST</sup> YEAR B.SC. 4 <sup>TH</sup> YEAR	College of nursing, Baba Educational Society, Lucknow
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**Sport 03: Badminton (Female)**

1	Ms. Mansi Verma	GNM 2 <sup>ND</sup> YEAR	College of nursing, Baba Educational Society, Lucknow
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**Sport 04: Discus Throw (Female)**

1.	Ms. Ankita	B.Sc. 3 <sup>RD</sup> YEAR	College of nursing, Baba Educational Society, Lucknow
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**Sport 05: Javelin Throw (Female)**

1.	Ms. Shivani rawat	B.Sc. 3 <sup>rd</sup> YEAR	College of nursing, Baba Educational Society, Lucknow
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**Name of the Competition: On-The-Spot Painting (Code no. 09)**

1.	Rekha Chouhan	B.Sc. 4 <sup>th</sup> YEAR	COLLEGE OF NURSING, BABA EDUCATIONAL SOCIETY
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**Name of the Competition: Pencil Sketch (Code no. 010)**

1.	Ms. Purnima	B.Sc. 2 <sup>nd</sup> Semester	College of nursing, Baba Educational Society, Lucknow
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**Name of the Competition: Decoration (Rangoli) (Code no. 011)**

1.	Ms. Kalpana	B.S.C. 3 <sup>RD</sup> Year	College of nursing, Baba Educational Society, Lucknow
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**Name of the Competition: Mono Acting (Code no. 012)**

1.	Ms. Shivanshi Gupta	B.Sc. 3 <sup>rd</sup> Year	College of nursing, Baba Educational Society, Lucknow
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**Name of Competition: Poster Competition (Code No 04)**

Sl. No.	Category Code	Name of the Students	Batch/Year
1.	05/009	Ms. Pragya	B.SC. 4 <sup>TH</sup> YEAR

So accordingly, above mentioned list 29 participants were participated in The State XXX SNAI Biennial Conference, U.P Branch, Student Nurses Association of India, In which .03. Student participants got selected as a winner for their respective competitions.

List of SNAI Competition winners from Baba College of Nursing Given Below:

S. No.	Name of the Participant	Batch	Competition	Position
1	Ms. Pooja Chaudhary	B.Sc. 4th YEAR	SNAI Personality Contest	First position
2	Ms. REKHA CHOUHAN	B.Sc. 4 <sup>th</sup> YEAR	On The Spot Painting	Second position
3	Ms. Shivani rawat	B.Sc. 3 <sup>rd</sup> YEAR	Javelin Throw	Second position

  
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Dr. ARCHANA CHOUHAN  
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Baba Educational Society  
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College Of Nursing  
Photos of The State XXX SNAI Biennial Conference, U.P Branch  
Student Nurses Association of India



  
Dr. ARCHANA CHOUHAN  
PRINCIPAL  
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## FDP EVENT REPORT

### Soft Skill Training

**Event name:** FDP on Soft Skill Training

**Organizer:** Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow

**Location:** Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow

**Date:** 12/11/2022

**Time:** 02-04 PM

**Venue:** Auditorium

**Target participants:** Teaching Staff

**No. of attendees:** 42

**Speaker:** Mrs. Jayna Kumari Rupjee, Professor

#### Event Brief & Highlights:

A Programme on Soft Skill Training was held on 12/11/2022 at Baba Educational Society, Institute of Paramedical, College of Nursing, and Lucknow. Soft Skill are a combination of abilities related to people and social situations rather than a person's technical abilities. Some common examples of soft skill are relationship – building, teamwork, communication, problem – solving, and leadership. The following Points focused in Soft Skill Training:

- Introduction
- Definition
- Importance of soft skill training
- Important of soft skill?
  - Communication Skill
  - Body Language
  - Making Decisions
  - Leadership Skill
  - Team – Working Skill
  - Creativity and Problem-Solving Skill
  - Time Management

After feedback, the Programme was dispersed at 4pm.,

  
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**FDP FOR SOFT SKILL TRAINING**

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LUCKNOW-226028**

## FDP EVENT REPORT

### Quality of Teaching

**Event name:** FDP on Quality of Teaching

**Organizer:** Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow

**Location:** Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow

**Date:** 03/12/2022

**Time:** 02-04 PM

**Venue:** Auditorium

**Target participants:** Teaching Staff

**No. of attendees:** 40

**Speaker:** Mr. Gagan Raj, Associate Professor

#### Event Brief & Highlights:

A Programme on Quality of Teaching was held on 03/12/2022 at Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow. Qualities of good teacher include Skill in communication, listening, collaboration, adaptability, empathy and patience. Other characteristics of effective teaching include an engaging classroom presence, value in real - world learning, exchange of best practices and a lifelong love of learning. The following Points focused in the Quality of Teaching;

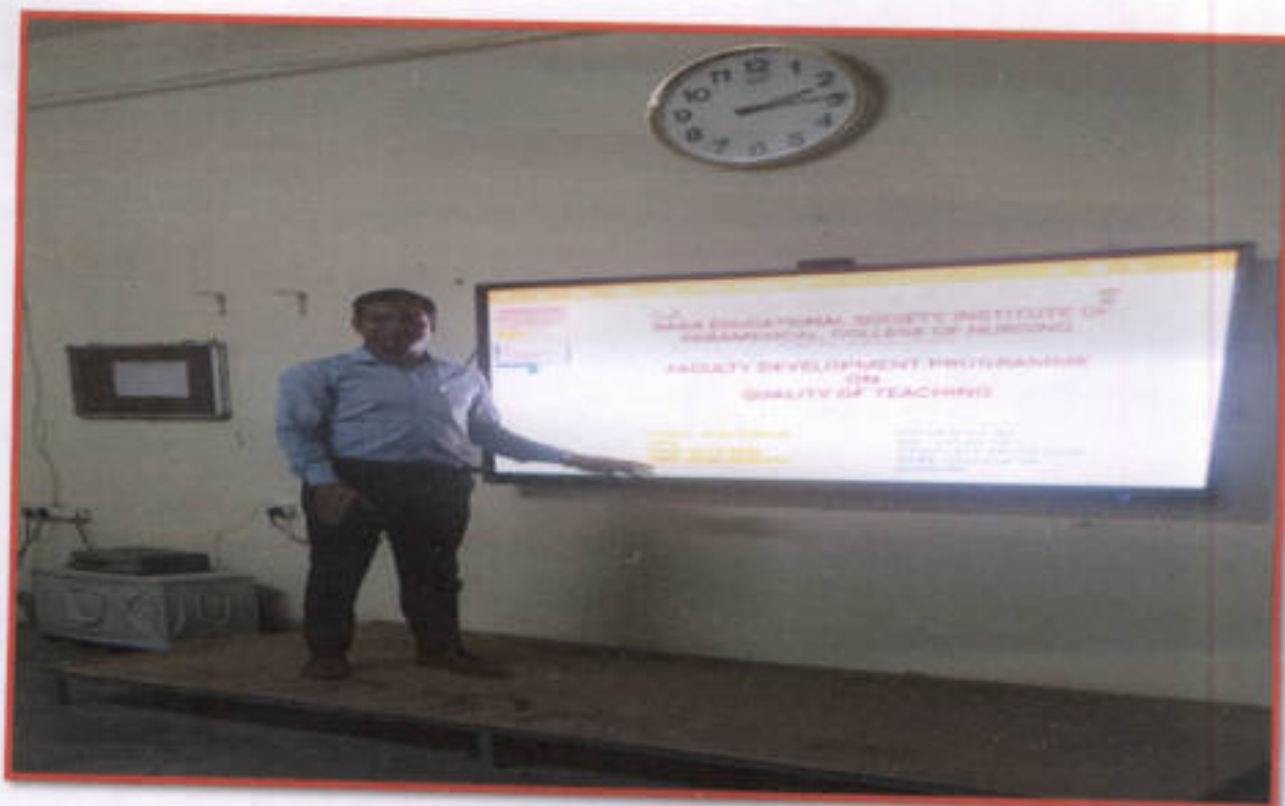
- Introduction
- Definition
- Characteristics of Quality
- Processes
- Elements
  - Physical element
  - Psychosocial element
- Quality of Education
- Conclusion

After feedback, the Programme was dispersed at 4p.m.

  
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**FDP FOR QUALITY OF TEACHING**

  
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## FDP EVENT REPORT

### Black Fungus Association with Covid-19

**Event name:** FDP on Black Fungus Association with Covid-19

**Organizer:** Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow

**Location:** Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow

**Date:** 07/01/2023

**Time:** 2pm - 4pm

**Venue:** Auditorium

**Target participants:** Teaching Staff

**No. of attendees:** 35

**Speaker:** Mr. Satish Kumar Saini, Asst. Professor

#### Event Brief & Highlights:

A Programme on Black Fungus Association with Covid-19 was held on 07/01/2023 at Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow. A program was organized by Faculties of Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow. There are also report of development of mysterious fungal infection Known as Mucormycosis or Black fungus in Covid-19 patients. Covid-19 patients in Indian also suffer with this epidemic disease with a reported case of 8848 till May 22, 2021. The following points focused in the Programme were;

- Introduction
- Definition
- How the Covid -19 Spreads
- Causes
- Clinical manifestation
- Source of fungal infection
- Standard Methods to Diagnose Mucormycosis and Treatment
- Prevention
- Conclusion

After feedback, the Programme was dispersed at 4 p.m..

  
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## FDP EVENT REPORT

### Improving Cardiac Resuscitation

**Event name:** FDP on Improving Cardiac Resuscitation

**Organizer:** Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow

**Location:** Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow

**Date:** 04//02/2023

**Time:** 2pm - 4pm

**Venue:** Auditorium

**Target participants:** Teaching Staff & Students

**No. of attendees:** 40


**Speaker:** Mrs. Anjali Chaturvedi, Asst. Professor

#### Event Brief & Highlights:

A Programme on Improving Cardiac Resuscitation was held on 04/02/2023 at Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow. A program was organized by Faculties of Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow. There are 5 critical components of high- quality CPR: minimize interruptions in chest compression of adequate rate and depth, avoid leaning between compression, and avoid excessive ventilation. The following points focused in the Programme were;

- Introduction
- Definition
- System of Care
- Management
- 5 Top Messages
  1. Check
  2. Treat
  3. Priorities
  4. Modify
  5. Consider

After feedback, the Programme was dispersed at 4 p.m.

  
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## FDP EVENT REPORT

### National Oral Medicine and Radiology

**Event name:** FDP on National Oral Medicine and Radiology

**Organizer:** Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow

**Location:** Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow

**Date:** 06/05/2023

**Time:** 02-04 PM

**Venue:** Auditorium

**Target participants:** Teaching Staff

**No. of attendees:** 36

**Speaker:** Ms. Navita Kawadkar, Associate Professor

#### **Event Brief & Highlights:**

A Programme on National Oral Medicine and Radiology was held on 06/05/2023 at Baba Educational Society, Institute of Paramedical, College of Nursing, Lucknow. Oral Medicine Diagnosis and Radiology is the specialty that focuses of the Head and Neck. It is a unique field of dentistry that combines both Oral Medicine and Craniofacial Radiology. Theme of World Oral Health Day 2023 'Be Proud of Your Mouth' The following Points focused in the National Oral Medicine and Radiology;

- Introduction
- Importance
- Aim
- Use of radiology medicine
- Advantages
- Disadvantages

After feedback, the Programme was dispersed at 4p.m.

  
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**BABA EDUCATIONAL SOCIETY  
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56 MATIYARI, DEVA ROAD CHINHAT LUCKNOW -226028  
REPORT ON WORKSHOP**

**EVENT NAME:** PRE-WORKSHOP  
**THEME:** SUSTAINABLE MENSTRUATION: DRILL & BEYOND ACADEMIA  
**ORGANISER:** BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL COLLEGE OF NURSING  
**DATE:** 11/08/2023  
**DURATION:** 1 DAY  
**VENUE:** COLLEGE AUDITORIUM  
**SPEAKER:** DR. PRANITA SHARMA  
**PARTICIPANTS:** PRINCIPALS, FACULTIES & STUDENTS OF VARIOUS COLLEGES  
**PATRON:** DIRECTOR MR. R.K VAJPAYEE  
**CHAIRPERSON:** PRINCIPAL DR. PROF. ARCHANA CHOUHAN  
**ORGANISING SECRETARY:** MRS. MANITA ACHARYA, MR. HEMENDRA PAL SINGH,  
MRS. MANILA BIBIN

### **EVENTS BRIEF & HIGHLIGHTS:**

Baba College of Nursing organized One day pre-workshop on "SUSTAINABLE MENSTRUATION: DRILL & BEYOND ACADEMIA" on 11<sup>th</sup> August 2023. Around 800 delegates/participants had registered for the workshop.

On the day of workshop, the registration started at 8:00AM -10:00AM, the programme began at 10:00 AM, after the arrival of Chief guest, Director Sir R.K Vajpayee, Principal Ma'am Dr. Archana Chouhan and the dignitaries. We started our programme with welcoming all our dignitaries with a bouquet- chief guest, speakers, Director Sir, Principal ma'am a short welcome to the dignitaries.

The workshop was inaugurated by lighting a lamp in front of Goddess Saraswati. Workshop was started with the speech of Chairperson, Dr. Archana Chouhan Ma'am and she also introduced our Speaker with a Memento.

In between we declared a pretest by a link & around 11AM our session was started which was taken by Dr. Pranita Sharma Ma'am on brief introduction of Menstruation. She also elaborated about anatomy of female reproductive system, exercise & yoga to relieve menstrual discomfort.

Lunch break was scheduled from 1:00PM – 2:00PM.

The Workshop was continued post lunch with session on importance of pelvic floor exercise, muscle strengthening in female along with demonstration of pelvic floor exercises.

All the topics were interesting and was explained very well with the help of videos, photographs, demonstrations and various activities during the session which were very knowledgeable. All participants were listening to the Speaker very curiously and attentively.

The workshop was concluded with **Mr. Hemendra Pal Singh Sir**, Professor of Baba College of Nursing by delivering a vote of thanks.

  
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REPORT ON WORKSHOP**





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REPORT ON INTERNATIONAL CONFERENCE**



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**INTERNATIONAL CONFERENCE**

**ON**

*"Let's embark treating labour and childbirth as natural event.....heading towards diverse modalities of painless delivery and water birth followed by colostrum harvesting."*



**DATE : 12<sup>th</sup> & 13<sup>th</sup> August 2023**



Pre-Workshop on  
**"SUSTAINABLE MENSTRUATION : DRILL AND BEYOND ACADEMIA"**  
Dated : 11th August, 2023

**VENUE**

AUDITORIUM, BABA COLLEGE OF NURSING 56, DEVA ROAD, MATIYARI,  
CHINHAT, LUCKNOW-226028

**PREPARED BY: MRS. MANILA BIBIN**

**BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL  
COLLEGE OF NURSING**

56, Matiyari, Deva Road, Chinhat, Lucknow-226028

**Report on International Conference**

<b>Event name:</b>	International Conference
<b>Theme:</b>	Let's embark treating labour and childbirth as natural event.....heading towards diverse modalities of painless delivery and water birth followed by colostrum harvesting.
<b>Organizer:</b>	Baba Educational Society Institute of Paramedicals College of Nursing
<b>Date:</b>	12/08/2023-13/08/2023
<b>Duration:</b>	2 day
<b>Credit Hours:</b>	4 Credit Points by UPSMF, 3 Credit Points by TNAI
<b>Venue:</b>	College Auditorium
<b>Speakers:</b>	International & National
<b>Participants:</b>	Principals, Faculties and Students of Various Colleges
<b>Patron:</b>	<b>Director Mr.R.K Vajpayee</b>
<b>Chairperson:</b>	<b>Principal Dr.Prof. Archana Chouhan</b>
<b>Organizing Secretary:</b>	<b>Mrs. Manita Acharya, Mr. Hemendra Pal Singh, Mrs. Manila Bibin</b>
<b>Chief Guest:</b>	<b>Mr. ALOK KUMAR (I.A.S.) Sir Principal Secretary Medical Education, Uttar Pradesh</b>
<b>Guest Of Honour:</b>	<ul style="list-style-type: none"><li>• Dr. Alok Kumar Secretary/ Registrar U.P. State Medical Faculty</li><li>• Dr. Ashok Kumar Bishnoi Professor &amp; Dean, Nursing Faculty ABVMU</li><li>• Prof. Manju Chhugani Dean School of Nursing Sciences and Allied Health, Jamia Hamdard, New Delhi</li><li>• Prof. (Dr.) USHA UKANDE (Director) Edu. Serumx Nursing College Indore, Madhya Pradesh</li></ul>

### Speakers of First Day Conferance:

- Prof. (Dr.) Manju Chhugani, Dean School of Nursing Sciences and Allied Health, Jamia Hamdard, New Delhi.
- Prof. (Dr.) Usha Ukande, (Director) Edu. Serumx Nursing College Indore, Madhya Pradesh.
- Dr. Adela, Manger and leader Darzi fellow.
- MS. Karen Drayton , International Midwifery Educator, Walsall(UK)
- MS. Renata Grebliuniene, International Midwifery Educator, Lithuania (uk).

### Speakers of Second Day Conference:

- Dr. Neeta Rajesh Bhide Prof Cum HOD From SGT University Gurugram.
- Ms. Renuka Jibi National Midwifery Educator, National Midwifery Training Institute, Meerut
- Mrs. Nima Bhaskar Maam, Vice Principal, College of Nursing Ayodhya.
- Ms. Renata Maam, International Midwifery educator, Lithuania, UK
- Ms. Rukshana Khatoon Maam. .. Mentor, SidharthNagar

### Evaluator,

- Dr. D. E Bhaskara raj Sir, Principal, College of Nursing, Ambedkarnagar.

  
Dr. ANSHU CHOUHAN  
PRINCIPAL  
BABA COLLEGE OF NURSING  
INSTITUTE OF PARAMEDICALS  
56, MATYARI DEVA ROAD  
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### Event Brief & Highlights:

Baba College of Nursing Organised 1st International Conference on " **Let's embark treating labour and childbirth as natural event.....heading towards diverse modalities of painless delivery and water birth followed by colostrum harvesting**" for two days on 12<sup>th</sup> and 13<sup>th</sup> of August 2023, with a pre-workshop on "Sustainable Menstruation: Drill and beyond Academia" on 11<sup>th</sup> August 2023, Under Mission Niramaya. Around 800 delegates were participants in pre-workshop and 300 participants were registered for conference.

On the First day, the registration started at 8:00 AM with the distribution of kit (bag with letter pad, pen, ID card), then given a tea break and started the programme at 9:30 AM, after the arrival of all dignitaries. Chief Guest, Guest of Honour, Director Sir R.K Vajpayee, Principal Ma'am Dr. Archana Chouhan.

We Started the programme with welcoming all the dignitaries with a bouquet – Guest of Honour, all speakers, Director Sir, & Principal Ma'am. Given a short welcome to the dignitaries, and requested to take their respective seat on the Dais.

Conference was got inaugurated by lighting a lamp in front of goddess saraswati. Conference started with the Chairperson Speech ; by Dr. Archana Chouhan Ma'am and she introduce all our respected Chief Guest & Guest of Honour. We honoured all our Chief Guest & Guest of Honour with momento & all dignitaries spoke about conference. after that a small break was given.

In between we declared a Pre-Test by a link and around 11 AM we started our

1<sup>st</sup> session which was taken by Prof. Dr. Manju Chugani Ma'am on "Concept of Natural birthing".

2<sup>nd</sup> session was taken by Prof. Dr. Usha Ukande ma'am on "Preparing the women for natural birth and protecting their rights".

All the session was of 45 minutes.

In between we given lunch break from 1:30pm to 2:30pm.

Again we started with our next session at 2:30 pm.

3<sup>rd</sup> session was taken by Dr. Adela on "Introduction to Hydrobirthing and procedure & setup of Hydro- birthing.

4<sup>th</sup> session was taken by Ms. Karen Dryaton on the topic "Antenatal Exercise towards natural birth"

5<sup>th</sup> session was taken by Ms. Renata Grebliunine, on the topic "Natural childbirth, the continuum of labour and positioning in this context".

All the topics were so interesting and explained very well with the help of videos, photographs, demonstration and so many activities during the session, they were full of knowledge. All participants were listening the speakers very curiously.

At the end of session we organized a cultural event by our students, all the speakers and participants enjoyed the moments.

## 2<sup>nd</sup> day International Conference:

The programme started after the morning breakfast at 10am, with welcoming of all dignitaries – **Speakers, Evaluator, Director Sir and Principal Ma'am.**

The programme got inaugurated by all dignitaries, by lighting the lamp.

The 6<sup>th</sup> session was continued by our National speaker Ms. Renuka Jibi on the topic "Respected maternity care guidelines".

7<sup>th</sup> session taken by Dr. Neeta Rajesh Bhide Mam, on the topic – "Colostrum feeding and harvesting".

8<sup>th</sup> session was our interesting panel discussion- By our both national and international speakers on the topic-"Painless Modalities for Normal delivery". By the eminent speakers

- Ms. Renuka jibi national midwifery educator, National midwifery training institute,meerut – on the topic
  - i. Hot and cold Fermentation
  - ii. Hydro Therapy and Shower
  - iii. Breathing Techniques
- Mrs. Nima Bhaskar Maam, Vice Principal, College of Nursing Ayodhya.
  - i. Visualization and Visual Focus
  - ii. Birth Affirmation
- Ms. Renata Maam, International Midwifery educator, Lithuania, UK
  - i. Ambience and Aroma Therapy
  - ii. Self -Birthing
- Ms. Rukshana Khatoon Maam. .. Mentor, SidharthNagar
  - i. Food and Fluid
  - ii. Massage
  - iii. Accupressure

The Moderator for the Panel Discussion was –

- Dr. Neeta rajesh Bhide prof cum HOD from SGT university gurugram

Last & 9<sup>th</sup> session was taken by Dr. Suraj kumar professor, center of physiotherapy and rehabilitation sciences, Jamia Millia University, New Delhi on the topic "kinesiotaping in dysmenorrhoea".

After the completion of all session, we started paper presentation under the scientific paper Evaluator.

- Dr. D. E Bhaskara raj Sir, Principal, College of Nursing, Ambedkar Nagar
- Mr. Nitin Soni Professor, Baba College of Nursing
- Mr. Gagan Raj , Asso. Prof . Baba College of Nursing.
- Mrs. Anjali Chaturvedi , Asst. Prof., Baba College of Nursing.

After it we came to the valedictory session where Director Sir and Principal Ma'am distributed Mementoes and certificates to all

- Speakers
- Evaluators
- Research Presenters
- Mentee institutes for maximum participants
- all colleges those given maximum participants
- and to all committee members of conference.

After valedictory session, we came to the end of our International conference with delivering a vote of thanks by Mrs. Anjali Chaturvedi Asst. Professor, Baba College of Nursing.

  
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**1<sup>st</sup> Day International Conference**

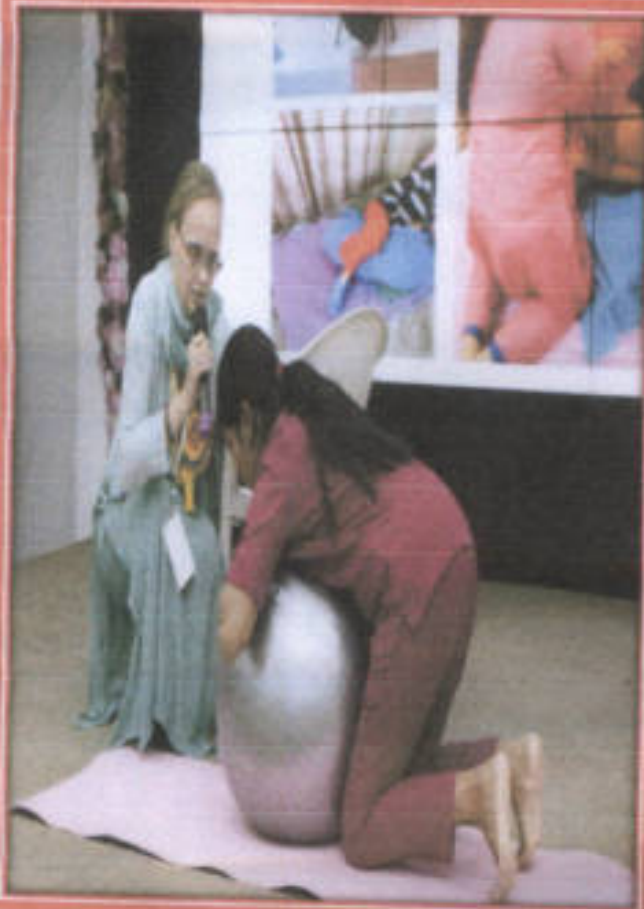
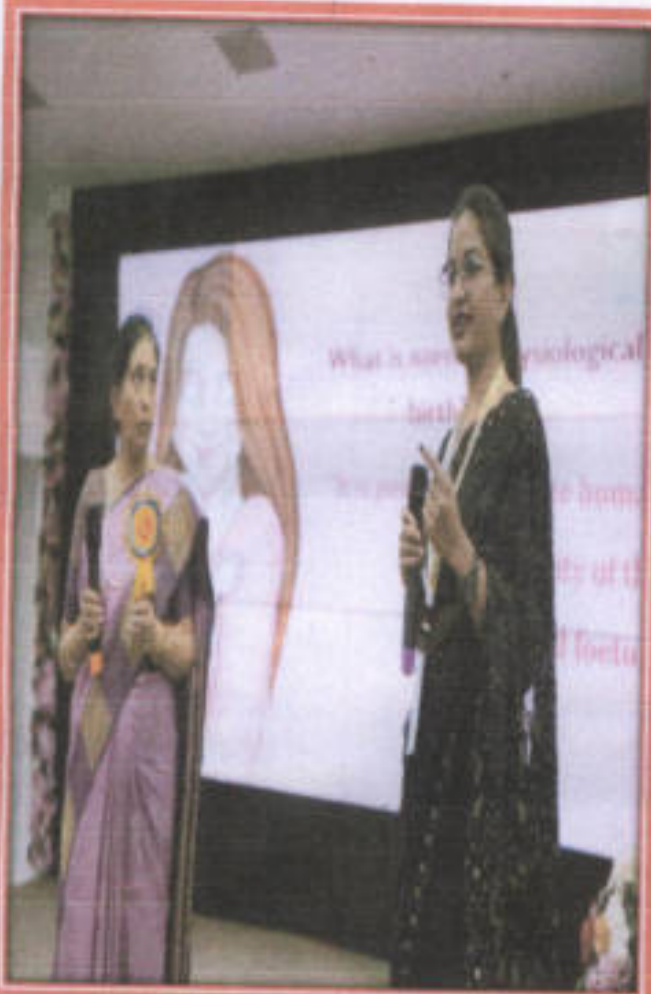


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## 2<sup>nd</sup> Day International Conference



  
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**BABA EDUCATIONAL SOCIETY  
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56 MATIYARI, DEVA ROAD CHINHAT LUCKNOW -226028  
REPORT ON WORKSHOP**

- Event Name : National Workshop(Virtual)
- Theme : Enhancing Personality, Developing Behavioral  
Etiquettes And Mastering Soft Skills Of Students  
In Diverse Field Of Nursing
- Organiser : Baba Educational Society Institute Of Paramedical  
College Of Nursing
- Date : 25-26/08/2023
- Duration : 2 Days
- Venue : Virtual Mode
- SPEAKER : 1. Prof. (Dr.) Archana Chouhan  
(Principal Baba College of Nursing)
2. Dr. K. M. Shukla  
(Prof. & HOD Pediatric Department, Saifai, U.P.)
3. Mr. Sandeep Arya  
(Assistant Prof RIIMS, Saifai, U.P.)
4. Mr. Jaipal Singh  
(Faculty of Nursing RIIMS, Saifai, U.P.)
5. Dr. Dinesh (Jhpiego)
6. Mrs. Sudha Mishra  
(Assistat Prof. KGMU)
- Participants : Principal, Faculties & Students Of Various Colleges
- Patron : Director Mr. R.K Vajpayee
- Chairperson : Principal. Prof. Dr. Archana Chouhan

## EVENTS BRIEF & HIGHLIGHTS:

Baba College of Nursing organized virtual national workshop on **"ENHANCING PERSONALITY, DEVELOPING BEHAVIOURAL ETIQUETTES AND MASTERING SOFT SKILLS OF STUDENTS IN DIVERSE FIELD OF NURSING"** on 25<sup>TH</sup>-26<sup>TH</sup> Of August 2023. Around 2000 delegates/participants had registered for the virtual national workshop.

On the first day of workshop, the programme began at 10:00 AM, We started our programme with welcoming all our dignitaries, Our Chief guest, Director Sir **R.K Vajpayee**, guest of Honour, Principal Ma'am **Dr. Archana Chouhan**, our speakers of the day : **Prof. (Dr.) Archana Chouhan** Principal Baba College of Nursing, **Dr. K. M. Shukla** ex Prof. & HOD Pediatric Department, dean Saifai university, U.P., **Mr. Sandeep Arya**, Assistant Prof. RIIMS, Saifai, U.P.

The virtual workshop was inaugurated by digital lamp lighting with all our dignitaries and speakers . Workshop was started with the speech of Chairperson, **Dr. Archana Chouhan Mam**.

In between we declared a pretest by sharing a link in the chat box & around 11AM our session was started which was taken by **Dr. Archana Chouhan Mam**, principal of **baba nursing college, on students personality development**.

The Workshop was continued with our next session around 12 noon which was conducted by , **Dr. K. M. Shukla** ex Prof. & HOD Pediatric Department, dean Saifai university on students professional etiquettes in hospital ward.

The Workshop was continued with our next session around 1pm which was conducted by , **Mr. Sandeep Arya**, Assistant Prof. RIIMS, Saifai, U.P. on students professional etiquettes in classroom settings.

All the topics were interesting and was explained very well with the help of power point presentation, which were very knowledgeable. All participants were listening to the Speaker very curiously and attentively.

With this, the workshop was concluded for the first day.

On the second day of workshop, the programme began at 10:00 AM, We started our programme with welcoming all our dignitaries, Our Chief guest, Director Sir **R.K Vajpayee**, guest of Honour, Principal Mam **Dr. Archana Chouhan**, our speakers of the day :

**Mr . Jaipal Singh** Faculty of Nursing RIIMS, Saifai, U.P. **Dr. Dinesh Jhpiego** **Mrs. Sudha Mishra** Assistat Prof. KGMU.

The virtual workshop was inaugurated by digital lamp lighting with all our dignitaries and speakers.

At around 10.15AM, our session was started which was taken by **Mr . Jaipal Singh** Faculty of Nursing RIIMS, Saifai, U.P., **on concept of soft skills**.

The Workshop was continued with our next session around 11.15 am which was conducted by , **Dr. Dinesh Jhpiego** on developing inter-personal skills.

The Workshop was continued with our next session around 12.15 pm which was conducted by , **Mrs. Sudha Mishra** Assisat Prof. KGMU, on application of soft skills at work place.

All the topics were interesting and was explained very well with the help of power point presentation,which were very knowledgeable. All participants were listening to the Speaker very curiously and attentively.

After the end of the session,we declared post-test by sharing the link in the chat box.

The workshop was concluded by delivering a vote of thanks.

  
Dr. Anshu K. Singh  
BML COLLEGE OF NURSING  
INSTITUTE OF PHARMACEUTICALS  
Dr. SATYAJI DEVAKOND  
CHINHOI, UDHWOTIA, RAIPUR



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56 MATIYARI, DEVA ROAD CHINHAT LUCKNOW -226028  
REPORT ON WORKSHOP**



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*Archana Chouhan*  
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