

# UTTAR PRADESH STATE MEDICAL FACULTY

5, Sarvapally, Mall Avenue Road, Lucknow-226001

Phone: 0522 - 2238846, 2235965, 2235964

Website: www.upsmfac.org, Email-upmedicalfaculty@upsmfac.org



Ref. No ...113730/22.....

Date ...23.11.22.....

To

The Principal / Head of the Mentor Institutes

Sub: Effective Teaching Skill -Training for Nominated Mentors

Dear Sir/ Madam,

This is to inform you that a 5 days residential training is being organized by JHPIEGO for two Nominated Mentors from each of the Mentor Institutes at Lucknow from 28/11/2022 and ending on 02/12/2022 at Hotel Golden Tulip, Charbag Road. All Mentors are requested to attend the training without fail and be on board on 27/11/2022 at training place. Accommodation and food will be provided and travel cost will be borne by the respective institutes.

Thanking You

Secretary

U.P. State Medical Faculty

Date 23.11.22

# 113730/22

Copy to State Programme Manager JHPIEGO, U.P. Lucknow for information and necessary action.

Secretary

U.P. State Medical Faculty

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Website: [www.upsmfac.org](http://www.upsmfac.org), Email: [upmedicalfaculty@upsmfac.org](mailto:upmedicalfaculty@upsmfac.org)



Ref. No. 2381/23

Date 21/03/2023

To,  
Principal,  
Mentor Institutes

Dear Sir/Madam,

Greetings!

You are aware, that one of the important interventions of Uttar Pradesh's Mission Niramaya is to improve the healthcare workforce in the state by enhancing the quality of education of nursing and paramedical institutes through mentoring. In the first phase of the mission, 12 institutes were selected as mentor institutes. They were imparted training on how to mentor other institutes who were seeking to improve their standards of nursing education of their institute.

On March 25th, 2023 we are organizing a formal event, "**Leading the Charge: Uttar Pradesh's Mission Niramaya Innovates to Transform Future Healthcare Workforce in India,**" in Lucknow. The event will mark the initiation of a Quality Improvement Process for the newly onboarded mentee institutes by the 12 mentor institutes of Uttar Pradesh.

The occasion will be graced by the presence of President INC, Dr. T. Dileep Kumar, ADG Nursing, GOI, Ms. Achala, and Advisor Nursing, GOI, Dr. Deepika Khakha, and other dignitaries. Principal Secretary Medical Education, Uttar Pradesh, Shri Alok Kumar, has consented to be the chief guest.

This event will provide an excellent opportunity to learn from experts in the field about the latest developments in the field of nursing education and gain insights into the challenges and opportunities that exist.

The pre-lunch program will see an overview of Mission Niramaya and the progress achieved thus far. This session will be attended by key medical professionals, medical institutes, health departments, and important people in the community.

The post-lunch program would entail an experience sharing, learning, and a brainstorming workshop. In this session, the mentor institutes will share their experiences, the challenges they faced, and the steps to overcome them, as also their success stories. The aim is to facilitate learning from each other's experiences and build a robust pathway to take the mandates of Mission Niramaya Forward.

We request your and one of your mentor's presence on the occasion. A detailed program schedule is attached for your reference. We encourage you to attend the entire event to take full advantage of the sessions and networking opportunities.

We look forward to seeing you there and hope that you will take this opportunity to build new relationships and enhance your knowledge. Please feel free to call Adi Hadimani on +91 96861 87414 or Dr. Neetu Devi on +91 87561 36963

  
Secretary,  
U.P. State Medical Faculty



**निरामयाः**  
Reforming Human Resource in Health



## Program Outline

**Leading the Charge: Uttar Pradesh's Mission Niramaya Innovates to Transform Future Healthcare Workforce in India**

Date: 25<sup>th</sup> March 2023 | Time: 10am onwards

Place: Lucknow | Venue: Hilton Garden Inn

### Expected Outputs

By the end of workshop, the participants will be able to:

1. Recall the mandates and progress of Mission Niramaya
2. Identify the Challenges, Opportunities in the Nursing and Paramedical fields
3. List Policy Level Measures of the Government of India impacting the Sectors
4. Gain tangible insights from the experience sharing by representatives of GOI, Jhpiego
5. Learn about the Competency Based Learning Pathways for Nurses in UP
6. Mentor and mentee institutes will be able to develop mutually acceptable Terms of Reference for a productive partnership to improve Nursing, and Paramedical Education in Uttar Pradesh

## AGENDA

Activity	Speaker	Time
Registrations And Networking		10:00 – 10:50 am
<b>Session 1</b>		
Programme Overview By State Program Manager, UP, Jhpiego	Dr. Bhawna Bakshi	10:55 – 11:00 am
Welcome Address by Secretary / Registrar U.P. State Medical Faculty / U.P. Nurses & Midwives Council	Dr. Alok Srivastav	11:00-11:05 am
An Introductory Presentation On <b>Mission Niramaya</b>	A Video(PPS) presentation	11:05- 11:10 am
Address By Special Secretary, Medical Education, GoUP <b>Nursing In UP: Current Scenario, Challenges and Opportunities</b>	Ms. Duragshakti Nagpal	11:10 – 11:20am
Address By Executive Director, UP-TSU <b>Competency Assessment and Signalling - Linkage to Jobs</b>	Dr. N. Vasantha Kumar	11:20-11:30 am
Keynote Address By President INC <b>Potential Policy Level Changes to Address Practical Challenges in the Nursing Education</b>	Dr. T. Dileep Kumar	11:30-11:45 am
Address By Principal Secretary Medical Education, Government of UP <b>Mission Niramaya, Transforming Nursing Education</b>	Shri Alok Kumar	11:45 – 12:05 pm
Formalization of Mentor Mentee Partnership	Institutes	12:05 – 12:25 pm
Experience Sharing On Their Quality Assurance	Mentor Institute 1	12:25 – 12:35 pm
Experience Sharing On Their Quality	Mentor Institute 2	12:35-12:45 pm
Vote Of Thanks by Sr. Assistant	Shri Nimit Sharma	12:45 – 12:50 pm
<b>Lunch</b>		
<b>Session 2: Samvaad #MissionNiramaya: An experience sharing workshop</b>		
Quality Improvement Process Involving Mentor Institutes In Mission Niramaya	Dr. Bhawna Bakshi, State Program Manager, UP, Jhpiego	1:45 – 1:55 pm
Address by Principal Secretary	Shri. Alok Kumar, PS, Med Education, GoUP	
Improving Quality Of Clinical Practices In Nursing	Ms. Achala, ADG, Nursing, GOI	1:55 – 2:05 pm
Addressing The Challenges In Nursing Education In India	Dr. Deepika Khakha, Nursing Advisor, GOI	2:05 – 2:15 pm
Perspectives On Nursing – Jhpiego's Experience	Dr. Shailendra Hegde, Program Director, Jhpiego	2:15 – 2:25 pm
Competency-Based Learning Pathway For Nurses In UP	Ravi Teja, HR Systems Specialist, UP-TSU	2:25 - 2:55 pm
Experience Sharing On Their Journey As Mentor Institutes	12 Mentor Institutes	2:55 – 3:55 pm
Address By President INC	Dr. T. Dileep Kumar, President INC	3:55 - 4:00 pm
Framework For Mentor Mentee Association- Open House Discussions	Facilitator- Abhishek Kapoor, Senior Advisor, Jhpiego	4:00 – 4:30 pm
Stakeholder Consultations On Mentor – Mentee Guidelines	Institutes, UPSMF, Jhpiego	4:30 – 5:00 pm
Final Remarks	Dr. Alok Srivasta Secretary / Registrar U.P. State Medical Faculty / U.P. Nurses & Midwives Council	5:00 – 5:05 pm
High Tea and Closure		

# UTTAR PRADESH NURSES & MIDWIVES COUNCIL

5, Sarvapally, Mall Avenue Road, Lucknow-226001

Phone: 0522 - 2238846, +91-9151024462

Website: [www.upnursesouncil.org](http://www.upnursesouncil.org), Email- [upnursesouncil@upsmfac.org](mailto:upnursesouncil@upsmfac.org)

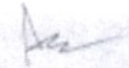


Ref. No 3355/23

Date 24.04.23

## Notice

This is to apprise the entire nursing institute that there is a webinar on "Principles of teaching in Nursing Education". Webinar will be conducted zone wise ie. Zone one on 26/4/23, zone two on 27/4/23 and zone three on 28/4/23. Timings will be from 2pm to 5pm and all the Principals and faculties are requested to join zone wise with their institute name. Details of the webinar and zone are enclosed.

  
Secretary

Uttar Pradesh State Medical Faculty



# PRINCIPLES of TEACHING in NURSING EDUCATION

Unlock the Secrets to Effective Teaching



**WEBINAR TIME:**  
**2PM TO 5 PM**

Webinar organizer:  
Uttar Pradesh State Medical Faculty

Webinar Participants:  
All principals and faculties,  
Uttar Pradesh Nursing Institutes

• Zone 1- 26/04/23 • Zone 2- 27/04/23  
• Zone 3- 28/04/23

Webinar link:  
<https://meet.google.com/ysc-nhzo-bmh>

"To improve the teaching skills of the teachers and to guide the teachers to make the teaching more effective and to get good output of the teaching."

MeUp Govt

मेडिकल एजुकेशन उत्तर प्रदेश



## WEBINAR SCHEDULE

Resource Person	Session	Time
 <p><b>Dr.N.Neetu.Devi</b> BSc, BM, Ph.D Nursing Consultant Dr. P. Laban Prasad GGS Indraprastha</p>	Introduction	2pm - 2:10pm
 <p><b>Dr. Priscilla Samson</b> BSc, BM, Ph.D Professor &amp; Principal Eva College of Nursing Kerala</p>	Classroom Teaching	2:10pm-2:50pm
 <p><b>Dr. Sheela Tiwari</b> Ph.D, MBA Principal, "Sri Chaitanya" College of Nursing, Lucknow</p>	Lab Demonstration	2:50pm-3:30pm
 <p><b>Prof. S. Balamani Bose</b> BSc, BM, MSc Principal, College of Nursing, GGS Indraprastha</p>	Clinical Demonstration	3:30pm-4:10pm
 <p><b>Prof. K. Maheswari</b> BSc, BM, MSc Professor, PGD, Community Health, Nursing Department, SCM College of Nursing and Paramedical Sciences,</p>	Community procedures demonstration at community area	4:10pm-4:50pm

MeUp Govt

मेडिकल एजुकेशन उत्तर प्रदेश

KASGANJ	1646	SCHOOL OF NURSING CHRISTIAN HOSPITAL, KASGANJ
KAUSHAMBI	1413	D.D.M. COLLEGE OF NURSING, KAUSHAMBI
KAUSHAMBI	1490	DEVESH NURSING AND PARAMEDICAL COLLEGE, KAUSHAMBI
KAUSHAMBI	1016	DHANPATI DEVI MAURYA NURSING SCHOOL, KAUSHAMBI
KAUSHAMBI	1649	MADHU VACHASPATI INSTITUTE OF NURSING, KAUSHAMBI
KUSHI NAGAR	1441	RANJINI MADAN SCHOOL OF NURSING AND PARAMEDICALS, KUSHI NAGAR
KUSHI NAGAR	1269	S.T.N.T. NURSING INSTITUTE, KUSHINAGAR
KUSHI NAGAR	1439	SACHIDANAND NURSING SCHOOL, KUSHI NAGAR
LAKHIMPUR KHERI	0109	H.W.(FEMALE) TRAINING CENTRE, LAKHIMPUR KHERI
LAKHIMPUR KHERI	1100	INDRA NURSING COLLEGE, LAKHIMPUR KHERI
LAKHIMPUR KHERI	1232	K.P. NURSING & PARAMEDICAL TRAINING COLLEGE, LAKHIMPUR KHERI
LAKHIMPUR KHERI	1695	LAKHIMPUR COLLEGE OF EDUCATION, LAKHIMPUR KHERI
LAKHIMPUR KHERI	1361	ONE BEAT COLLEGE OF MEDICAL SCIENCES, LAKHIMPUR KHEERI
LAKHIMPUR KHERI	1422	SHIFA COLLEGE OF MEDICAL SCIENCES, LAKHIMPUR KHERI
LAKHIMPUR KHERI	1431	SRIJAN INSTITUTE OF NURSING AND PARAMEDICAL SCIENCES, LAKHIMPUR KHERI
LALITPUR	1565	PAHALWAN GURUDDIN COLLEGE OF NURSING AND PARAMEDICAL SCIENCE, LALITPUR
LUCKNOW	1052	A.K.G. INSTITUTE OF NURSING, LUCKNOW
LUCKNOW	1304	AMRAPALI NURSING INSTITUTE, LUCKNOW
LUCKNOW	0647	ANKRITE INTERNATIONAL INSTITUTE OF MEDICAL SCIENCES, LUCKNOW
LUCKNOW	0815	AWADH INSTITUTE OF MEDICAL TECHNOLOGY AND HOSPITAL, LUCKNOW
LUCKNOW	1480	BABU YUGRAJ SINGH COLLEGE MEDICAL AND SCIENCES, LUCKNOW
LUCKNOW	0007	BALRAMPUR HOSPITAL, LUCKNOW
LUCKNOW	0798	BHALCHANDRA INSTITUTE OF PARAMEDICAL SCIENCES & NURSING, LUCKNOW
LUCKNOW	1074	BIRENDRA SHANKAR MATHUR SCHOOL OF NURSING, LUCKNOW
LUCKNOW	0530	BORA INSTITUTE OF ALLIED HEALTH SCIENCES (SEWA HOSPITAL & RESEARCH CENTRE), LUCKNOW
LUCKNOW	0741	CAREER COLLEGE OF NURSING, LUCKNOW
LUCKNOW	0219	CHARAK INSTITUTE OF PARA MEDICAL & HEALTH SCIENCES, LUCKNOW
LUCKNOW	1664	COLLEGE OF NURSING COMMAND HOSPITAL, LUCKNOW
LUCKNOW	1708	COLLEGE OF NURSING, BABA EDUCATIONAL SOCIETY, LUCKNOW
LUCKNOW	1573	DIVINE INSTITUTE OF NURSING AND PARAMEDICAL SCIENCES, LUCKNOW
LUCKNOW	1125	DR. ACHAL SINGH YADAV INSTITUTE OF NURSING AND PARAMEDICAL SCIENCES, LUCKNOW
LUCKNOW	0681	DR. O.P. CHOUDHARY SCHOOL OF NURSING, LUCKNOW
LUCKNOW	1110	DR. RAM MANOHAR LOHIA INSTITUTE OF MEDICAL SCIENCES, LUCKNOW
LUCKNOW	1178	ERA COLLEGE OF NURSING, LUCKNOW



**Baba College of Nursing, Lucknow**  
**Training on Teaching Learning Process**

Date :

Time : 12 pm to 4pm

Training Agenda

**DAY-1**

<b>Duration</b>	<b>Content</b>	<b>Methodology</b>	<b>Faculty/person responsible</b>
10 min	Registration		Ms. Ruchi Dwivedi
15 min	Self-assessment of the participants		Ms. Ruchi Dwivedi
10 min	Welcome/ Introduction	Participatory interaction	Dr. Archana chouhan
10 min	Overview of the training- Objectives/Expectations	Brainstorming	Dr. Archana chouhan
15 min	Overview of Mission Niramaya	Group work followed by discussion	Dr. Archana chouhan
60 min	Plan for teaching- Competencies, Objectives, teaching methodology, evaluation methods, review of teaching.	Interactive discussion followed by small group activity	Mrs. Anjali Chaturvedi
45 min	Preparing an institutional course plan	Interactive discussion	Mr. Abhishek Dhamaniya
45 min	Preparing the teaching environment	Interactive discussion	Mr. Gagan Verma
20 min	AV aids preparation	Interactive discussion	Mr. Gagan Verma
10 min	Summary		Ms. Ruchi Dwivedi

**DAY-2**

<b>Duration</b>	<b>Content</b>	<b>Methodology</b>	<b>Faculty/person responsible</b>
45 min	Preparation and delivery of interactive presentations	Interactive discussion	Mrs. Manila Bibin
45 min	Create and facilitate a roleplay	Interactive discussion	Mr. Abhishek Dhamaniya
45 min	Presentation on case study	Interactive discussion	Mr. Abhishek Dhamaniya
45 min	Presentation on brainstorming and discussion session	Interactive discussion	Mrs. Anjali Chaturvedi
30 min	Clinical demonstration	Discussion followed by small group discussion	Mrs. Manila Bibin
20 min	Preparation and use of knowledge assessments	Discussion followed by small group discussion	Mrs. Anjali Chaturvedi
10 min	summary	Interactived iscusssion	Ms. Ruchi Dwivedi

  
**PRINCIPAL**  
BABA EDUCATIONAL SOCIETY  
COLLEGE  
INSTITUTE OF  
56, MAT  
C. INDIA, DELHI-110029

Baba College of Nursing,  
Lucknow


**Clinical and Community Practice Processes Planning**

Date : 1<sup>st</sup> July 2023 Time  
: 12 pm to 3pm

**Training Agenda**

Duration	Content	Methodology	Faculty/person responsible
10min	Registration		Mrs. Anshika Mishra
10 min	Pre-training Knowledge Assessment		Ms. Ruchi Dwivedi
10 min	Welcome/Introduction/Goal & Objectives/Expectations/Norms/Apprehension/Agenda	Participatory discussion	Dr. Archana Chouhan
20 min	List out procedures to be performed by students and; develop & implement clinical objectives and Clinical Rotation Plan	Interactive discussion	Mrs. Manila Bibin
15 min	Composition and Roles & responsibilities of the clinical coordination committee	Group work followed by discussion	Mrs. Manila Bibin
20 min	Understand the stakeholders related to clinical practices and Discuss their roles & responsibilities	Group work followed by discussion	Mrs. Anjali Chaturvedi
10 min	Competency Tracking of Students	Interactive discussion	Mrs. Anjali Chaturvedi
10min	Summary and Feedback(Clinical Practice Processes)	Experiences sharing session	Ms. Ruchi Dwivedi
20min	Competencies to be Achieved by Students in Community Health Nursing	Brainstorming	Mr. Gagan Verma
15min	Areas to be included in Community Rotation Plan	Interactive discussion	Mr. Gagan Verma
20min	Discuss roles and responsibilities of faculty and students for Community Posting	Group work followed by discussion	Mr. Abhishek Dhamaniya

		n	
10min	SummaryandFeedback(CommunityPracti ceProcesses)	Experiencesha ringession	Mr. Abhishek Dhamaniya
15min	Post-trainingKnowledgeAssessment		Ms. Ruchi Dwivedi
10min	Feedbackformfillinganddistribution		Mrs. Anshika Mishra

  
 PRINCIPAL  
 BABA EDUCATIONAL SOCIETY  
 COLLEGE OF DISTANCE EDUCATION  
 INSTITUTE OF MANAGEMENT STUDIES  
 56, MATIYAN, DEHRA DUN  
 CHINHAT, LUHRUWAHARA



## Additional "Mentor" requirement

1 message

**Mentor Institute** <mentorinstitute@upsmfac.org>

Mon, 21 Aug, 2023 at 5:29 pm

To: Dr. ARCHANA CHOUHAN <drarchanachouhan86@gmail.com>, principalcon2711@gmail.com, manimegalai rajamohan <megalamithraj@gmail.com>, consvbp@gmail.com, ajithadelvinraj@yahoo.com, principal.hcns@gmail.com, principal\_nursing@iimtindia.net, Lavanya Nandan <lavanyanandan61@gmail.com>, Panna Dhai Maa Subharti Nursing College <nursing@subharti.org>, priyankaamasih21@gmail.com, dean.snsr@sharda.ac.in, nursingrims@rediffmail.com

Cc: Nimit Sharma <nsimit@gmail.com>, neetu devi <neetudevi24@gmail.com>, neelakanthayyaswamy.lranna@jhpiego.org, drsalok@rediffmail.com, bhawna.bakshi@jhpiego.org, adivappagouda.hadimani@jhpiego.org, kalpana.pustela@jhpiego.org

Dear All,

It has come to our attention that in order to keep up with the performance standards and to efficiently and effectively conduct quality improvement processes in their own and attached mentee institutes, a few Mentor Institutes wish to train newly identified mentors and expand their 'mentor pool' as many of the earlier trained mentor/s have either moved on or need additional support. Few institutes also wanted to understand the certification modalities of a Mentor. UPSMF acknowledges and appreciates your need and the desire, dedication and commitment to improving pre-service nursing education.

Keeping UPSMF informed, you may nominate 2 additional 'Mentors' who have shown their willingness to contribute with time and effort for the same, are ready to travel as needed, and extend their participation based on the needs of the mentorship process. You are requested to ensure that the mentor should also demonstrate a sense of commitment, passion, and interest for the same to support the management in executing the tasks of the mentor institutes.

The mentors must undergo and fulfill the following requirements in order to be certified as a "Mentor";

Complete Pragati, Teaching Learning Process, and Clinical & Community Practice Processes training and also demonstrate understanding on nursing education quality improvement process and implementation of performance standards. For the same, earlier UPSMF provided support. For additional mentors' capacity building, the Mentor Institutes can now build the capacities through their mentor or seek the support of UPSMF in conducting the training for which the institute has to bear the cost of travel, lodging, training venue, lunch and other logistics. (UPSMF has planned training in the month of September-2023, the Mentor Institutes who wants additional Mentors, send your nomination on or before 31<sup>st</sup> August-2023).

1. For certification, mentors have to successfully complete supportive supervision of at least 2 Mentee Institutes, which include:
  - a. Mentee Institutes onboarded
  - b. Performance standards orientation, conduct baseline assessment and prepare action plans for mentee institute
  - c. At least 2 faculty members in Mentee Institute trained as prospective mentors for Mentee Institute
  - d. 85% of faculty of at least 2 Mentee Institutes achieve teaching, demonstration and coaching skills
  - e. Successful completion of Supportive Supervision of at least 2 Mentee Institutes

Regards

Secretary

11:33 M B M

Voj LTE LTE1 ↓↑ .ll .ll 72%



**Mentor Institute** 21 Aug

to me, principalcon2711, ...



From Mentor Institute ·

mentorinstitute@upsmfac.org

To Dr. ARCHANA CHOUHAN ·

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# COLLEGE OF NURSING BABA EDUCATIONAL SOCIETY CHINHAT, LUCKNOW INTERNATIONAL CONFERENCE

ON

"Let's embark treating labour and childbirth as natural event.....heading towards diverse modalities of painless delivery and water birth followed by colostrum harvesting."



**DATE : 12<sup>th</sup> & 13<sup>th</sup> August 2023**

For Venue



Pre-Workshop on  
"SUSTAINABLE MENSTRUATION : DRILL AND BEYOND ACADEMIA"  
Dated : 11th August, 2023

**VENUE**

AUDITORIUM, BABA COLLEGE OF NURSING 56, DEVA ROAD, MATIYARI,  
CHINHAT, LUCKNOW-226028

For Payment



Mode of Payment:  
ACCOUNT NAME - Baba Alumni Association  
ACCOUNT No - 5268172377  
IFSC CODE - CBIN0283077  
BANK NAME - CENTRAL BANK OF INDIA

: Registration Link :

<https://docs.google.com/forms/d/e/1FAIpQLSdaMqt0P7fUVjEl4s18aUZ4ZiQiZi-9KblwzvcLMZl8OoLCw/viewform>

# INTRODUCTION

It is a matter of great pleasure to invite you to attend International Conference Organized by Baba college of Nursing, Lucknow on 12<sup>th</sup> & 13<sup>th</sup> August 2023.

The Baba College of Nursing & Institute of Paramedical founded by Mr. R. K. Vajpayee and is managed under Baba Educational Society established in the year 1999. Courses running under this society are ANM, GNM, B.Sc Nursing, M.Sc Nursing and other Paramedical courses. Baba College of Nursing is accredited by the **National Assessment and Accreditation Council (NAAC)** since 2022.

The College of Nursing earned itself the title of being the only first **MENTOR INSTITUTE** in Lucknow and Awarded by **Hon'ble Chief Minister Shri. Yogi Adityanath under Mission Niramaya** in 2022. After Mission Niramaya, Baba College is fulfilling its responsibilities of being a mentor institute and is constantly striving to take its standard and speed activities of the college to a new level. Also our Baba College of Nursing received the prestigious grading '**A**' from Quality Council of India under Mission Niramaya.

Our institute is also a part of **Student Nursing Association** and involved in the various activities organized by SNA. Baba Educational Society is dedicated towards working for welfare of Society since so long. The atmosphere of this Institute is Conducive to creative and productive learning. The college really cares its members. It is a place of civility, friendship and good cheer.

This conference brings together renowned professionals from all over the world to exchange information and experience on various modalities of Natural Birth.







**Mr. ALOK KUMAR (I.A.S.)**

Principal Secretary  
Medical Education, Uttar Pradesh

**GUEST OF HONOUR**



**Dr. ALOK KUMAR**

Secretary/Registrar  
U.P. State Medical Faculty



**Dr. ASHOK KUMAR BISHNOI**

Professor & Dean, Nursing Faculty  
Atal Bihari Vajpayee Medical University



**Prof. (Dr.) MAN.U CHHUGANI**

Dean School of Nursing Sciences and  
Allied Health, Jamia Hamdard, New Delhi



**Prof. (Dr.) USHA UKANDE (Director)**

Edu. Serumx Nursing College  
Indore, Madhya Pradesh

# OUR TEAM



MR. R. K. VAJPAYEE  
Director



PROF. (DR.) ARCHANA CHOUHAN  
Principal

## ORGANIZING SECRETARY



MRS. MANITA ACHARYA  
Professor



MRS. MANILA BIBIN  
Asst. Professor

## OUR SPEAKERS



PROF. DR. MANJU CHHUGAN  
Dean school of Nursing Sciences and  
allied Health, Jamia Hamdard, New Delhi



PROF. DR. USHA UKANDE (Director)  
Edu. Serumx Nursing College  
Indore, Madhya Pradesh



ANITHA TUDI  
National Midwifery Educator Fernandez  
Foundation, Hyderabad, Telangana



MRS. KAREN DRAVTON  
International Midwifery Educator  
Walsall (U.K.)



MS. FLORENCE MAGDALENE DARLING  
International Midwifery Educator,  
London



MS. RENATA GREBLIUNIENE  
International Midwifery Educator,  
Lithuania, U.K.



DR. NEETA RAJESH BHIDE  
Prof. cum HOD from  
SGT University Gurugram



PROF. NIMA BHASKAR  
Vice-Principal  
College of Nursing Ayochya



MS. RENUKA JIBI  
National Midwifery Educator National  
Midwifery Training Institute, Meerut



MS. RUKHSANA KHATOON  
Mentor, Siddhartha Nagar

# OUR SPEAKERS

# PROGRAM SCHEUDLE

TIME	CONTENT	SPEAKER
<b>DAY-1 (Date : 12<sup>th</sup> August, 2023)</b>		
08:00 AM TO 09:00 AM	<b>Registration</b>	
09:00 AM TO 09:10 AM	>Welcome of Guest	
09:10 AM TO 09:20 AM	Lamp Lighting Inauguration	<b>DIGNITARIES</b>
09:20 AM TO 09:30 AM	Theme Unfolding	<b>ORGANIZER</b>
09:30 AM TO 09:40 AM	Conference Chair Speech	PROF. (DR.) ARCHANA CHOUDHAN Principal Baba College of Nursing
09:40 AM TO 10:00 AM	Speech By Chief Guest	
10:00 AM TO 10:30 AM	Speech By Guest of Honor	
10:30 AM TO 10:45 AM	<b>PRE- TEST</b>	
10:45 AM TO 11:00 AM	<b>TEA BREAK</b>	
11:00 AM TO 11:45 PM	<b>SESSION-1</b> Concept of Natural Birthing	PROF. (DR.) MANJU CHHUGAM Dean school of Nursing Sciences and Allied Health, Jama Hamdard, New Delhi
11:45 PM TO 12:30 PM	<b>SESSION-2</b> Preparing the Women for Natural Birth & Protecting Their Rights - The first step towards Natural Birthing	PROF. (DR.) USHA UKANDE Director Edu. Serumx Nursing College Indore, Madhya Pradesh
12:30 PM TO 01:30 PM	<b>LUNCH BREAK</b>	
01:30 PM TO 02:15 PM	<b>SESSION-3</b> Introduction of Hydro-Birthing & Procedure & setup of Hydro-Birthing	MS. ANITHA TUDI National Midwifery Educator, Fernandez Foundation, Hyderabad, Telengana
02:15 PM TO 03:00 PM	<b>SESSION-4</b> Antenatal exercise towards normal birth.	MS. KAREN DRAYTON International Midwifery Educator, Walsall U.K.
03:00 PM TO 03:45 PM	<b>SESSION-5</b> Natural childbirth, the continuum of labour and positioning in this context.	MS. FLORENCE MEGDALENCE DARLING AND MS. RENATA GREBLIUNIENE International Midwifery Educator, London (U.K.) & Lithuania (U.K.)
03:45 PM TO 04:00 PM	<b>TEA BREAK</b>	
04:00 PM TO 05:00 PM	<b>CULTURAL EVENT</b>	
<b>DAY-2 (Date : 13<sup>th</sup> August, 2023)</b>		
08:30 AM TO 08:45 AM	<b>WELCOME / INTRODUCTION</b>	
08:45 AM TO 09:00 AM	<b>TEA BREAK</b>	
09:00 AM TO 09:45 AM	<b>SESSION-6</b> Respectful Maternity Care Guidelines	MS. RENUKA JIBI National Midwifery Educator, National Midwifery Training Institute, Meerut
09:45 AM TO 10:30 AM	<b>SESSION-7</b> Colostrum Feeding & Harvesting	DR. NEETARAJESH BIHDE Prof. cum HOD from SGT University Gurugram
10:30 AM TO 12:30 PM	<b>PANEL DISCUSSION -</b> on Painless Modalities for Normal Delivery	RENUKA JIBI PROF. NIMA BHASKAR MS. RENATA GREBLIUNIENE MS. RUKHSANA KHATOON
12:30 PM TO 12:45 PM	<b>POST TEST</b>	
12:45 PM TO 01:45 PM	<b>LUNCH BREAK</b>	
01:45 PM TO 04:00 PM	<b>PAPER PRESENTATION POSTER PRESENTATION</b>	
04:00 PM TO 04:15 PM	<b>TEA BREAK</b>	
04:15 PM TO 04:45 PM	<b>FEEDBACK &amp; VALEDICTORY SESSION</b>	
04:45 PM TO 05:00 PM	<b>VOTE OF THANKS</b>	

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### REGISTRATION FEE

CATEGORY	AMOUNT
FACULTY	Rs. 3000/-
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WORKSHOP FOR ALL	Rs. 300/-

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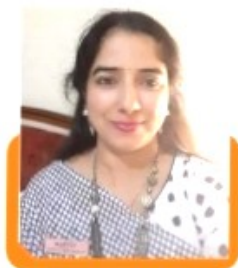
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**BABA EDUCATIONAL SOCIETY**  
Presents Session on  
"SUSTAINABLE MENSTRUATION: DRILL AND BEYOND ACADEMIA"



**Dr. PRANITA SHARMA**  
(National Instructor & Head of  
"Parineeta Welfare Society", MPT Cardio)

- Å Founder on Vitality Physiotherapy and Rehabilitation Centre, Indore
- Å Head of PARINEETA WELFARE SOCIETY
- Å Ex Assistant Professor Index Medical College (Dept. of Physiotherapy)
- Å Ex Physiotherapist Choithram Hospital (Burn and Cancer Unit)
- Å Specialised BURN and ONCO Physiotherapist
- Å Certified Soft Skill Trainer
- Å Joint Secretary, IAP MP
- Å Fellowship from National Hospital, Colombo, Sri Lanka
- Å Faculty & Member of INTERBURNS
- Å Faculty at National Health Mission

**PROGRAM SCHEUDLE**

TIME	CONTENT	SPEAKER
Date : 11 <sup>th</sup> August, 2023		
10:00 AM-10:15 AM	Welcome	
10:15 AM- 10:20 AM	Inauguration	
10:20 AM- 10:30 AM	Addressing Speaker	
11:00 AM-11:30 AM	Brief introduction of Menstruation	Dr. PRANITA SHARMA National Instructor & Head of "Parineeta Welfare Society"
11:30 AM -12:00 PM	Anatomy of female reproductive system	Dr. PRANITA SHARMA National Instructor & Head of "Parineeta Welfare Society"
12:00 PM-01:00 PM	Exercise and Yoga to Relieve Menstrual Discomfort	MRS. ANJALI MRS. DURBA MS. RUCHI MRS. POOJA TIWARI
01:00 PM-02:00 PM	LUNCH	
02:00 PM-02:30 PM	Menstrual cups- why and how to use it?	Dr. PRANITA SHARMA National Instructor & Head of "Parineeta Welfare Society"
02:30 PM-03:30 PM	Demonstration session to use menstrual cup	Mrs. MANILA Mrs. MANITA Mrs. DURBA Ms. RUCHI Ms. JYOTI
03:30 PM-04:00 PM	Important of pelvic floor muscles strengthening in female	Dr. PRANITA SHARMA National Instructor & Head of "Parineeta Welfare Society"
04:00 PM-05:00 PM	Demonstration of pelvic floor exercise	Mrs. MANILA Mrs. ANJALI Mrs. DURBA Ms. NEHA Mrs. SANJANA

This conference aims to explore the latest research, trends and best practices in natural birth and to identify the challenges and opportunities in the mentioned field at present era.

### Guidelines for Scientific Paper Presentation :

- All Presentations should be based on Research Papers.
- All Participants should be registered delegates The Scientific paper should Include. Introduction, Need and Significance, Problem statement, Objectives, Hypothesis/ Assumptions, Conceptual Framework, Review of Literature (two relevant studies), Brief description of Methods and Procedures, discussions, Findings and Interpretation can be Shown in table forms (1 or 2) in one or two tables, Conclusion, Implications, Recommendation and References / Bibliography.
- Required to submit an abstract and power point presentation of maximum 10 Slide to the chairperson scientific committee before 05 August, 2023
- Maximum time for the presentation is 10 minutes.
- One member can present one paper only.
- Maximum two authors can present one paper
- All presenters should register for the conference.

### Guideline for abstract submission Guidelines for Scientific Poster Presentation :

- All Posters for the presentation should be based on Research papers like a visual presentation of of the scientific paper on any nursing specialties.
- Size of the Poster/ Flex should be approximately 30x40 inches. Ideas depicted in the poster should be relevant to the study
- Lettering and design of the poster should be bold and big enough to be seen from a distance.
- Layout of the picture, (if any) must be properly balanced to give a correct sense of proportion.
- Extra fixing of clipping cuttings or any other form on the poster should be avoided.
- The poster should depict the following: Introduction, Need and Significance, Problem statement, Objectives, Review of Literature (two relevant studies), Brief description of Methods and Procedures, Findings and Interpretation to be placed in one or two tables, Conclusion, Implications, Recommendation and References / Bibliography.
- All presenters should register for the conference.



Call for  
Papers

Last date of Paper/Poster submission  
05 August, 2023

Contact : Ms. Anjali Chaturvedi (Mob.: 6390211114)

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#### PROFESSOR

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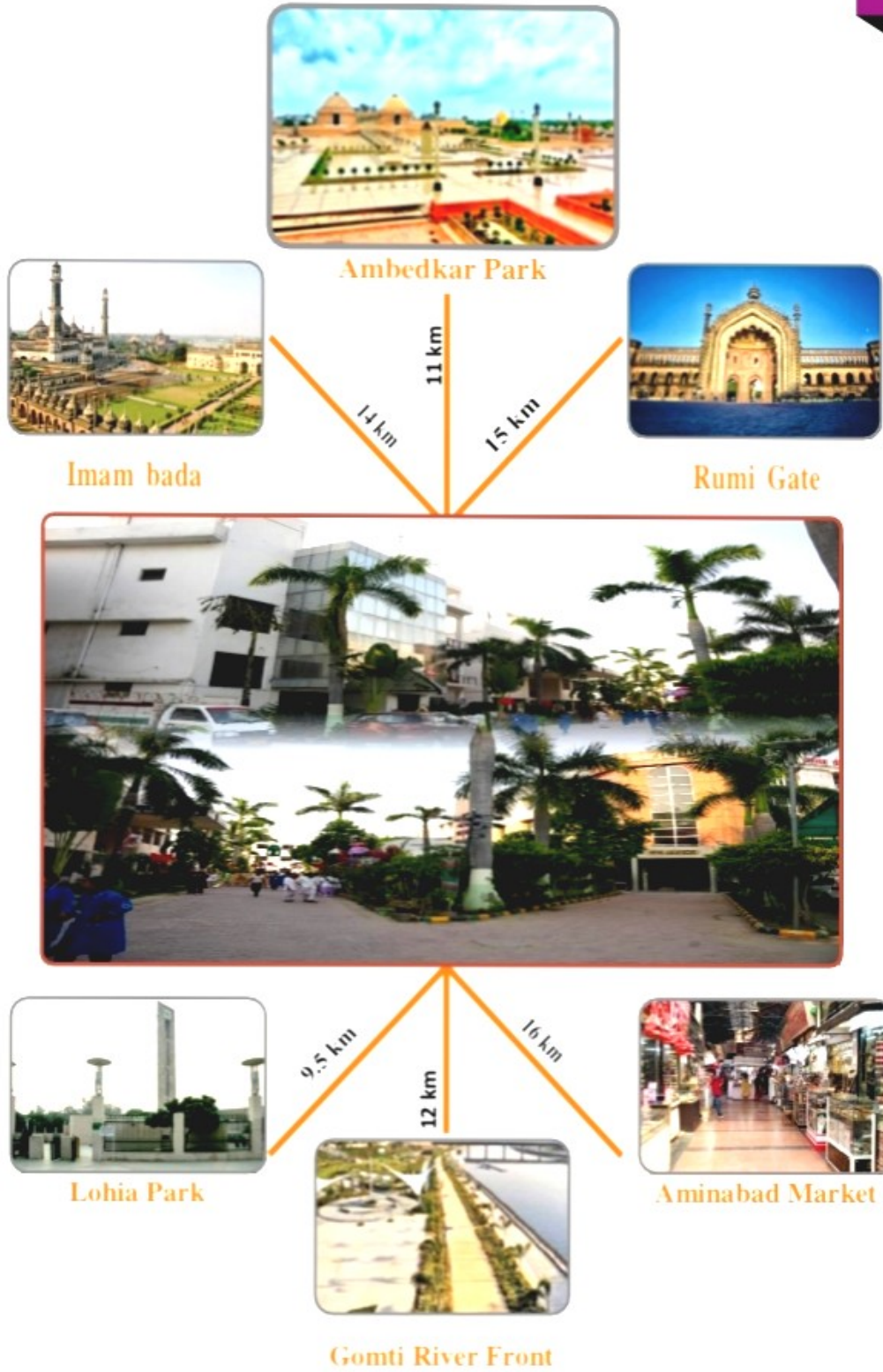
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## Mentor Institute

College of Nursing, Baba Educational Society Organizing a 2 Days  
(25th & 26 August 2023)  
National Workshop (Webinar) On



**Prof. (Dr.) Archana Chouhan**  
Organizing Chairperson  
Principal Baba College of Nursing

“Enhancing Personality, Developing Behaviourial Etiquettes and Mastering Soft Skills of Students in Diverse Field of Nursing”

### Our Speakers



**Prof. (Dr.) Archana Chouhan**  
Principal,  
Baba College of Nursing, Lucknow



**Dr. K. M. Shukla**  
Prof. & HOD,  
Pediatric  
Department, Saifai.



**Mr. Sandeep Arya**  
Assistant  
Professor,  
RIIMS, Saifai.



**Mr. Jaipal Singh**  
Faculty of  
Nursing, RIIMS,  
Saifai.



**Dr. Dinesh**  
Senior  
Technical  
Adviser, Jhpiego



**Mrs. Sudha Mishra**  
Assistant Professor,  
KGMU, Lucknow

### Program Schedule

25 AUGUST 2023 :- 10 : 00 AM TO 02 : PM

26 AUGUST 2023 :- 10 : 00 AM TO 02 : 00 PM

Free Registration for All  
Please Register  
Your Self at Given Link



Registration Link:-

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