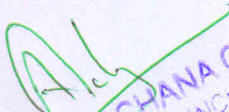


INSTITUTIONAL BEST PRACTICES

1. Mentor- Mentee Program
2. SNAI Unit under TNAI Uttar Pradesh
3. Grade 'A' Rated Institute Award felicitated
by QCI under Mission Niramaya
4. Free Health Camp for remote area communities


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BEST PRACTICE-1

1. Title of the practice:

Mentor-Mentee

2. Objectives of the Practice:

Objectives:

- To improve the academic relations between teachers and students.
- To examine academic and overall development of the students.
- To help and guide students in carrying out their projects, assignments & other course requirements.
- To recognize problems and issues (professional as well as personal) of the students.
- To improve the performance of the students both in curricular and non curricular activities.
- To ensure the participation of teachers in overall development of students.

3. The Context:

- Training of faculty members in effective communication, supervision and counseling.
- Teacher and student
- Students focused on achieving learning goals.

Challenge:

- Trained Human resource to carry out the smooth functioning of the activity
- Arrangement of special tutorials and availability of teacher at appropriate time
- The ability of teacher to identify the real problem areas and provide *best advice to the student*
- The ability of a student to perceive the idea, to implement the idea and to evaluate the effectiveness of the solution given and to replan if the given solution is not effective.

4. The Practice:

The mentor-mentee program functions effectively towards identifying the problems that evolve during the course of the study. It tries to solve the curricular and extracurricular issues which hinders the explicit development of the student. It aims at solving problems which already exist or which could appear during the course of the program. Identifying the problem, planning solutions for the identified problems, implementing the solutions, evaluating the outcome and re-planning are the important steps in mentor-mentee program. Mentor-mentee program has a great impact on extracurricular development of the student. It helps to infuse collaborative and team work among peers in non curricular and extracurricular activities. It helps to solve the common issues like poor communication, stage fear, and lack of team work and fear of outcome among students. These problems if solved can effectively transform the student to a higher personality and laterally improves academic performance.

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5. Evidence of success:

The mentor-mentee ensured that the academic and co-curricular development of the students go hand in hand. They could produce a drastic improvement in their performance. This partnership was very important in clinical setting as the problems were identified at the earliest and it was resolved. This was quite evident from their clinical performance and also from their clinical feedback. It addressed the issues of students with regard to the discipline, code of conduct, co-curricular activities and extracurricular activities thus focusing on the holistic development of the student. The program also helped the teacher to thoroughly understand the student, his strengths and weakness.

6. Problems Encountered and Research Required

Problems encountered:-

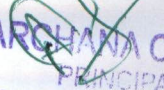
- Time constraints (For students & Teachers both).
- During the initial period students are reluctant to open up their problems but slowly as they get familiar with their mentor they express their problem.

Resources Required:-

- human resources
- time

7. Notes

The mentor-mentee program is one of the best practices that have been carried out. It is very much useful in the field of nursing as the students are new to many situations in both academic and clinical setting. It helps in solving many problems that hinder the academic and non-academic performance of the student. The nature of collegiate education is different from that of school education. The packed contents, the stress and strain associated with the evaluation system and the clinical elements add to the basic life structures posing critical situations which the student cannot tackle all alone. In this juncture the experience and tactics of the teacher come handy.


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BEST PRACTICE-2

1. Title of the practice:

Free health camp for remote communities

2. Objectives of the Practice:

To provide basic health services and create awareness among underprivileged & deprived population.

To ensure that people are getting the healthcare at right time and early enough before a small health issue turns serious.

3. Context:

These medical camps provide the poor population overall physical examinations which include eyes and health check-up, assessment of the functioning of vital organs like the heart, lungs, digestive system, liver, kidneys and the immune system. Free medical camps are extremely helpful for the poor population who earn a meager income and cannot afford expensive healthcare services offered by hospitals or clinics.

4. The Practice:

Students as well as faculty members from institution take part in setting up these free health camps. A representative of the institute who is also a resident of these remote communities explain people about the importance and benefits of the camps and encourage them to take part in it.

5. Evidence of Success:

Earlier people seems to be reluctant for the camps but now after doing the practice successfully for several times trust have been build among community people. Now they not only come here with their problems but also have become more vocal and aware of the importance of healthcare. They talk freely their health problems and needs with the students and doctors. They also encourage their neighborhoods to take part in our camps.

6. Problems Encountered and Resource Required:

Problems Encountered:

- People's Reluctance towards the camps
- Arrange resources in such remote locations

Resource Required:


- Human resource (Students & Doctors)
- Funds
- Time

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- Basic amenities to be arranged during camps (drinking water, electricity)

7. Notes:

The practice of setting up health camps have increased the goodwill of the institute as well as build trust among communities. The students also benefitted by the exposure they get in these camps.


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**BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL,
COLLEGE OF NURSING LUCKNOW**

ToT Report on Teaching Learning Process

Day-1

Date: 02/06/2023

Duration: 12 PM TO 4 PM

**College Name:- BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL,
COLLEGE OF NURSING LUCKNOW**

No & name of the participants: 19

1. MRS. MANILA
2. MR. ANKUR SHARMA
3. MS. BEMITA
4. MS. SALONI
5. MS. JYOTI SHUKLA
6. MS NEHA
7. MRS. SANJANA
8. MRS. ANSHIKA NANDAN
9. MRS. POOJA TIWARI
10. MR. AMBIKA
11. MS. ALIZA
12. MS. ARADHNA
13. MS. DWANI
14. MS. DEEPTI
15. MS. ANCHAL
16. MS. ANKITA PANDEY
17. MS. NANDINI
18. MS. ANJALI
19. MS. ANUSHIKA

No & name of the Facilitators: 06

1. DR. ARCHANA CHOUHAN
2. MR. GAGAN VERMA
3. MR. ABHISHEK DHAMANIYA
4. MRS. ANJALI CHATURVEDI
5. MS. RUCHI DWIVEDI
6. MRS. DURBA GANGULY

Dr. ARCHANA CHOUHAN
PRINCIPAL
BABA COLLEGE OF NURSING
INSTITUTE OF PARAMEDICAL S
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- Self-assessment of the all participants – Ms. Ruchi Dwivedi

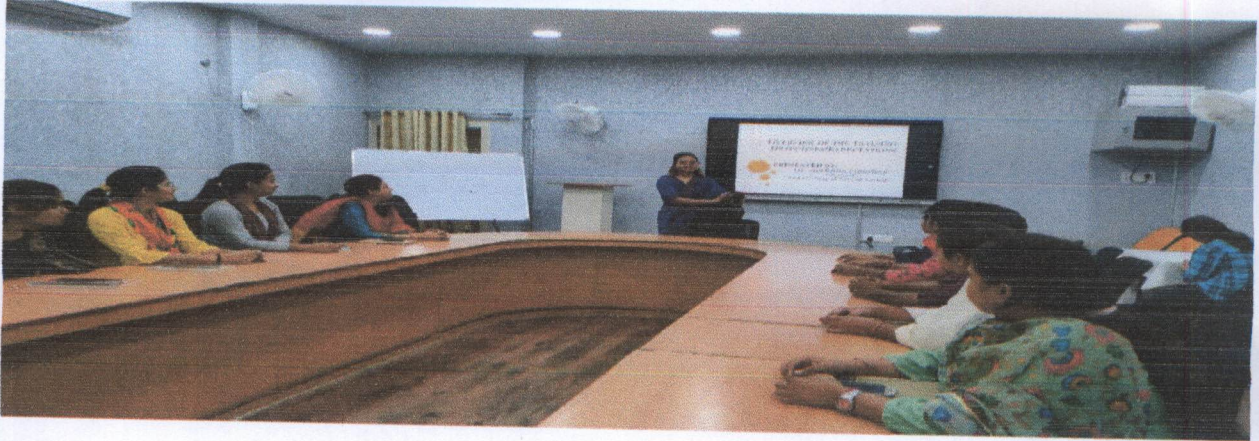
Session 1: Topic: Overview of the training- Objectives/Expectations

Facilitated by:- Dr. Archana chouhan

Duration: 10 Min.

Description about session-

- Reviewed the agenda with participants.
- List participants expectations from the training.
- Described the goal and objectives of the training



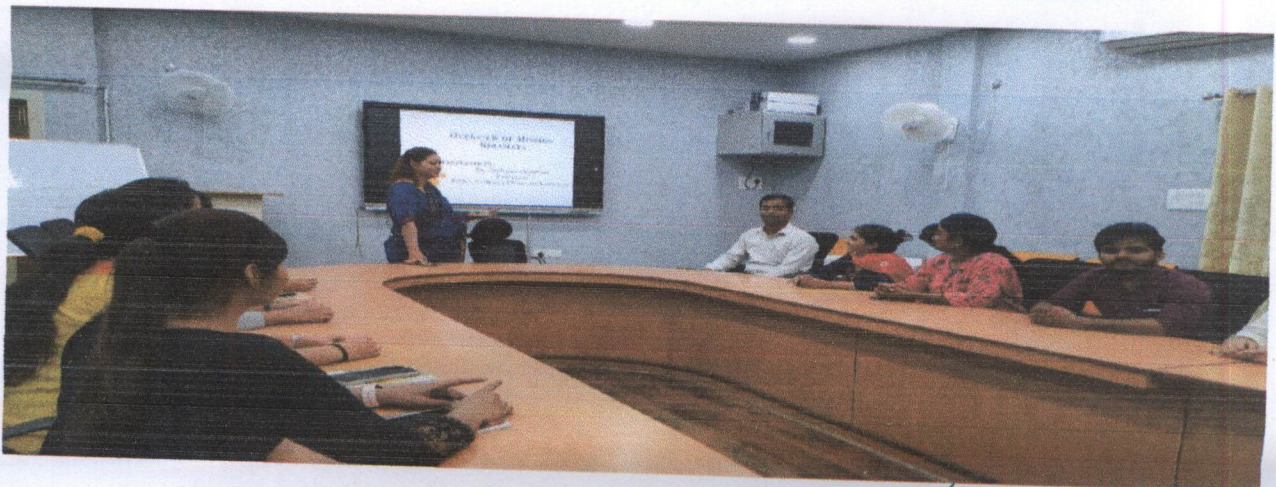
Session2: Topic: Overview of Mission Niramaya

Facilitated by: Dr. Archana chouhan

Duration: 15 Min.

Description about session-

- Reviewed about the Misssion Niramaya.
- Explained the Introduction of Mission Niramaya.
- Explained about the goal of Mission Niramaya.



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Session3:

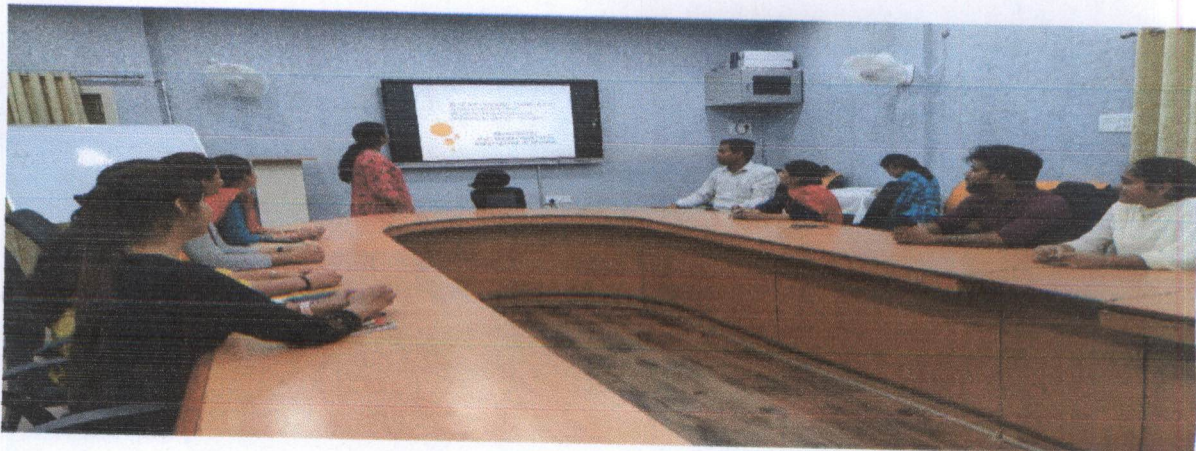
**Topic: Plan for teaching- Competencies
,Objectives,teaching methodology, evaluation methods, review of
teaching.**

Facilitated by: Mrs. Anjali Chaturvedi

Duration: 60Min

Description about session-

- Discussed about the Ecosystem of Nursing Education.
- Divided participants into 3 groups and discussed the following topics.
- Classroom teaching
- skill enhancement
- clinical teaching
- Evaluation of student and teaching pedagogy
- Extra time needed for weaker students, Extralibray hours.
- competency assessment



- **Session 4: Topic: Preparing an institutional course plan**

Facilitated by:- Mr. Abhishek Dhamaniya

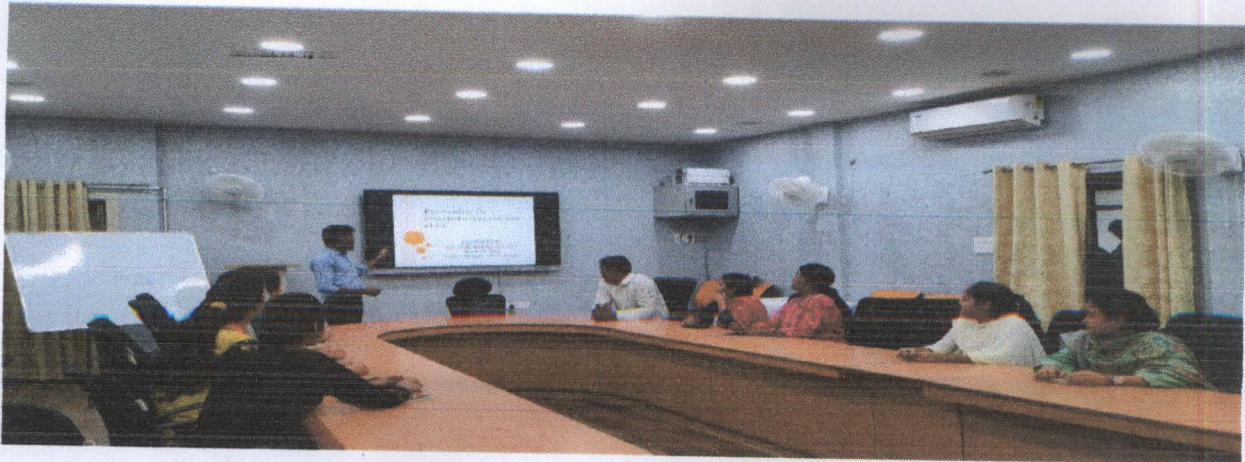
Duration: 45 Min.

Description about session-

- Divided participants into 3 groups and divided the 3 courses ANM, GNM and B.Sc per each group.
- Discussed about the Institutional course plan, unit plan and lesson plan.
- Discussed about the objectives, method of teaching, appropriate AV aids and assessment methods

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- Discussed about the students knowledge assessment and how to select learning materials.
- Discussed with all the groups about better teaching process.



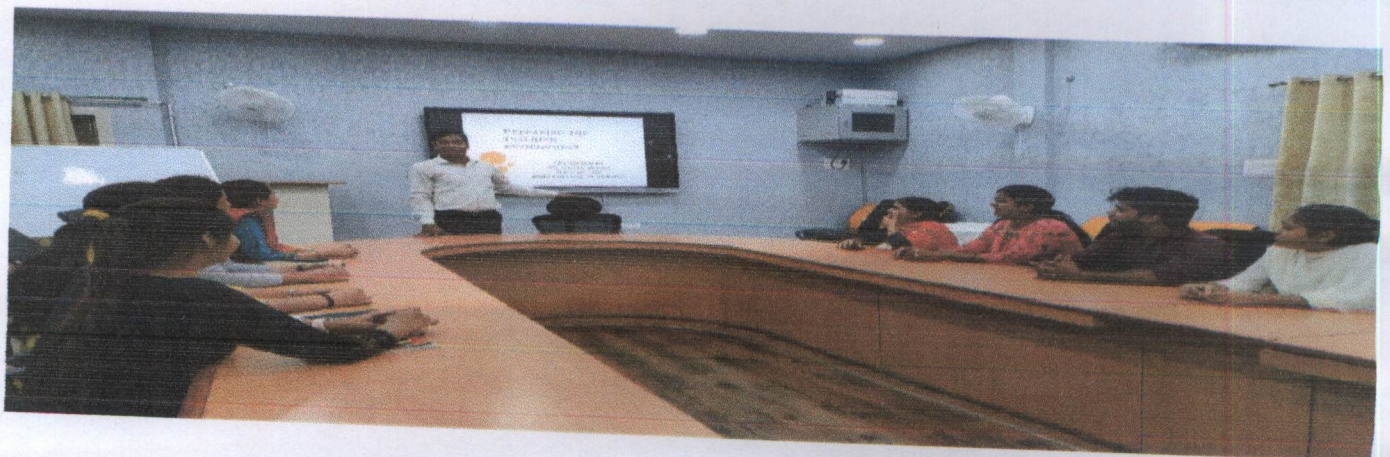
Session 5: Topic: Preparing the teaching environment


Facilitated by:- Mr. Gagan Verma

Duration: 45 Min.

Description about session-

- Divided participants into 3 groups.
- Discussed about the how to prepare the teaching Environment.
- Discussed about three Types of learning environments.
 - Classroom
 - Skill lab/ simulated area
 - Clinical practice area




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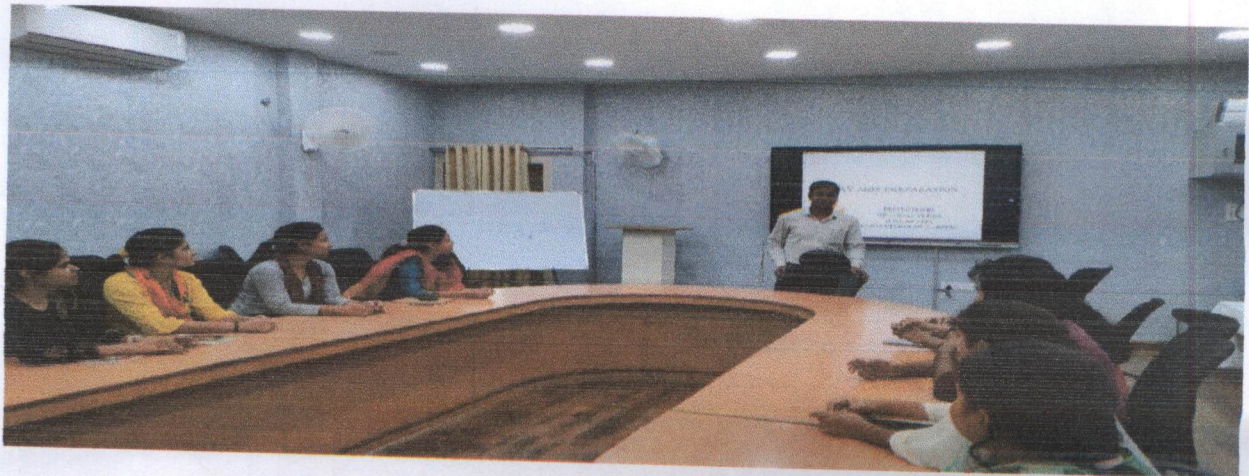
Session 6: Topic: AV aids preparation

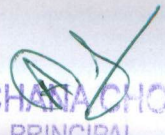
Facilitated by:- Mr. Gagan Verma

Duration: 20 Min.

Description about session-

- Discussed about the importance of AV Aids.
- Discussed about the different types of AV Aids and ask they are using in their daily lectures of AV Aids methods.
- Discussed about in detail each types of AV Aids its prepare and use.
- Distributed of different type of AV Aids into 3 groups and tell them present the AV Aids method tomorrow session.




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Day-2

Date: 03/06/2023

Duration: 12 PM TO 4 PM

**College Name:- BABA EDUCATIONAL SOCIETY INSTITUTE OF PARAMEDICAL,
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No & name of the participants: 19

1. MRS. DURBA GANGULY
2. MR. ANKUR SHARMA
3. MS. BEMITA
4. MS. SALONI
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17. MS. NANDINI
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19. MS. ANUSHIKA

No & name of the Facilitators: 06

1. DR. ARCHANA CHOUHAN
2. MR. GAGAN VERMA
3. MR. ABHISHEK DHAMANIYA
4. MRS. ANJALI CHATURVEDI
5. MS. RUCHI DWIVEDI
6. MRS. MANILA BIBIN

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Session 1: Topic: Preparation and delivery of interactive presentations
Facilitated by:- Mrs. Manila Bibin

Duration: 45 Min.

Description about session-

- Discussed about the how to deliver of interactive presentation.
- Discussed about the facilitation process.
- Create a question-answering interaction between groups.



Session 2: Topic: Create and facilitate a roleplay


Facilitated by:- Mr. Abhishek Dhamaniya

Duration: 45 Min.

Description about session-

- One group participants present a Role play.
- Explained about the types and preparation and facilitation of Role play.
- Discussed about Role play interact with other participants.




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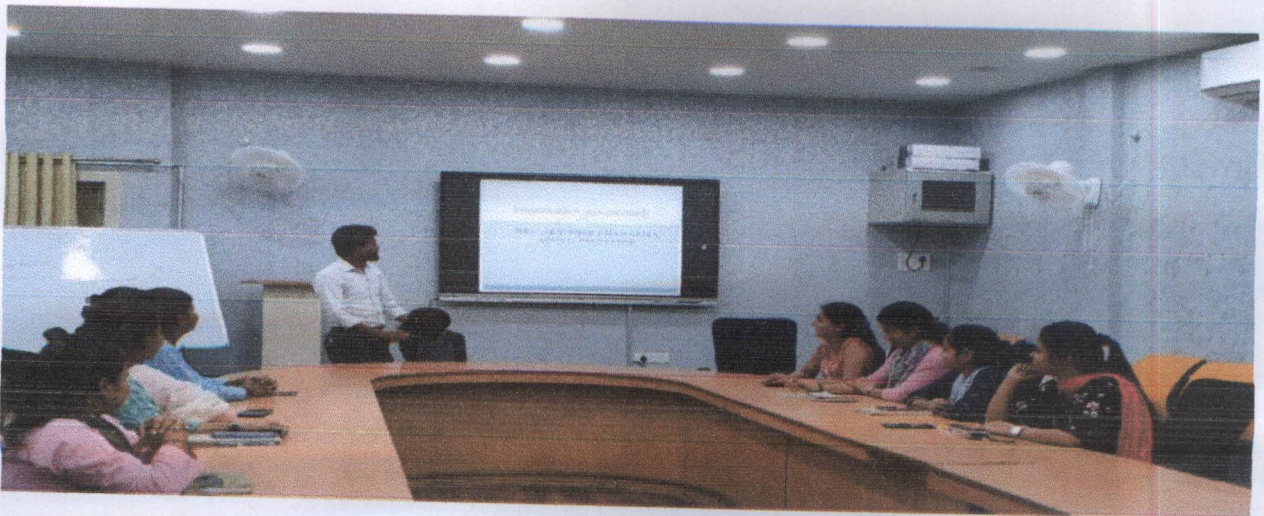
Session 3: Topic: Presentation on case study

Facilitated by:- Mr. Abhishek Dhamaniya

Duration: 45 Min.

Description about session-

- One group participants present a case study.
- Explained about the objectives and preparation and facilitation of case study.
- Discussed about case study interact with other participants.



Session 4: Topic: Presentation on brainstorming and discussion session

Facilitated by:- Mrs. Anjali Chaturvedi

Duration: 45 Min.

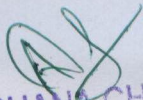
Description about session-

- One group participants present a brainstorming.
- Explained about the objectives and preparation and facilitation of brainstorming.
- Discussed about brainstorming interact with other participants.

Session 5: Topic: Clinical demonstration

Facilitated by:- Mrs. Manila Bibin

Duration: 30 Min.


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Description about session-

- Clinical demonstrated procedure with skill checklist.
- Explained about the clinical demonstration and objectives.
- Explained about the how to used checklist and assessed the competency based learning.

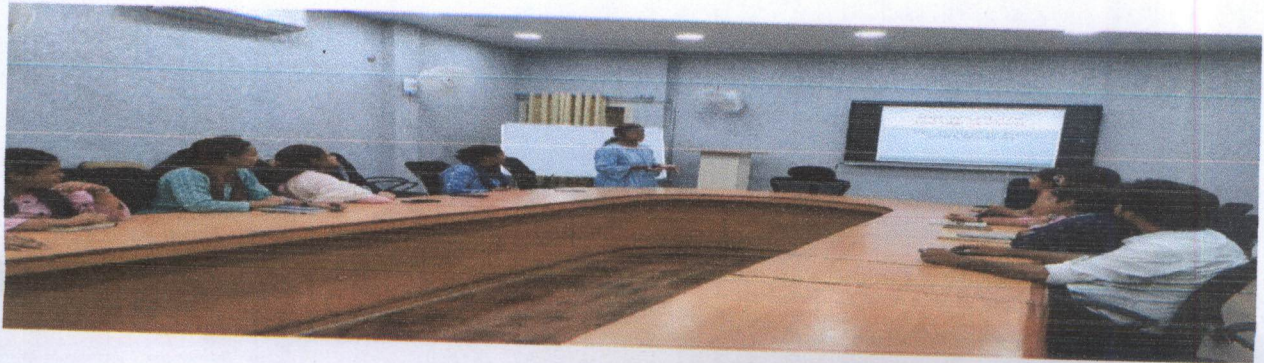
Session 6: Topic: Preparation and use of knowledge assessments

Facilitated by:- Mrs. Anjali Chaturvedi

Duration: 20 Min.

Description about session-

- Discussed about students assessment knowledge.
- Discussed about the method of knowledge assessment.



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TOT REPORT ON - CLINICAL & COMMUNITY PROCESSES

Date: 01/07/2023

Duration: 5 hours

College Name: Baba college of Nursing, Lucknow

No. & Name List of the Participants

S. No.	Name of the Participants
1	Mr. Nitin Soni
2	Mr. Hemendra Pal Singh
3	Mrs. Manita Acharya
4	Mrs. Durba Ganguli
5	Mr. Ankur Sharma
6	Ms. Bemita
7	Ms. Saloni
8	Ms. Jyoti Shukla
9	Ms. Neha
10	Mr. Ambika
11	Mrs. Sanjana
12	Mrs. Anshika Mishra
13	Mrs. Pooja Tiwari
14	Ms. Aliza
15	Ms. Aradhana
16	Ms. Anushika Pandey
17	Ms. Ankita Pandey
18	Ms. Anjali
19	Ms. Anchal
20	Ms. Dwani
21	Ms. Deepti
22	Ms. Nandani

No. & Name of the Facilitator

S. No.	Name of Facilitators
1	Dr. Archana Chouhan
2	Mr. Gagan Verma
3	Mrs. Anjali Chaturvedi
4	Mr. Abhishek Dhamaniya
5	Mrs. Manila Bibin
6	Ms. Ruchi Dwivedi

Session 1 -

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Topic – Pre-training Knowledge Assessment

Facilitated By – Ms. Ruchi Dwivedi

Duration – 15 minutes

Description about Session 1 –

Firstly Pre-training Knowledge Assessment test was conducted at the starting of the first session by providing a structured knowledge questionnaire to the participants.



Session 2-

Topic – Welcome/Introduction and Agenda

Facilitated By – Dr. Archana CHouhan

Duration – 15 minutes

Description about Session 2 –

- Welcome the learners,
- Introduced the learners through the following activity:
- Learners Introduced themselves to the group
- Reviewed the agenda with learners.

- List learner's expectations from the training
- Set and agree on some groundrules for the training
- Described the goal and objectives of the training



Session 3-

Topic – List out the procedures to be done by the students & clinical rotation plan.

Facilitated By – Mrs. Manila Bibin

Duration – 40 minutes

Description about Session 3 –


- Discuss and list out the procedures to be performed by students on patients under students
- Ask learners, importance of clinical objectives
- Discuss on preparation of CRP
- Show examples of clinical objectives and procedures list

Session 4-

Topic – Composition and Roles & responsibilities of the clinical coordination committee

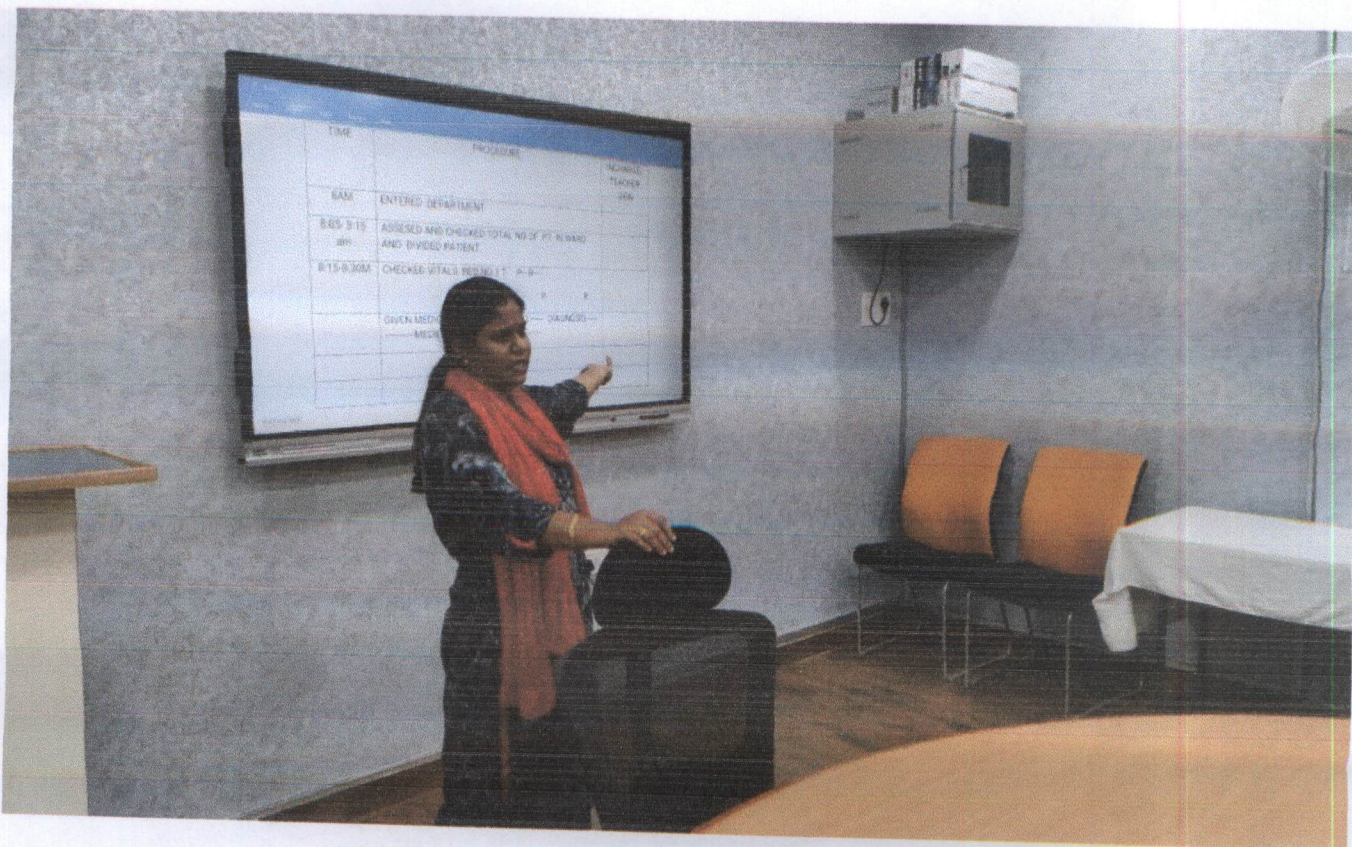
Facilitated By – Mrs. Manila Bibin

Duration – 40 minutes


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Description about Session 4 –

- Discussed the composition and roles & responsibilities of CCC.
- Ask learners to share how frequently they will conduct meeting with clinical staff.
- Explained them at least minimum of three times CCM should be conducted (before,during and after clinical posting).



Session 5-

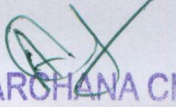
Topic – Understand the stakeholders related to clinical practices and their roles & responsibilities

Facilitated By – Mrs. Anjali Chaturvedi

Duration – 40 minutes

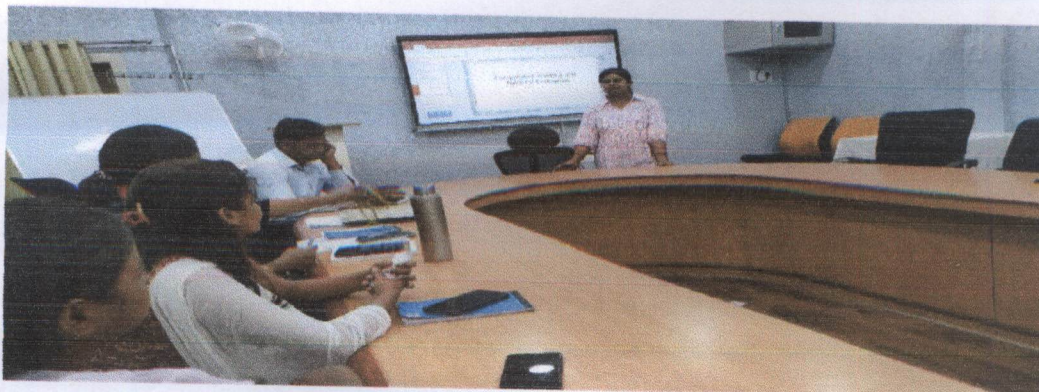
Description about Session 5 –

- Facilitator did the brainstorming of this session and co-facilitator will keep documenting them on a flipchart.
- Learners asked to share the stakeholders for clinical practice posting.
- After that, learners were divided into 3 groups and assign 1 stakeholder


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(faculty, nursing staff at each level & student). And Ask them to prepare roles and responsibilities to provide clinical exposure to students.

- This was followed by a presentation from the 3 groups



Session 6-

Topic - Competency tracking of students and tools for evaluation

Facilitated By - Mrs. Anjali Chaturvedi

Duration - 30 minutes

Description about Session 6 -

- Explained about where and how to track the competencies of students
- Discussed the tools required for the evaluation of skills of students



Session 7-

Topic - Summary and Feedback for clinical practice processes training

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Facilitated By – Ms. Ruchi Dwivedi

Duration – 10 minutes

Description about Session 7 –

- Identified volunteer learners to summarize the clinical practice processes
- Asked the learners to give feedback on training and facilitators to improve them



Session 8-

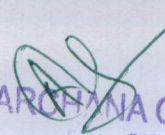
Topic – Competencies should be achieved by students

Facilitated By – Mr. Gagan Verma

Duration – 30 minutes

Description about Session 8 –

Discuss and list out the competencies to be achieved by students in the community health nursing through the brainstorming session. Where we got so many ideas from participants sides.


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Session 9-

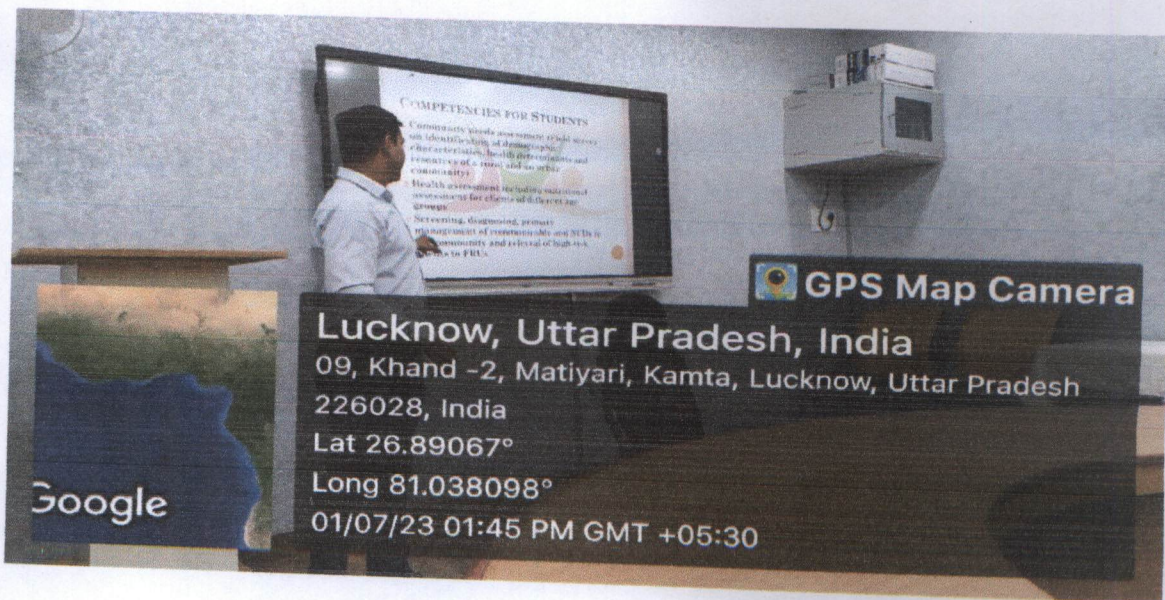
Topic – Areas of community posting

Facilitated By – Mr. Gagan Verma

Duration – 30 minutes

Description about Session 9 –

Discussed with the learners followed by interactive group discussion regarding required areas to be included in the community rotation plan to achieve the listed competencies.



Session 10-

Topic – Roles and responsibilities of faculty and students for Community Posting

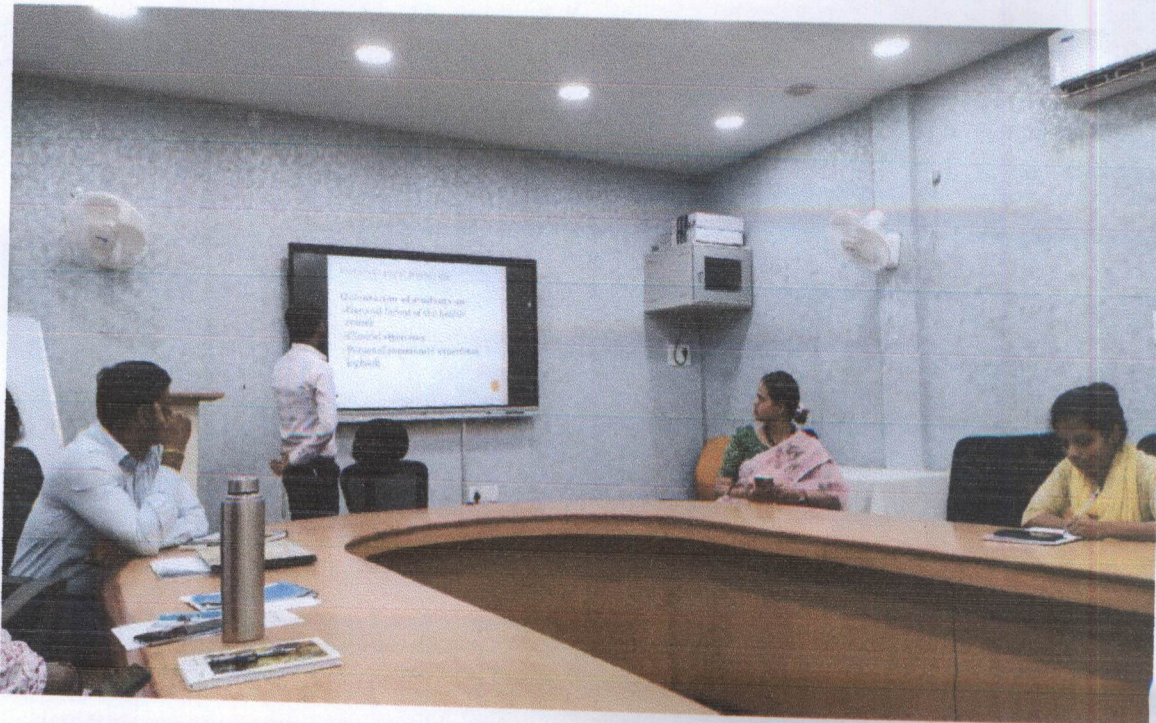
Facilitated By – Mr. Abhishek Dhamaniya

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Duration - 30 minutes

Description about Session 10-

- Divided learners into 2 groups and distribute the topics regarding roles and responsibilities of faculty and students respectively to provide community exposure to students.
- This is followed by a presentation from the 2 groups



Session 11-

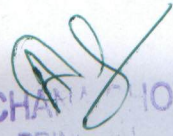
Topic - Summary and Feedback for community practice processes training

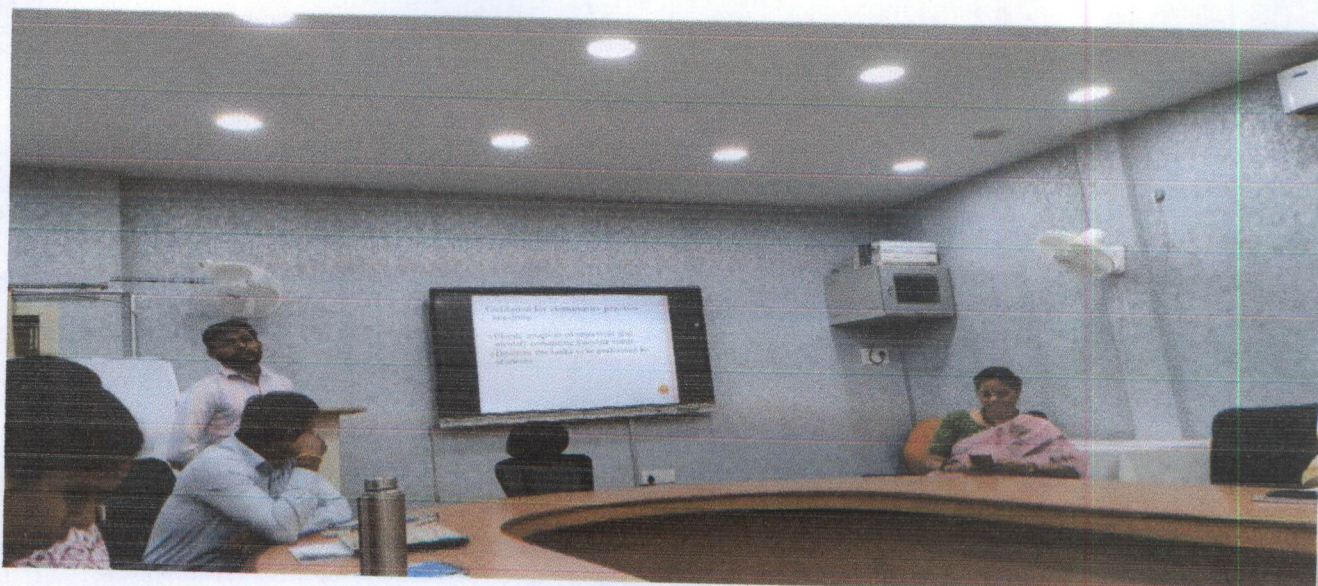
Facilitated By - Mr. Abhishek Dhamaniya

Duration - 10 minutes

Description about Session 11-

- Identified volunteer learners to summarize the clinical practice processes
- Request the learners to provide feedback on training and facilitators with the purpose of Improvement.


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Session 12-

Topic – Post-training knowledge assessment

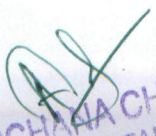
Facilitated By - Ms. Ruchi Dwivedi

Duration – 15 minutes

Description about Session 11-


- Provided the learners with questionnaires for post-test knowledge assessment.
- Given proper instruction on what has to be filled in the response column which is in MCQ pattern.
- Asked them to give the most appropriate answer.

Feedback : It should be based on skilled training.


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INSTITUTE OF PARAMEDICALS
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CHINHAT, LEERANOW-226028

LIST OF MENTEE INSTITUTIONS UNDER OUR MENTOR INSTITUTE:

1. Maa Chandrika Institute Of Paramedical Sciences & Hospital, Lucknow
2. Dr. Achal Singh Yadav (DASY) Institute of Nursing and Paramedical Science, Lucknow
3. IIMS College of Nursing, Ayodhya
4. Jhanvi School of Nursing, Lucknow
5. PPS College of Nursing, Barabanki
6. Sai School of Nursing & Paramedical Institute,
7. Maa Asarfi Nursing School & Asarfi Hospital
8. Ara Shandilya School of Nursing
9. Raghuv eer Institute of Nursing & Paramedical Sciences
10. Jeevandeep Institute of Nursing & Paramedical Sciences
11. Dr. Mahaveer Singh Nursing College
12. Shail Shubhash Institute of Paramedical Sciences
13. Jyoti Hospital Nursing College, Prayagraj


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