# INSTITUTIONAL BEST PRACTICES

1. Mentorship Program

2. Free Health Camp for remote area communities

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#### **BEST PRACTICE-1**

# 1. Title of the practice:

Mentorship Program

## 2. Objectives of the Practice:

- To strengthen the health care system with quality enhancement.
- To improve healthcare services in Uttar Pradesh under 'Mission Niramaya'.
- To uplift quality of nursing institutions.
- To prepare a more skilled workforce to cater to the medical needs of the most populous state, the institutes will be evaluated on their teaching, pedagogy, availability of infrastructure, and behavioural skills of the students

## 3. The Context:

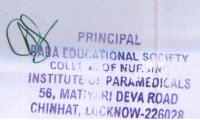
- A series of reforms to improve quality in nursing and paramedical education
- Initiating steps like building a mentor-mentee relationship between old colleges with the new ones, maintaining ideal teacher-student ratio, ensuring their attendance through biometric system, conducting free and fair examination and focus on practical rather than theoretical understanding of the subject among others.

## 4. Challenges: -

- Limited time
- High turnover of faculty

## 5. The Practice: -

- As a part of the programme, two faculty members of each of the institutes will be trained on effective teaching skills and clinical skills standardization by State Medical Faculty and its technical partners.
- The first part of the 5-day residential training programme commenced on November 28, 2022.
- Then Mentors will work on improving the standards of our own institution and other institutes.



- The improvement in the quality is assessed through the <u>Quality Council of India</u> (QCI)
- All the institutes are expected to make the best use of the Mentorship program and work on their improvement areas.
- Under this program, six section were created to strengthen the health care system. They are:
  - o Section 1: College Infrastructure and training Materials
  - o Section 2: College Management
  - o Section 3: Classroom and Practical Instruction
  - o Section 4: Preparation for clinical and community Practice and instruction
  - O Section 5: Clinical areas where student nurses undertaken clinical Experience
  - o Section 6: Community area where student nurse undertaken community experience

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# **BEST PRACTICE-2**

#### 1. Title of the practice:

Free health camp for remote communities

#### 2. Objectives of the Practice:

To provide basic health services and create awareness among underprivileged & deprived population.

To ensure that people are getting the healthcare at right time and early enough before a small health issue turns serious.

#### 3. Context:

These medical camps provide the poor population overall physical examinations which include eyes and health check-up, assessment of the functioning of vital organs like the heart, lungs, digestive system, liver, kidneys and the immune system. Free medical camps are extremely helpful for the poor population who earn a meager income and cannot afford expensive healthcare services offered by hospitals or clinics.

#### 4. The Practice:

Students as well as faculty members from institution take part in setting up these free health camps. A representative of the institute who is also a resident of these remote communities explain people about the importance and benefits of the camps and encourage them to take part in it.

#### 5. Evidence of Success:

Earlier people seems to be reluctant for the camps but now after doing the practice successfully for several times trust have been build among community people. Now they not only come here with their problems but also have become more vocal and aware of the importance of healthcare. They talk freely their health problems and needs with the students and doctors. They also encourage their neighborhoods to take part in our camps.

#### 6. Problems Encountered and Resource Required:

Problems Encountered:

- People's Reluctance towards the camps
- Arrange resources in such remote locations

Resource Required:

- Human resource (Students & Doctors)
- Funds
- Time

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Basic amenities to be arranged during camps (drinking water, electricity)

## 7. Notes:

The practice of setting up health camps have increased the goodwill of the institute as well as build trust among communities. The students also benefitted by the exposure they get in these camps.

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